

Curso EVES. 13 de diciembre de 2012



## **¿QUÉ HAY DE NUEVO EN EL TRATAMIENTO ANTIRRETROVIRAL?**

**M<sup>a</sup> José Galindo Puerto**

**Médico adjunto Unidad de Enfermedades Infecciosas**

**Hospital Clínico Universitario de Valencia**

*¿POR QUÉ HABLAR DE ESTE TEMA?*



# EFICACIA DEL TAR DE RESCATE AVANZADO: PROPORCIÓN DE PACIENTES CON CV <50 c/ML

TAR DE INICIO	
Estudio	%
GEMINI	65
KLEAN	66
MERIT	69
CASTLE	78
ARTEMIS	84
MK-004	87
5142	89

TAR DE RESCATE		
Estudio	Global	≥ 2 ARV activos
POWER	46	73
MOTIVATE	56	61
VICTOR E1	56	72
DUET	61	80
BENCHMRK	65	75
TITAN	70	80
TRIO	---	86

# REGÍMENES DE TAR DE INICIO ACTUALES SEGÚN LOS EC

Estudio	Duración	Régimen farmacológico	Interrupciones por EA, *%
AI424-089 <sup>[1]</sup>	96 semanas	ATV + d4T + 3TC	3
		ATV/RTV + d4T + 3TC	8
GS934 <sup>[2]</sup>	48 semanas	EFV + TDF + FTC	5
		EFV + ZDV/3TC	11
KLEAN <sup>[3]</sup>	48 semanas	FPV/RTV + ABC/3TC	12
		LPV/RTV + ABC/3TC	10
ARTEMIS <sup>[4]</sup>	48 semanas	DRV/RTV + TDF/FTC	3
		LPV/RTV + TDF/FTC	7
CASTLE <sup>[5]</sup>	48 semanas	ATV/RTV + TDF/FTC	2
		LPV/RTV + TDF/FTC	3
HEAT <sup>[6]</sup>	48 semanas	ABC/3TC + LPV/RTV	4
		TDF/FTC + LPV/RTV	6
GEMINI <sup>[7]</sup>	48 semanas	SQV/RTV + TDF/FTC	4
		LPV/RTV + TDF/FTC	7

# Inconveniencia del TARV en la primera época del TARGA: Número de pastillas

---



# Reducción del número de comprimidos y tomas

1996-97



2-3 tomas / 12-28 pastillas

2001-02



1-2 tomas / 5-7 past

2003-04



1 toma / 3-4 past



# 2010: MÚLTIPLES REGÍMENES PREFERENTES QD

**Atripla®\***



**KIV/EFV**



**TRU/ATV/r  
(300/100) QD**



**TRU/DRV/r\*\*\*  
(800/100) QD**



**TRU/LPV/r\*\*  
(800/200) QD**



**TRU/SQV/r\*?  
(1500/100) QD**



**TRU/FPV/r\*?  
(1400/100) QD**



\* Atripla® no está indicado en España en el tratamiento de pacientes naive.

\* SQV/r y FPV/r no aprobados en Europa para su uso QD.

\*\* Consideraciones uso de LPV/r QD puede estar asociado con una reducción de la supresión virológica y un mayor riesgo de diarrea comparado con la dosis recomendada BID. Ficha Técnica Kaletra® (Septiembre 2009).

\*\*\* Dosificación pendiente de aprobación en España. Ficha técnica Darunavir® (Julio 2009)

Ficha técnica Sustiva® (Junio 2009), Ficha técnica Atripla® (Octubre 2009), Ficha técnica Kivexa® (Julio 2009); Ficha técnica Truvada® (Junio 2009); Ficha técnica Telzir® (Mayo 2009); Ficha técnica Invirase® (Abril 2009). Ficha técnica Reyataz® (Septiembre 2009).



STR





# Insights into Reasons for Discontinuation According to Year of Starting First Regimen of Highly Active Antiretroviral Therapy in a Cohort of Antiretroviral-Naïve Patients

P Cicconi; A Cozzi-Lepri; A Castagna; EM Trecarichi; A Antinori; F Gatti; G Cassola; L Sighinolfi; P Castelli; A d'Arminio Monforte

Posted: 02/25/2010; HIV Medicine. 2009;11(2):114-120. © 2009 Blackwell Publishing

**Objectives** The aim of the study was to determine whether the incidence of first-line treatment discontinuations and their causes changed according to the time of starting highly active antiretroviral therapy (HAART) in an Italian cohort.

**Methods** We included in the study patients from the Italian COhort Naïve Antiretrovirals (ICoNA) who initiated HAART when naïve to antiretroviral therapy (ART). The endpoints were discontinuation within the first year of  $\geq 1$  drug in the first HAART regimen for any reason, intolerance/toxicity, poor adherence, immunovirological/clinical failure and simplification. We investigated whether the time of starting HAART (stratified as 'early', 1997–1999; 'intermediate', 2000–2002; 'recent', 2003–2007) was associated with the probability of reaching the endpoints by a survival analysis.

**Results** Overall, the 1-year probability of discontinuation of  $\geq 1$  drug in the first regimen was 36.1%. The main causes of discontinuation were intolerance/toxicity (696 of 1189 patients; 58.5%) and poor adherence (285 of 1189 patients; 24%). The hazards for all-reason change were comparable according to calendar period [2000–2002, adjusted relative hazard (ARH) 0.82, 95% confidence interval (CI) 0.69–0.98; 2003–2007, ARH 0.94, 95% CI 0.76–1.16, vs. 1997–1999; global  $P$ -value=0.08]. Patients who started HAART during the 'recent' period were less likely to change their initial regimen because of intolerance/toxicity (ARH 0.67, 95% CI 0.51–0.89 vs. 'early' period). Patients who started in the 'intermediate' and 'recent' periods had a higher risk of discontinuation because of simplification (ARH 15.26, 95% CI 3.21–72.45, and ARH 37.97, 95% CI 7.56–190.64, vs. 'early' period, respectively).

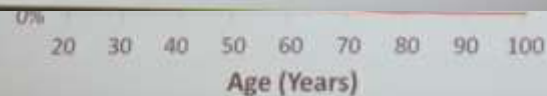
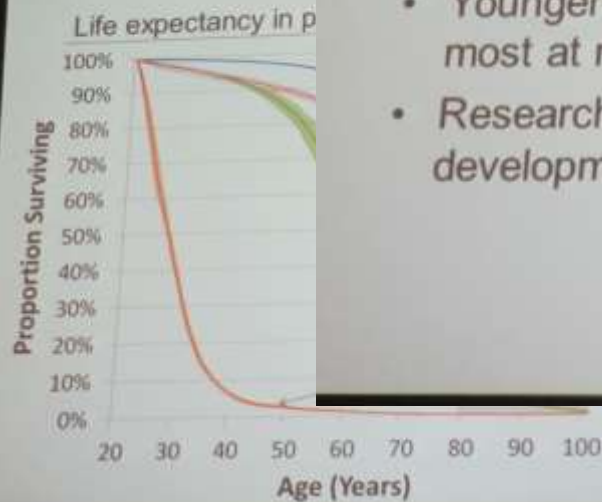
**Conclusions** It seems important to evaluate reason-specific trends in the incidence of discontinuation in order to better understand the determinants of changes over time. The incidence of discontinuation because of intolerance/toxicity has declined over time while simplification strategies have become more frequent in recent years. Intolerance/toxicity remains the major cause of drug discontinuation.

### Time until exhaustion

- 6 classes currently available
- Start with exact class-stage 3 compounds
- Add 1 class with each class-stage
- 5 class-stages
- Class-stages 4 and 5 are currently available
- Class-stage 3 (currently available)

## Implications

- Limited knowledge of time until treatment exhaustion
- Most people will likely have sufficient cART to sustain life expectancy based on current modeling
- A small but significant proportion will not have sufficient cART options for their remaining lifetime
- Younger people who initiated treatment in 1990s most at risk of treatment exhaustion
- Research should be maintained to ensure continued development of novel HIV therapeutics



# CARACTERÍSTICAS DE LOS ARV QUE INFLUYEN EN SU ELECCIÓN COMO PARTE DEL RÉGIMEN INICIAL DE TAR

- **Eficacia**
- **Tolerabilidad y seguridad**
- **Conveniencia (nº de pastillas y tomas)**
- **Interacciones**
- **Gestación**
- **Coste económico**

# AGENDA

- Momento de inicio del TAR
- Tratamiento como prevención
- Guías de tratamiento. Pautas de inicio
- Nuevos fármacos
- Nuevas estrategias



# AGENDA

- Momento de inicio del TAR



# ¿CUÁNDO INICIAR EL TRATAMIENTO?

Categoría Clínica	CD4/mm <sup>3</sup>	GESIDA 11	DHHS 11	IAS 1	EACS 09
Sintomática	Cualquier valor	Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento
Embarazo		Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento
Asintomática	<350	Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento	Iniciar tratamiento
	350–500	Tratamiento (Salvo excepciones)	Tratamiento	Tratamiento	Recomendar en algunas situaciones*
	>500	Diferir tratamiento salvo en algunas situaciones *	50% Inicialo 50% Opcional	Considerarlo salvo en algunas situaciones #	Diferir tratamiento

\*  
 Caída en la cifra de CD4+ > 100/mm<sup>3</sup> en un año  
 Carga viral de VIH > 100.000 copias/mL,  
 Edad superior a 60 años  
 Hepatitis crónica por VHB o VHC  
 Nefropatía asociada al VIH  
 Riesgo cardiovascular elevado  
 Riesgo aumentado de transmisión del VIH (ej parejas serodiscordantes)

#  
 Controlador de élite (carga viral de VIH < 50 copias/mL)  
 Cifra muy estable de CD4+ y una carga viral baja.



# RECOMMENDATIONS OF THE DHHS AND THE IAS-USA GUIDELINES PANELS: WHEN TO START

DHHS Guidelines CD4+ Cell Count or Clinical Condition	IAS-USA Guidelines CD4+ Cell Count or Clinical Condition
<ul style="list-style-type: none"> <li>■ CD4 + count &lt; 350 cells/mm<sup>3</sup> (AI)</li> <li>■ CD4 + count 350-500 cells/mm<sup>3</sup> (AII)</li> <li>■ CD4 + count &gt; 500 cells/mm<sup>3</sup> (BIII)</li> </ul>	<ul style="list-style-type: none"> <li>■ CD4+ cell count &lt; 500 cells/mm<sup>3</sup></li> <li>■ CD4+ cell count &gt; 500 (BIII)</li> </ul>
<ul style="list-style-type: none"> <li>■ History of AIDS-defining illness (AI)</li> <li>■ Pregnancy (AI)</li> <li>■ HIV-associated nephropathy (AII)</li> <li>■ HBV coinfection (AII)</li> <li>■ Patients at risk of transmitting HIV to sexual partners (AI, heterosexuals; AIII, others)</li> </ul>	<ul style="list-style-type: none"> <li>■ Pregnant women (AIa)</li> <li>■ Older than 60 yrs of age (BIIa)</li> <li>■ Active hepatitis B virus coinfection (AIIa)</li> <li>■ Hepatitis C virus coinfection (CIII)*</li> <li>■ HIV-associated nephropathy (AIIa)</li> <li>■ Primary infection (BIII)<sup>†</sup></li> </ul>
<p>*Patients with hepatitis C virus coinfection and CD4+ count &gt; 500/mm<sup>3</sup> may delay antiretroviral therapy until after completion of hepatitis C virus treatment.</p> <p><sup>†</sup>Regardless of symptoms.</p>	



Condition	Current CD4+ lymphocyte count <sup>(ii,iii)</sup>	
	350-500	> 500
Asymptomatic HIV infection	C	D
Symptomatic HIV disease (CDC B or C conditions) incl. tuberculosis	R	R
Primary HIV infection	C	C
Pregnancy (before third trimester)	R	R
Conditions (likely or possibly) associated with HIV, other than CDC stage B or C disease:		
HIV-associated kidney disease	R	R
HIV-associated neurocognitive impairment	R	R
Hodgkin's lymphoma	R	R
HPV-associated cancers	R	R
Other non-AIDS-defining cancers requiring chemo- and/or radiotherapy	C	C
Autoimmune disease – otherwise unexplained	C	C
High risk for CVD (> 20 % estimated 10-yr risk) or history of CVD	C	C
Chronic viral hepatitis		
HBV requiring anti-HBV treatment	R	R
HBV not requiring anti-HBV treatment	C/R <sup>(iv)</sup>	D
HCV for which anti-HCV treatment is being considered or given	R <sup>(v)</sup>	D <sup>(vi)</sup>
HCV for which anti-HCV treatment not feasible	R	C



# CHANGING CRITERIA FOR ANTIRETROVIRAL THERAPY INITIATION IN DHHS GUIDELINES

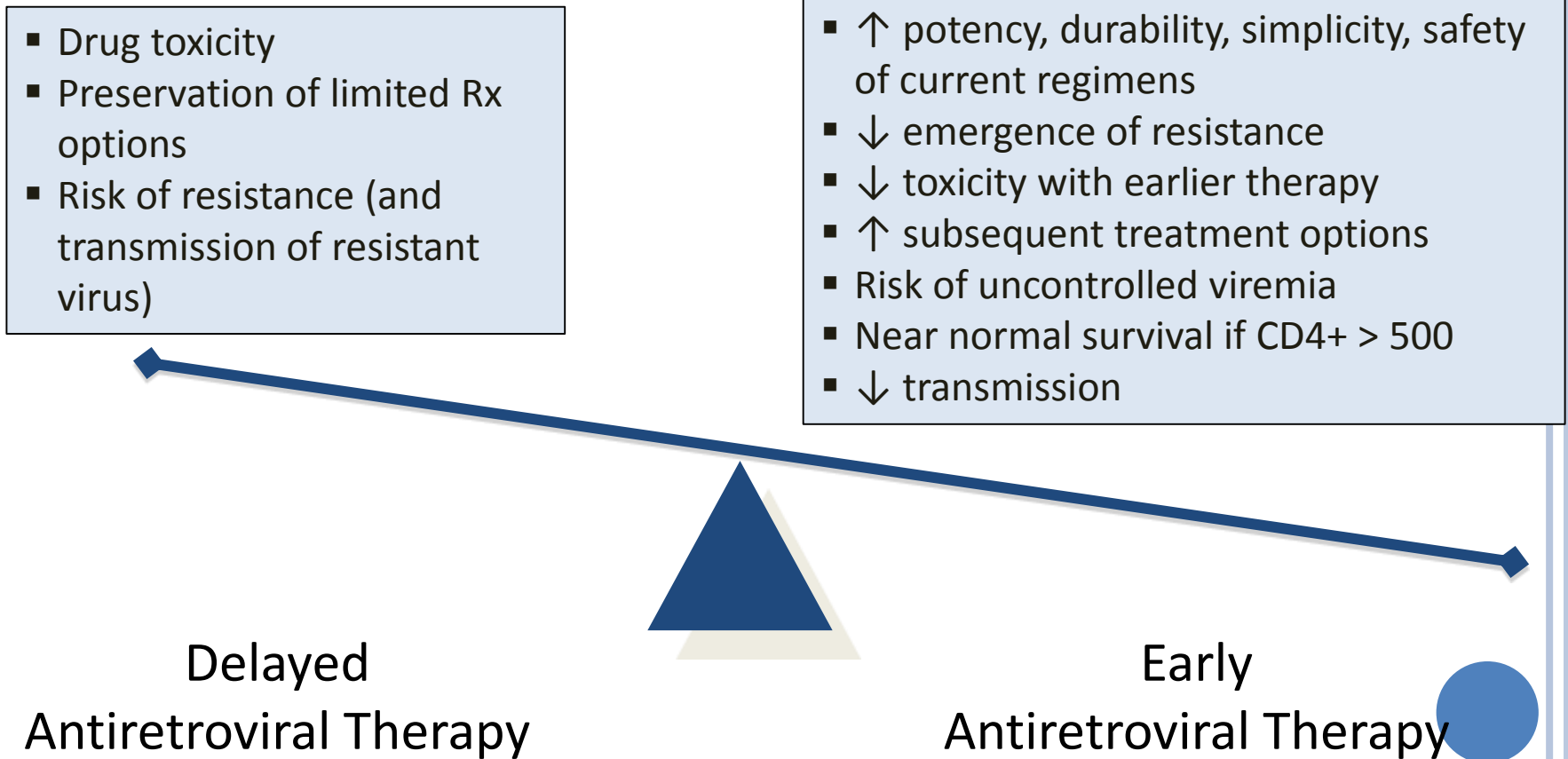
CD4+Count, cells/mm <sup>3</sup>	1998	2001	2006	2008	2009	2012
> 500	Offer if VL > 20K	Offer if VL > 55K	Consider if VL ≥ 100K	Consider in certain groups*	Consider <sup>†</sup>	Treat
350-500	Offer if VL > 20K	Consider if VL > 55K	Consider if VL ≥ 100K	Consider in certain groups*	Treat	Treat
200-350	Offer if VL > 20K	Offer, but controversy exists	Offer after discussion with patient	Treat	Treat	Treat
< 200 or symptomatic	Treat	Treat	Treat	Treat	Treat	Treat

\*Pregnant women, patients with HIV-associated nephropathy, and patients with HBV that requires treatment.

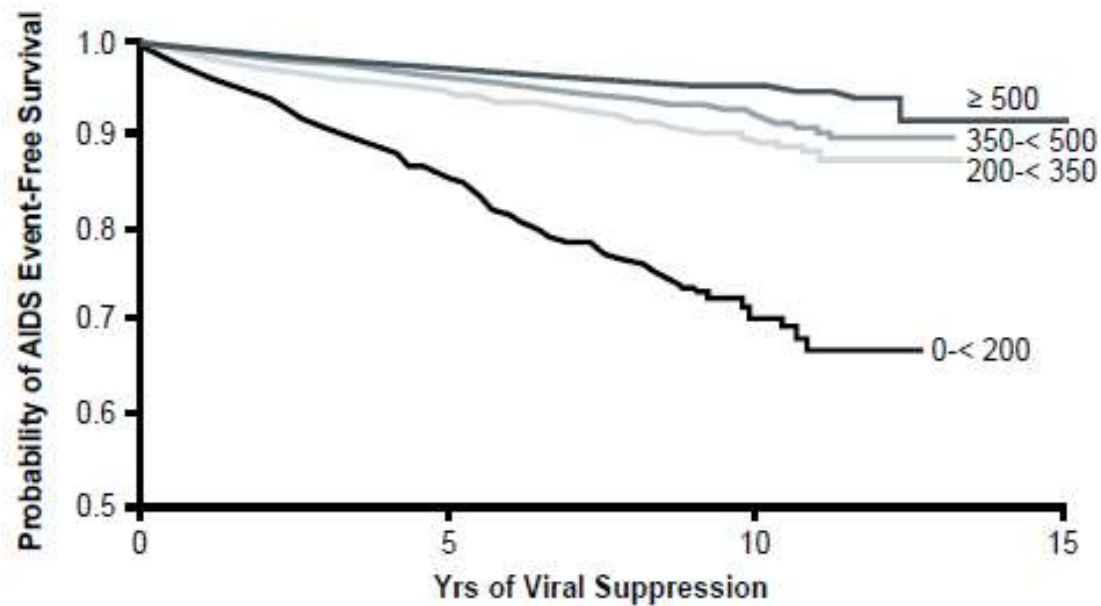
<sup>†</sup>50% of panel members recommended starting antiretroviral therapy; 50% of members viewed treatment as optional.



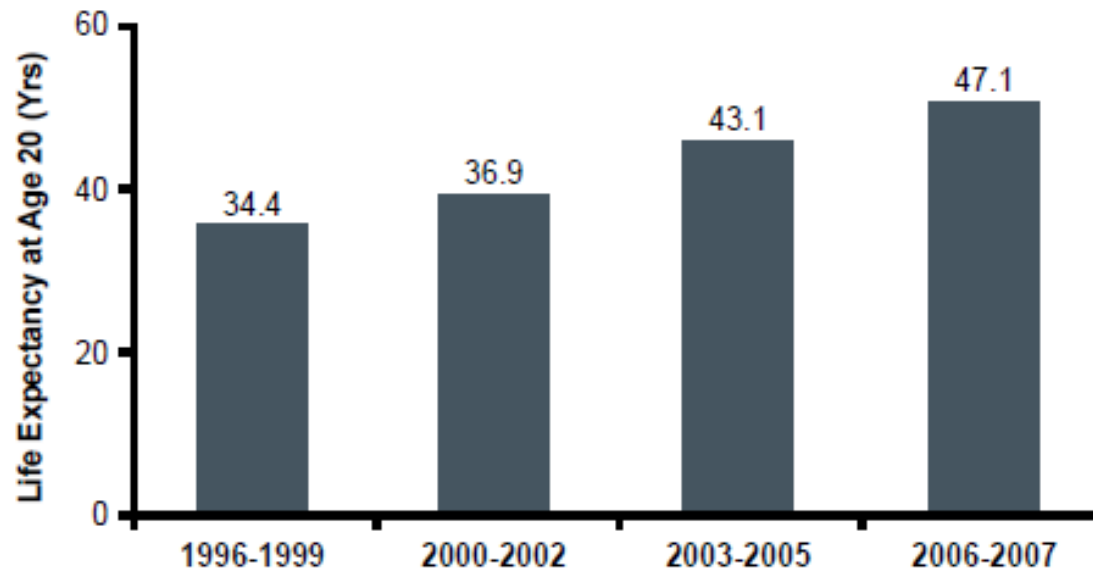
# WHEN TO START THERAPY: BALANCE NOW FAVORS EARLIER ANTIRETROVIRAL THERAPY



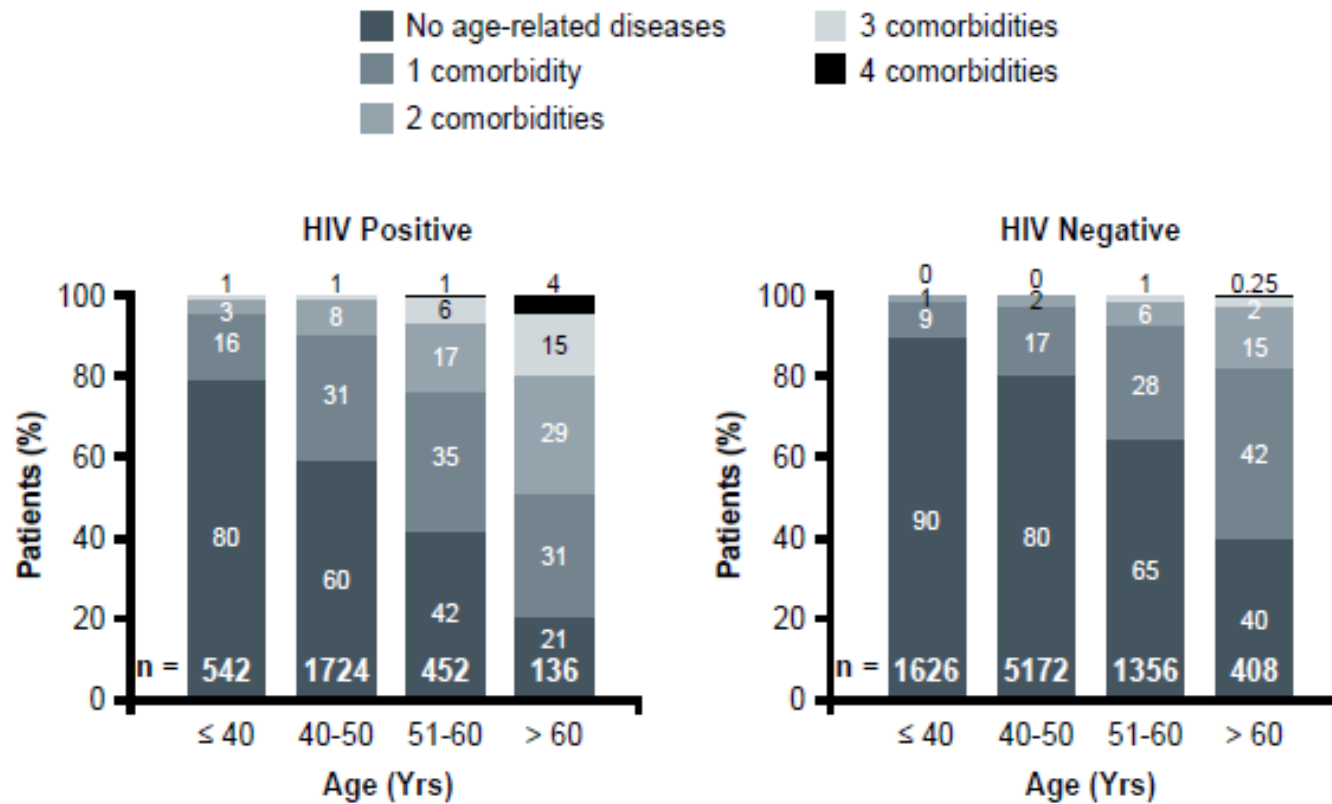
# COHERE: AIDS EVENT-FREE SURVIVAL BY CD4+ COUNT IN PTS WITH SUPPRESSED VL



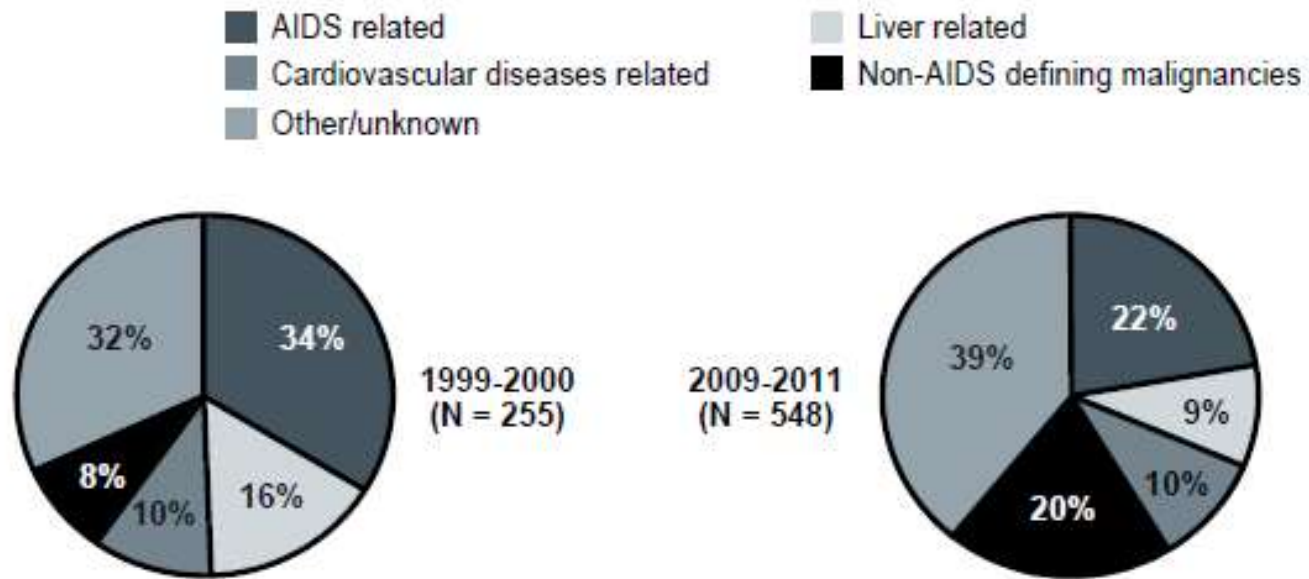
# NA-ACCORD: INCREASING LIFE EXPECTANCY IN HIV+ ADULTS RECEIVING ART



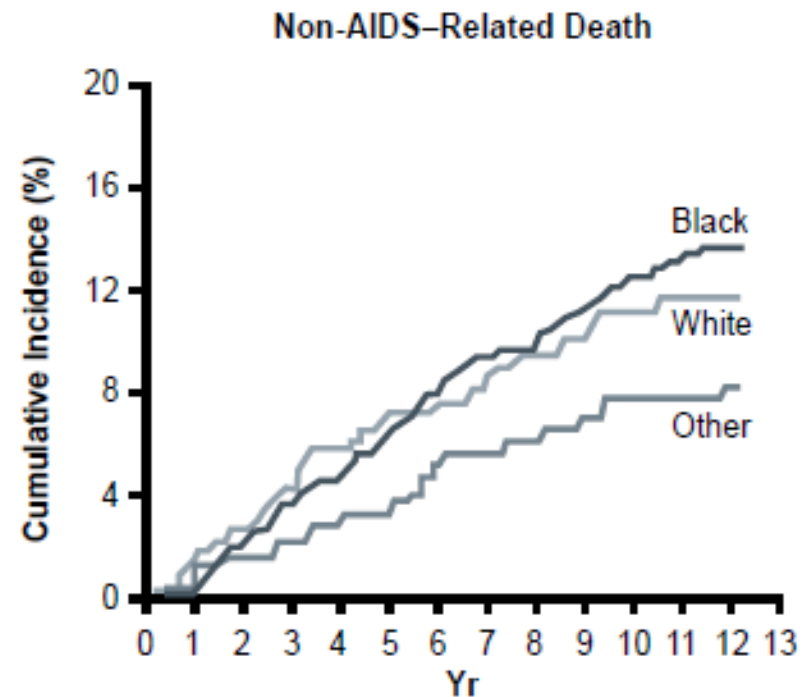
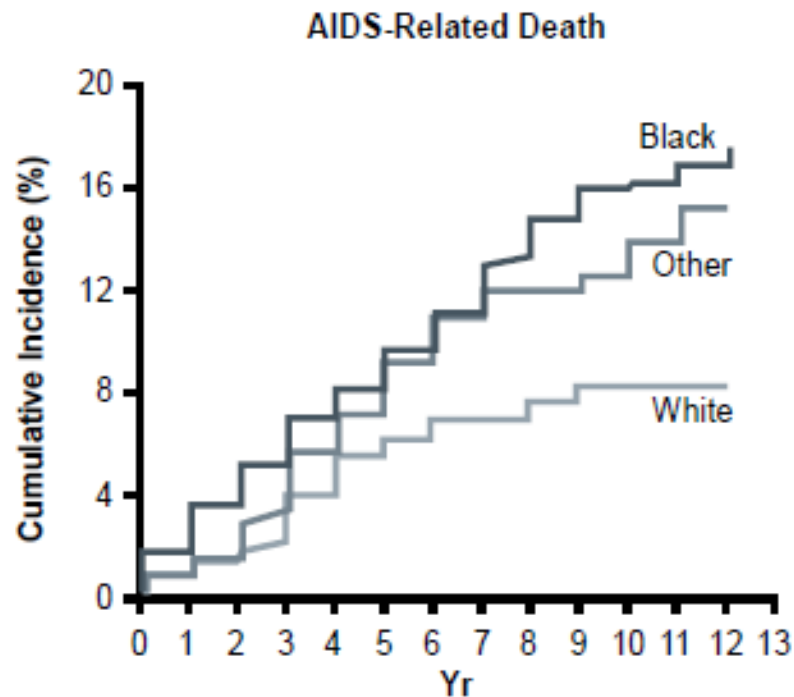
# AGE-RELATED COMORBIDITIES IN HIV-INFECTED VS UNINFECTED PERSONS



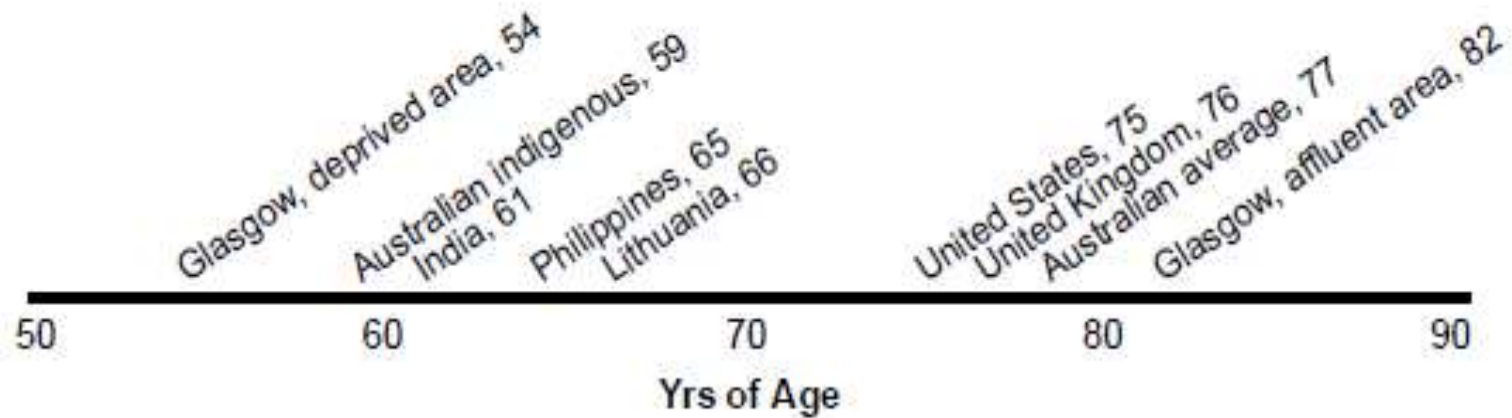
# D:A:D: CHANGES IN CAUSES OF DEATH OVER TIME, 1999-2011



# WIHS: RISK OF DEATH IN BLACK VS WHITE HIV+ WOMEN



# MALE LIFE EXPECTANCY AT BIRTH BY GEOGRAPHIC AREA



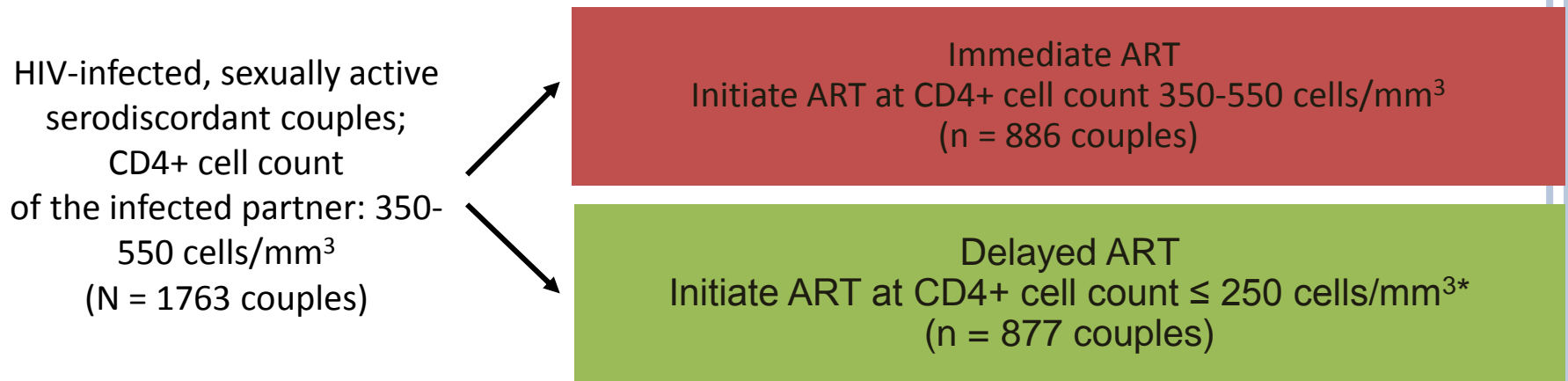


# AGENDA

- Tratamiento como prevención



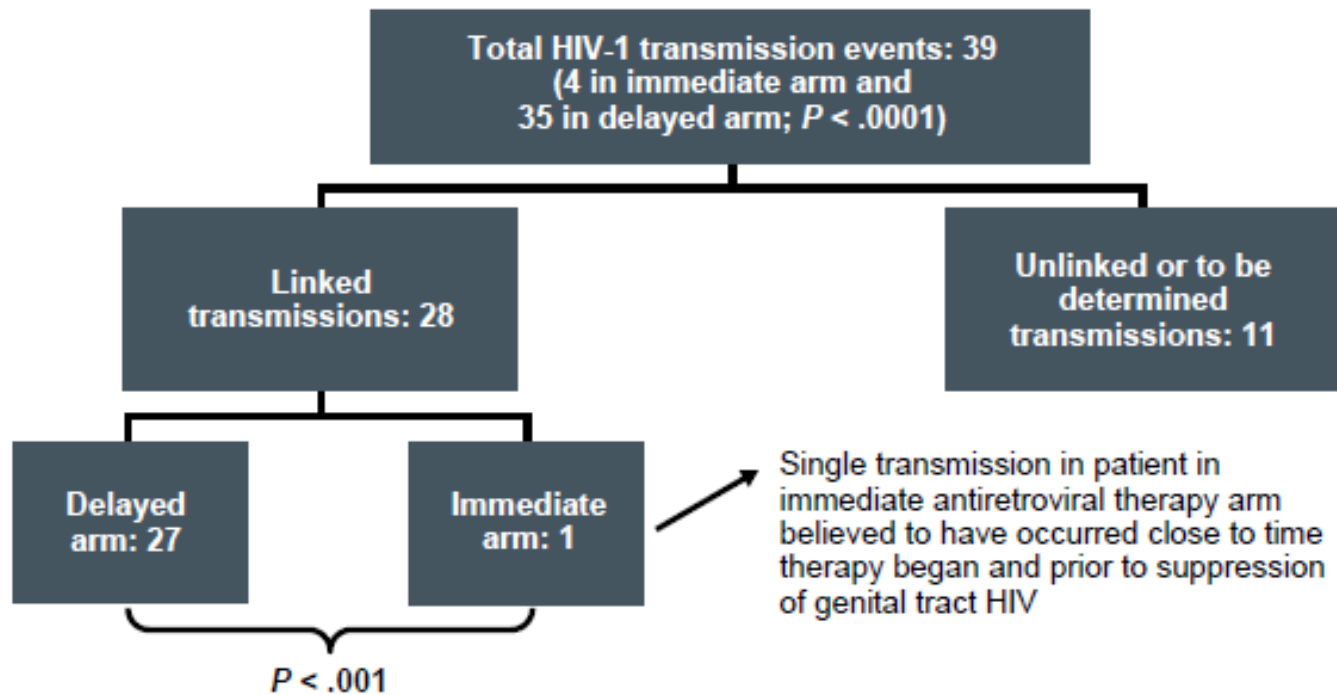
# HPTN 052: IMMEDIATE VS DELAYED ART IN SERODISCORDANT COUPLES



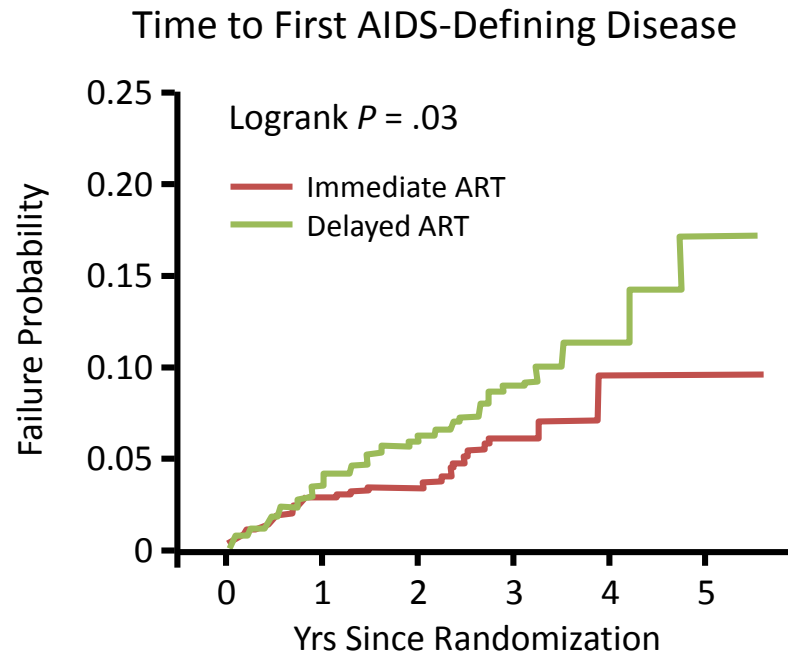
\*Based on 2 consecutive values ≤ 250 cells/mm<sup>3</sup>.

- Primary efficacy endpoint: virologically linked HIV transmission
- Primary clinical endpoints: WHO stage 4 events, pulmonary TB, severe bacterial infection and/or death
- Couples received intensive counseling on risk reduction and use of condoms

# HPTN-052: HIV TRANSMISSION EVENTS WITH EARLY VS DELAYED ART



# HPTN 052: DECREASE IN AIDS-RELATED EVENTS IN IMMEDIATE VS DELAYED ART ARMS



Pts at Risk, n	886	829	454	169	35	35
	875	822	435	165	31	29

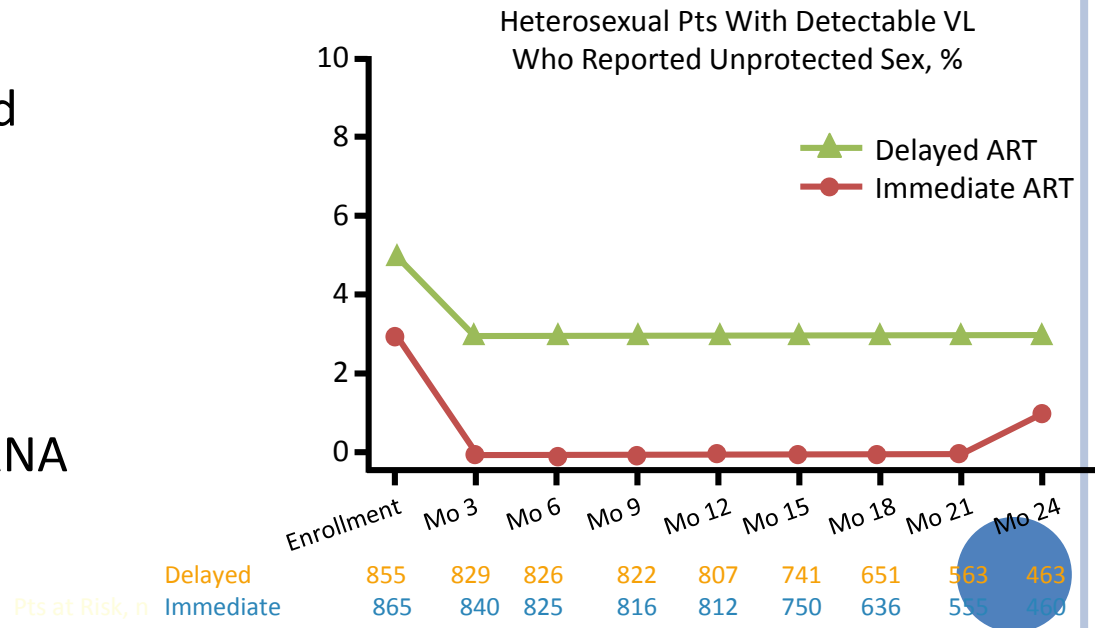
- Non-AIDS events infrequent, with similar numbers of events in each arm

Subjects Experiencing $\geq 1$ AIDS-Related Event	Delayed	Immediate
<b>Tuberculosis, n (%)</b>	<b>34 (4)</b>	<b>17 (2)</b>
<b>Serious bacterial infection, n (%)</b>	<b>13 (1)</b>	<b>20 (2)</b>
<b>WHO stage 4 event, n (%)</b>	<b>19 (2)</b>	<b>9 (1)</b>
Esophageal candidiasis, n	2	2
Cervical carcinoma, n	2	0
Cryptococcosis, n	0	1
HIV-related encephalopathy, n	1	0
Herpes simplex (chronic), n	8	2
Kaposi's sarcoma, n	1	1
CNS lymphoma, n	1	0
<i>Pneumocystis</i> pneumonia, n	1	0
Septicemia, n	0	1
HIV wasting, n	2	0
Bacterial pneumonia, n	1	2

# HPTN-052: DECREASE IN RISK BEHAVIOR OVER STUDY DURATION

- As part of HPTN-052, all participants received extensive risk counseling, condoms, and STD testing and treatment<sup>[1]</sup>
  - Recounseled at every 3-mo visit
- Substudy assessed time trends of risk behaviors and compared the change between the 2 treatment arms, adjusting for baseline characteristics including sex, region, substance use, and HIV-1 RNA level<sup>[2]</sup>

- Heterosexual pts with detectable VL and having unprotected sex at 24 mos
  - Immediate arm: 1%; delayed 3%



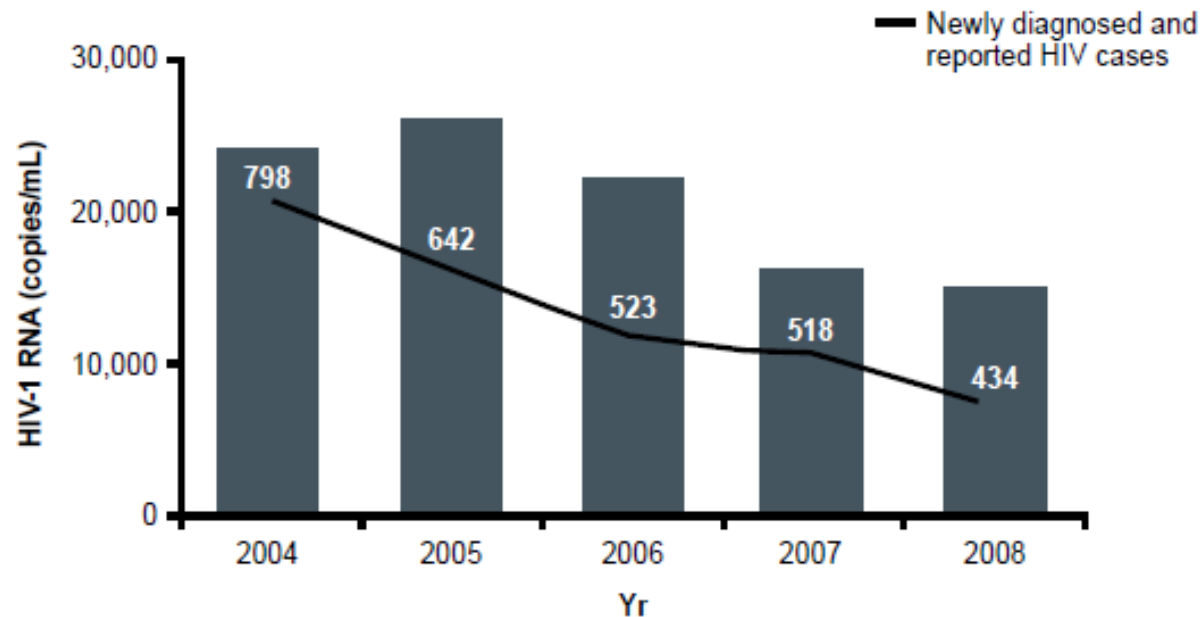
# HPTN-052: COST-EFFECTIVENESS OF EARLY VS DELAYED THERAPY IN SOUTH AFRICA AND INDIA

- Cost-effectiveness\* model using HPTN-052 data on transmission and clinical and resource utilization data from South Africa and India<sup>†</sup>
- In South Africa, early ART projected to increase survival, decrease transmission events, and be cost saving at 5 yrs and very cost-effective on lifetime horizon
- In India, early ART also projected to increase survival, dramatically decrease HIV transmissions, and be cost-effective at 5 yrs and very cost-effective on lifetime horizon

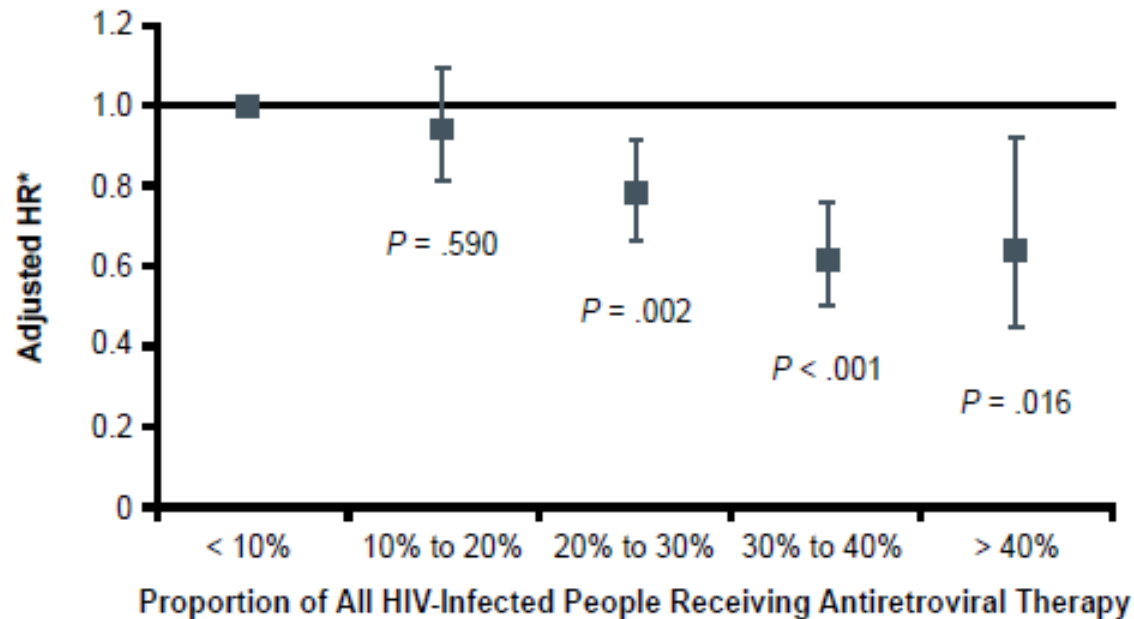
\*WHO thresholds: very cost-effective: < 1 x per capita GDP; cost-effective: < 3 x per capita GDP.

<sup>†</sup>Assumptions: mean CD4+ cell count 449 cells/mm<sup>3</sup>; HIV-1 RNA suppression at Wk 48: 92%; lost to follow-up: 3.4 per 100 pt-yrs; average partners: 1.011/mo; transmission rate: 0.103-1.483/100 pt-yrs; GDP South Africa: US\$8100; India: US\$1400.

# COMMUNITY VL AND NEW INFECTIONS IN THE SAN FRANCISCO HIV/AIDS SURVEILLANCE AREA



# INCREASING ART COVERAGE DECREASES RISK OF HIV ACQUISITION IN SOUTH AFRICA

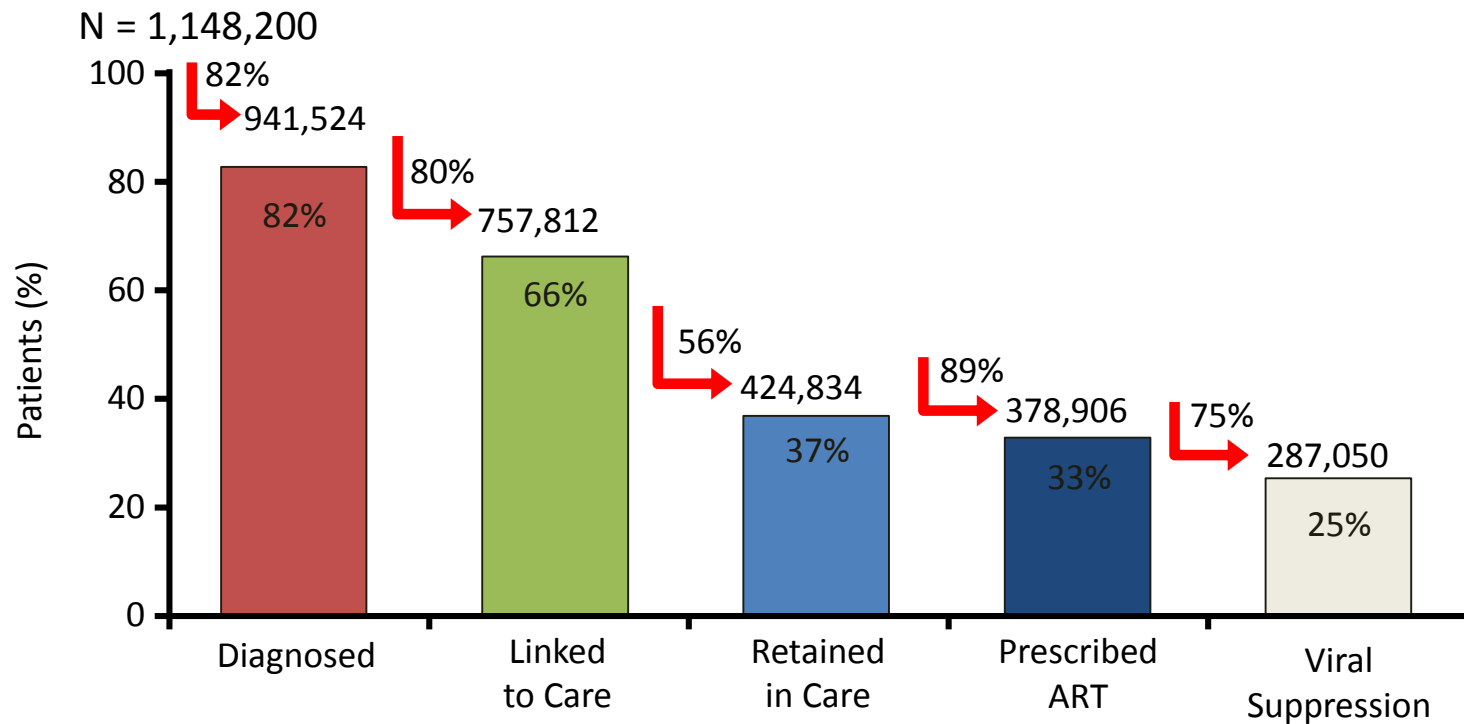


\*Adjusted for age, sex, community-level HIV prevalence, urban vs rural locale, marital status, > 1 partner in last 12 mos, and household wealth index.



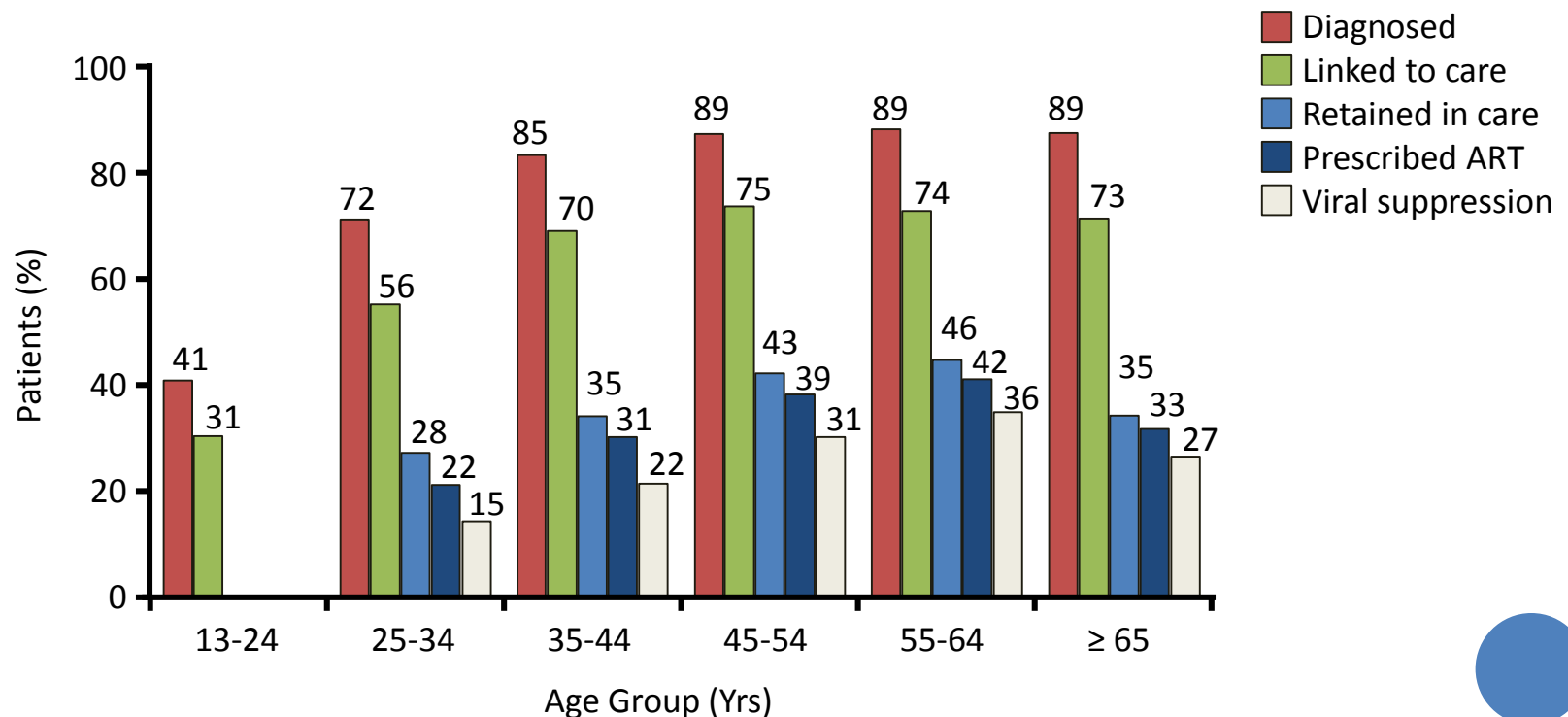
# IMPROVING CONTROL OF HIV BEGINS WITH ENHANCED DETECTION AND LINKAGE TO CARE

- Data from CDC and Prevention National HIV Surveillance System used to calculate HIV prevalence, undiagnosed HIV prevalence, and linkage to HIV care



# CDC: YOUNG PEOPLE ARE LESS ENGAGED IN CARE THAN OTHER GROUPS

- Individuals 25-34 yrs of age less engaged in each stage of care compared with all older age groups



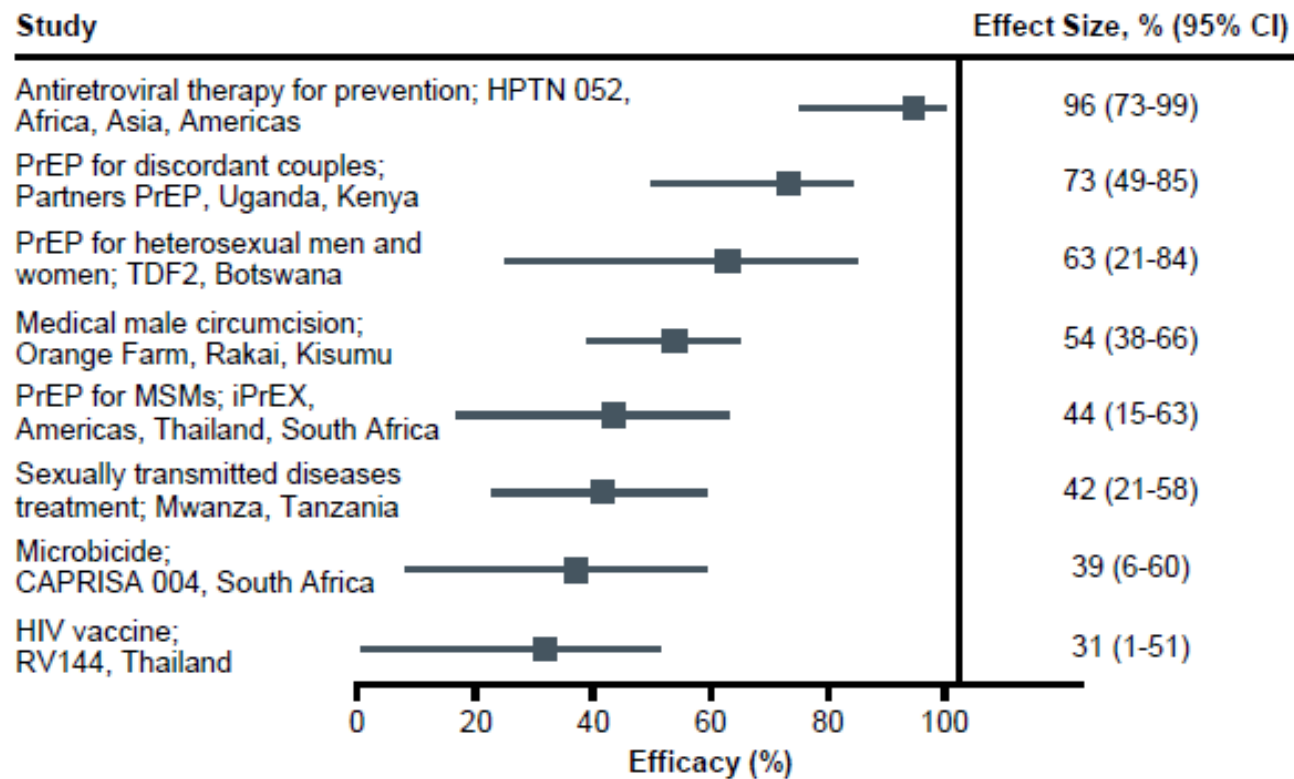
# PARTNERS PrEP: REDUCTION IN HIV ACQUISITION WITH PrEP

Primary Efficacy Outcome, mITT Analysis	Tenofovir (n = 1584)	Tenofovir/ Emtricitabine (n = 1579)	Placebo (n = 1584)
HIV acquisitions, n	17	13	52
HIV incidence/100 patient-yrs	0.65	0.50	1.99
Efficacy vs placebo, % (95% CI)	67 (44-81)	75 (55-87)	--
■ P value	< .0001	< .0001	--

*mITT, modified intent to treat.*



# EFFICACY OF HIV PREVENTION STRATEGIES FROM RANDOMIZED CLINICAL TRIALS



# AGENDA

- Guías de tratamiento. Pautas de inicio



# DHHS AND IAS-USA 2012: PREFERRED/ RECOMMENDED FIRST-LINE ART REGIMENS

	DHHS	ISA-USA
NNRTI based	<ul style="list-style-type: none"> <li>■ Efavirenz + tenofovir/emtricitabine</li> </ul>	<ul style="list-style-type: none"> <li>■ Efavirenz/tenofovir/emtricitabine or</li> <li>• Efavirenz + abacavir/lamivudine*†‡</li> </ul>
Boosted PI based	<ul style="list-style-type: none"> <li>■ Atazanavir/ritonavir + tenofovir/emtricitabine</li> <li>■ Darunavir/ritonavir + tenofovir/emtricitabine</li> </ul>	<ul style="list-style-type: none"> <li>■ Atazanavir/ritonavir + tenofovir/emtricitabine or</li> <li>• Atazanavir/ritonavir + abacavir/lamivudine*†‡</li> <li>■ Darunavir/ritonavir + tenofovir/emtricitabine</li> </ul>
INSTI based	<ul style="list-style-type: none"> <li>■ Raltegravir + tenofovir/emtricitabine</li> </ul>	<ul style="list-style-type: none"> <li>■ Raltegravir + tenofovir/emtricitabine</li> </ul>

*INSTI, integrase strand transfer inhibitor.*

\*In HLA-B\*5701–negative patients with baseline plasma HIV-1 RNA < 100,000 copies/mL. HLA-B\*5701 screening is recommended before abacavir administration to reduce the risk of hypersensitivity reaction.

†Avoiding the use of abacavir might be considered for patients with or at high risk of cardiovascular disease.

‡In patients with HIV-1 RNA < 100,000 copies/mL



# DHHS AND IAS-USA 2012: ALTERNATIVE ART REGIMENS

	DHHS	ISA-USA
NNRTI based	<ul style="list-style-type: none"> <li>■ Efavirenz + abacavir/lamivudine</li> <li>■ Rilpivirine/tenofovir/emtricitabine</li> <li>■ Rilpivirine + abacavir/lamivudine</li> </ul>	<ul style="list-style-type: none"> <li>■ Nevirapine + tenofovir/emtricitabine or nevirapine + abacavir/lamivudine**</li> <li>■ Rilpivirine/tenofovir/emtricitabine or rilpivirine+ abacavir/lamivudine**</li> </ul>
Boosted PI based	<ul style="list-style-type: none"> <li>■ Atazanavir/ritonavir + abacavir/lamivudine</li> <li>■ Darunavir/ritonavir + abacavir/lamivudine</li> <li>■ Fosamprenavir/ritonavir (once or twice daily) + abacavir/lamivudine or tenofovir/emtricitabine</li> <li>■ Lopinavir/ritonavir (once or twice daily) + abacavir/lamivudine or tenofovir/emtricitabine</li> </ul>	<ul style="list-style-type: none"> <li>■ Darunavir/ritonavir + abacavir/lamivudine**</li> <li>■ Lopinavir/ritonavir† + tenofovir/emtricitabine or lopinavir/ritonavir† + abacavir/lamivudine**</li> </ul>
INSTI based	<ul style="list-style-type: none"> <li>■ Raltegravir + abacavir/lamivudine</li> </ul>	<ul style="list-style-type: none"> <li>■ Raltegravir + abacavir/lamivudine**</li> <li>■ Elvitegravir/cobicistat/tenofovir/emtricitabine</li> </ul>

\*In HLA-B\*5701–negative patients with baseline plasma HIV-1 RNA < 100,000 copies/mL. HLA-B\*5701 screening is recommended before abacavir administration to reduce the risk of hypersensitivity reaction.  
 †Avoiding the use of abacavir or lopinavir/ritonavir might be considered for patients with or at high risk of cardiovascular disease.



# Initial combination regimen for antiretroviral-naive adult patients

## Recommended regimens (\*)

A drug from column A should be combined with the drugs listed in column B (\*\*)

A	B	Remarks
<b>NNRTI</b>	<b>NRTI</b>	
<ul style="list-style-type: none"><li>• EFV (i)</li><li>• RPV (ii)</li></ul>	ABC/3TC (vii) or TDF/FTC	<ul style="list-style-type: none"><li>• TDF/FTC co-formulated</li><li>• ABC/3TC co-formulated</li><li>• EFV/TDF/FTC co-formulated</li><li>• RPV/TDF/FTC co-formulated</li></ul>
<ul style="list-style-type: none"><li>• NVP (iii)</li></ul>	TDF/FTC	<ul style="list-style-type: none"><li>• TDF/FTC co-formulated</li></ul>
<b>Ritonavir-boosted PI</b>		
<ul style="list-style-type: none"><li>• ATV/r (iv)</li><li>• DRV/r (iv)</li><li>• LPV/r (v)</li></ul>	ABC/3TC (vii) or TDF/FTC	<ul style="list-style-type: none"><li>• ATV/r: 300/100 mg qd</li><li>• DRV/r: 800/100 mg qd</li><li>• LPV/r: 400/100 mg bid or 800/200 mg qd</li></ul>
<b>ITI</b>		
<ul style="list-style-type: none"><li>• RAL</li></ul>	TDF/FTC	<ul style="list-style-type: none"><li>• RAL: 400 mg bid</li></ul>



## Alternative regimen components

Ritonavir-boosted PI	Remarks
• SQV/r	1000/100 mg BID
• FPV/r	700/100 mg bid or 1400/200 mg QD
<b>NRTI</b>	
• TDF-3TC • ZDV/3TC • ddl/3TC or ddl/FTC (viii)	ZDV/3TC co-formulated
<b>CCR5 inhibitor</b>	
MVC (vi)	Only if CCR5 tropic HIV (viii)

Documento de consenso de Gesida/Plan Nacional sobre el Sida  
 respecto al tratamiento antirretroviral en adultos infectados  
 por el virus de la inmunodeficiencia humana  
 (Actualización enero 2012)

Tabla 4. Combinaciones preferentes de tratamiento antirretroviral de inicio†

3er Fármaco	Pauta <sup>‡</sup>	Ensayos clínicos que la sustentan
<b>ITINN</b>	TDF/FTC/EFV <sup>1,2,3</sup> *ABC/3TC+EFV <sup>1,2,4,5</sup> *TDF/FTC+NVP <sup>2,3,6</sup>	ECHO, THRIVE, STARTMRK, ACTG 5202, GILEAD 934 ACTG 5202, CNA30024 ARTEN, <b>VERXVE</b>
<b>IP/r</b>	TDF/FTC+ATV/r <sup>3,7</sup> TDF/FTC+DRV/r <sup>3</sup> *TDF/FTC+LPV/r <sup>3,8</sup> *ABC/3TC+ATV/r <sup>4,5,7</sup> *ABC/3TC+LPV/r <sup>5,8</sup>	CASTLE, ACTG 5202, ARTEN ARTEMIS ARTEMIS, ABT-730, CASTLE, GEMINI, HEAT, <b>PROGRESS</b> ACTG 5202 KLEAN, HEAT
<b>InInt</b>	TDF/FTC+RAL <sup>3</sup>	STARTMRK, <b>QDMRK</b>

† Ordenado por tercer fármaco y por preferencia según método de evaluación objetiva y estructurada elaborado por GESIDA. Se recomienda el uso de preparados que combinen fármacos a dosis fijas. No existe en la actualidad suficiente información que permita considerar como equivalentes terapéuticos a FTC y 3TC, por lo que el uso de uno u otro fármaco en los regímenes seleccionados depende fundamentalmente de la experiencia disponible en su uso conjunto con los otros fármacos de la combinación.

‡ Los comentarios reflejan aspectos que se deben considerar en la elección de régimen, pero no pretenden ser una guía exhaustiva de las precauciones a tomar en el uso de los fármacos. Para mayor información se recomienda revisar el texto del documento así como las fichas técnicas de los fármacos. \* Estas pautas no han sido respaldadas como preferentes por la totalidad del panel.



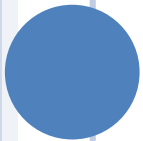
# AGENDA

- Nuevos fármacos

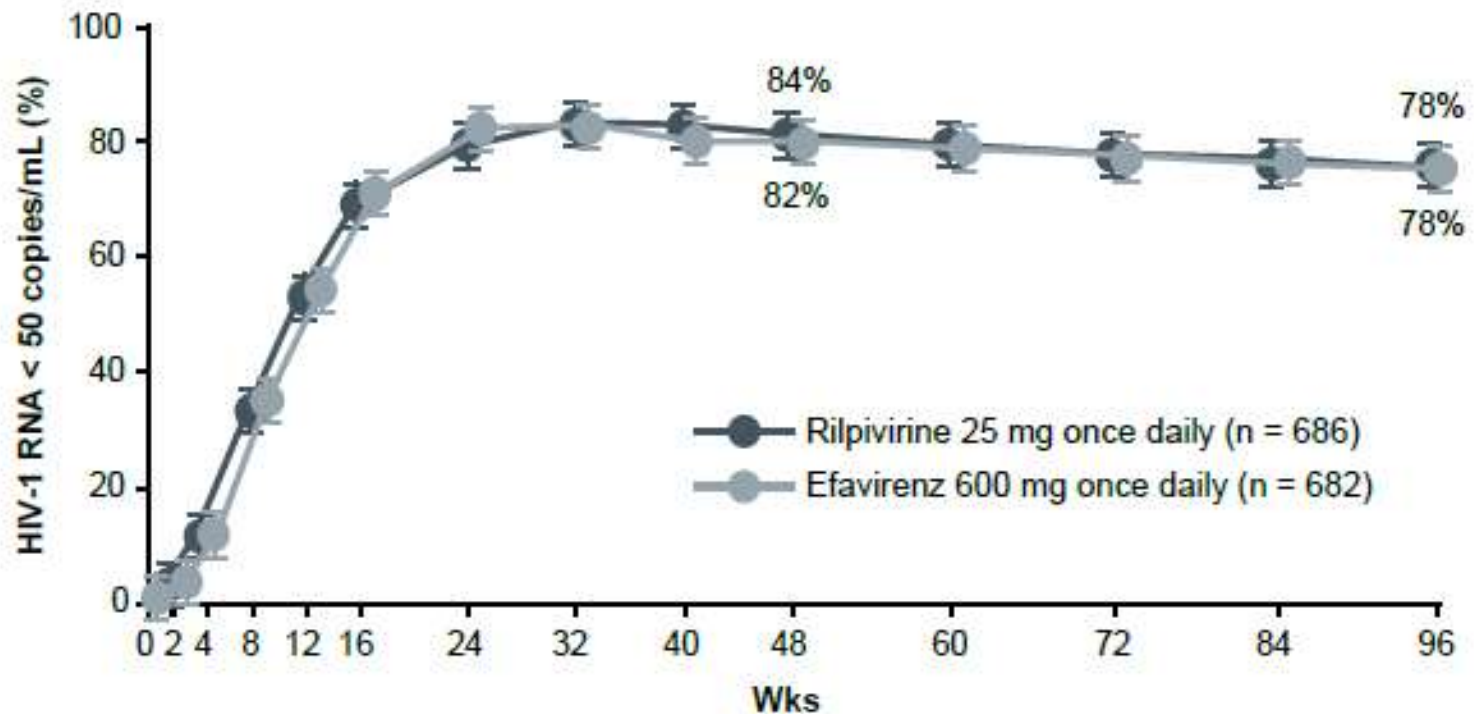




## **TERAPIA DE INICIO**



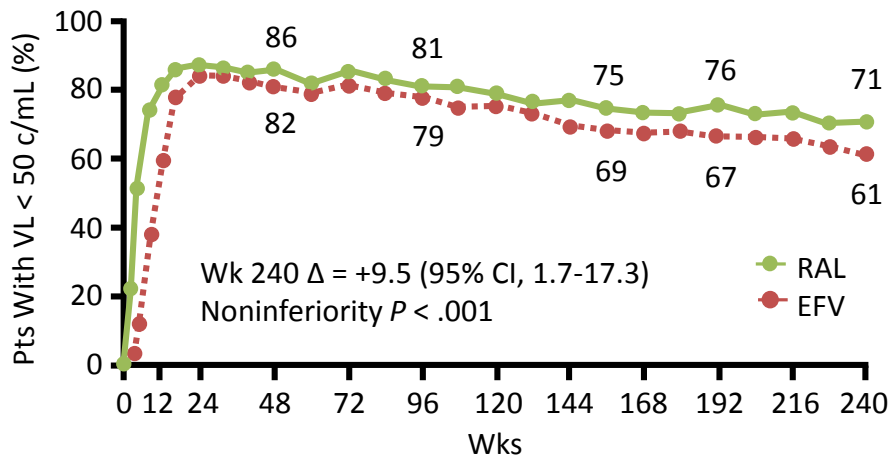
# ECHO/THRIVE: RILPIVIRINE VS EFAVIRENZ AT 96- WEEKS



# STARTMRK: FINAL 5-YR PHASE III RESULTS OF EFAVIRENZ VS RALTEGRAVIR IN ART-NAIVE PTS

- Double-blind phase III trial of EFV vs RAL, each with TDF/FTC, in treatment-naive patients
  - Noninferior at Wk 48 primary endpoint
- At Wk 240 analysis, RAL superior to EFV by VL < 50 c/mL (ITT, NC = F)

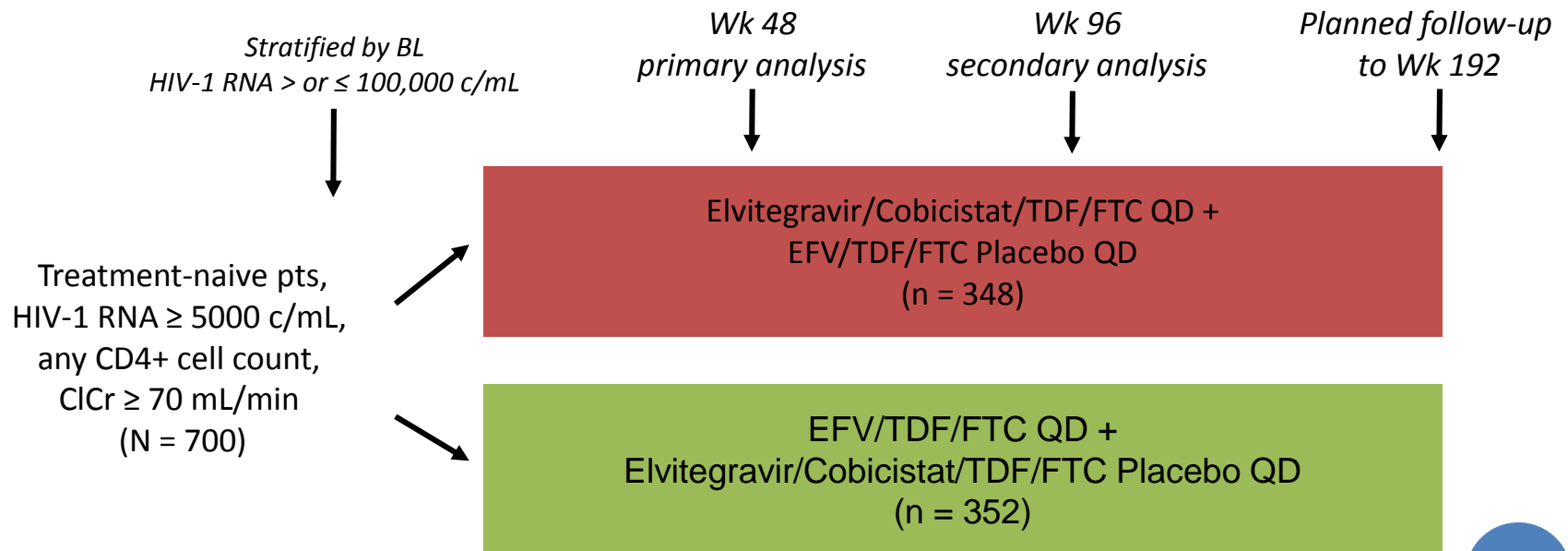
- CD4+ gain: +374 (RAL) vs +312 (EFV)
- Generally consistent virologic and immunologic effects in various demographic and prognostic subgroups (eg, baseline CD4+/VL, age, sex, race, etc)
- Low levels of genotypic resistance among patients with VF and VL > 400 c/mL in both arms
  - RAL, n = 7; EFV, n = 12
- Fewer pts with drug-related adverse events in RAL arm
- Significantly smaller increases in TC, HDL-C, LDL-C, and TG levels with RAL vs EFV



Pts, n	281	278	279	280	281	281	277	280	281	281	277	279
	282	282	282	281	282	282	281	281	282	282	282	279

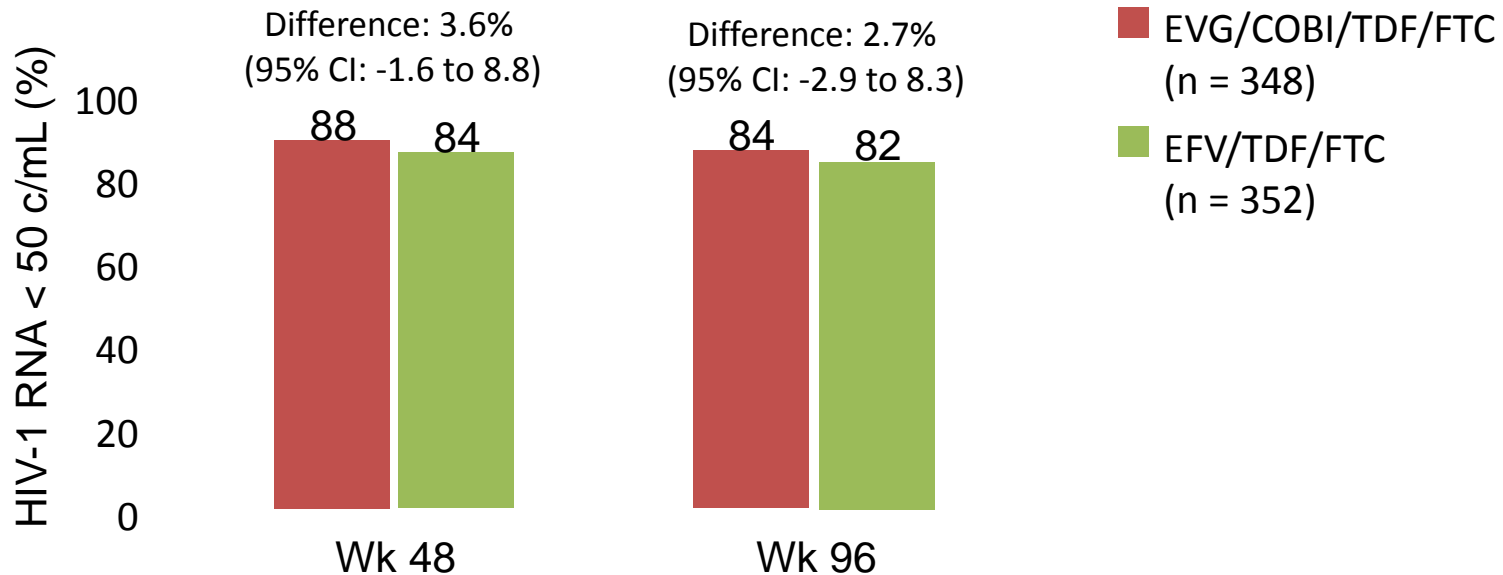
# ELVITEGRAVIR/COBICISTAT/TDF/FTC vs EFV/TDF/FTC IN TX-NAIVE PTS: WK-96 DATA

- Multicenter, randomized, double-blinded, active-controlled phase III study<sup>[1,2]</sup>
  - 1<sup>o</sup> endpoint: EVG/COBI/TDF/FTC noninferior to EFV/TDF/FTC at Wk 48<sup>[2]</sup>



# EVG/COBI REGIMEN STILL NONINFERIOR TO EFV REGIMEN AT Wk 96

- Efficacy of EVG/COBI maintained within noninferiority margin (-12%) through Wk 96
  - Consistent across subgroups: BL HIV-1 RNA, CD4+ count, age, sex, race
  - CD4+ count increase at Wk 96: +295 (EVG/COBI) vs +273 (EFV)



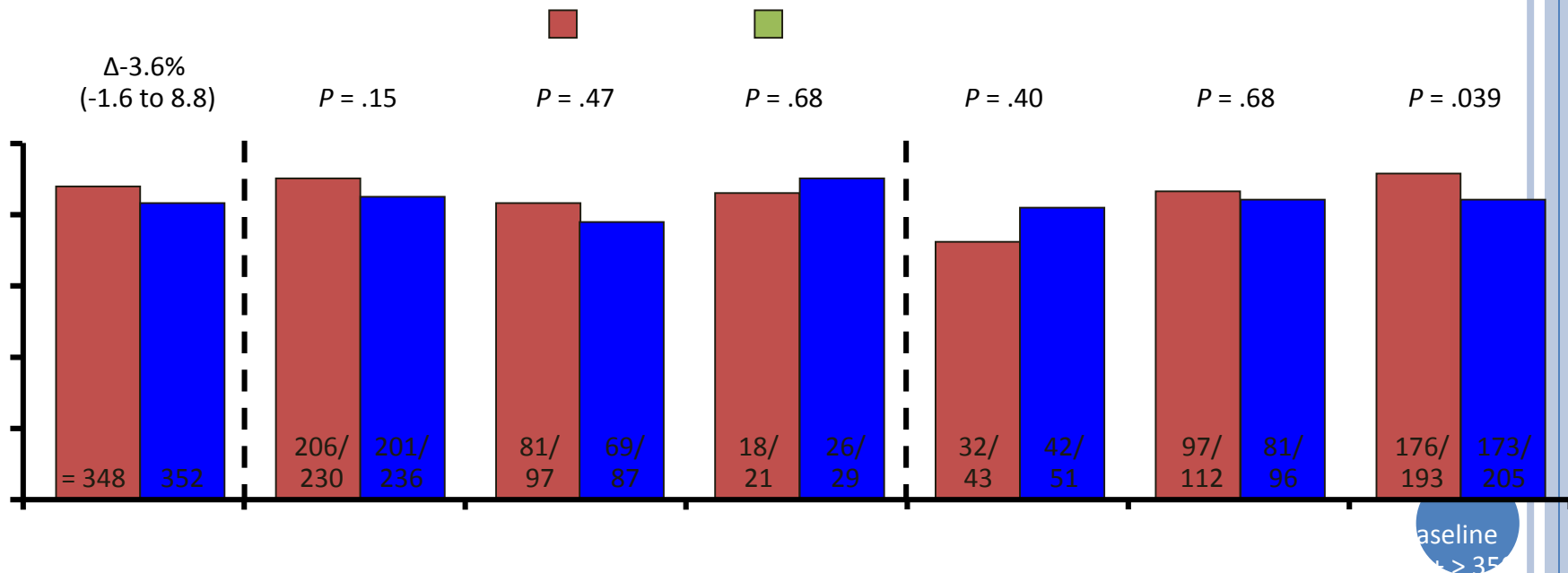


# ELVITEGRAVIR/COBICISTAT REGIMEN VS EFV REGIMEN: RESISTANCE/SAFETY AT Wk 96

- Resistance at VF detected in 8 pts per arm through Wk 48, plus 2 additional pts per arm through Wk 96
  - Nearly all pts had primary integrase (9/10) or NNRTI (10/10) resistance mutations
- AE rates between Wks 48-96 low and similar between arms
- 2% of pts discontinued EVG/COBI regimen by Wk 96 due to renal abnormalities vs no patients on EFV regimen
  - Includes 2 pts with creatinine elevation between Wks 48 and 96 (both with baseline eGFR < 70 mL/min, history of HTN and diabetes); creatinine improved after DC
  - No renal tubulopathy between Wks 48 and 96 and no further reduction in median eGFR with EVG/COBI from Wk 48 to 96
- Significantly greater increases in total, LDL, and HDL cholesterol from baseline to Wk 96 in EFV vs EVG/COBI groups (all  $P \leq .01$ ); TC:HDL ratio similar between arms at Wks 48 and 96

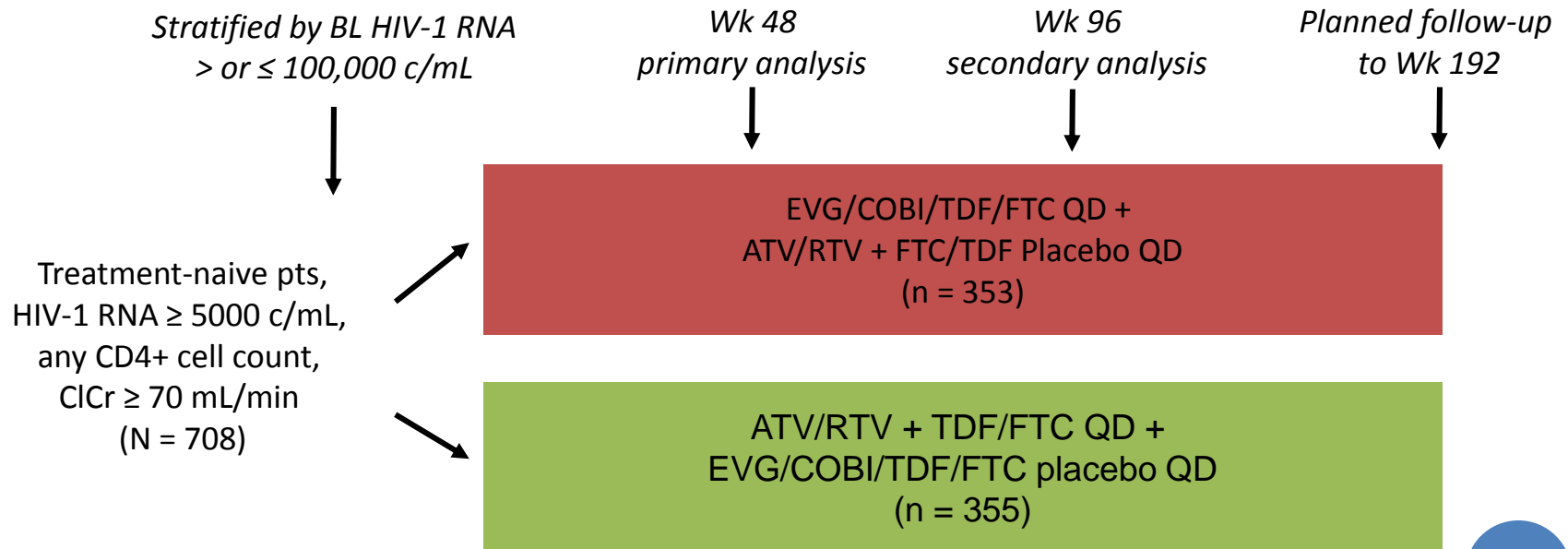
# ELVITEGRAVIR/COBICISTAT/TDF/FTC VS EFV/TDF/FTC: SUBGROUP RESPONSES

- Randomized, double-blind phase III trial (N = 700)<sup>[1,2]</sup>
  - Primary endpoint results: EVG/COBI/TDF/FTC noninferior to EFV/TDF/FTC at Wk 48<sup>[2]</sup>

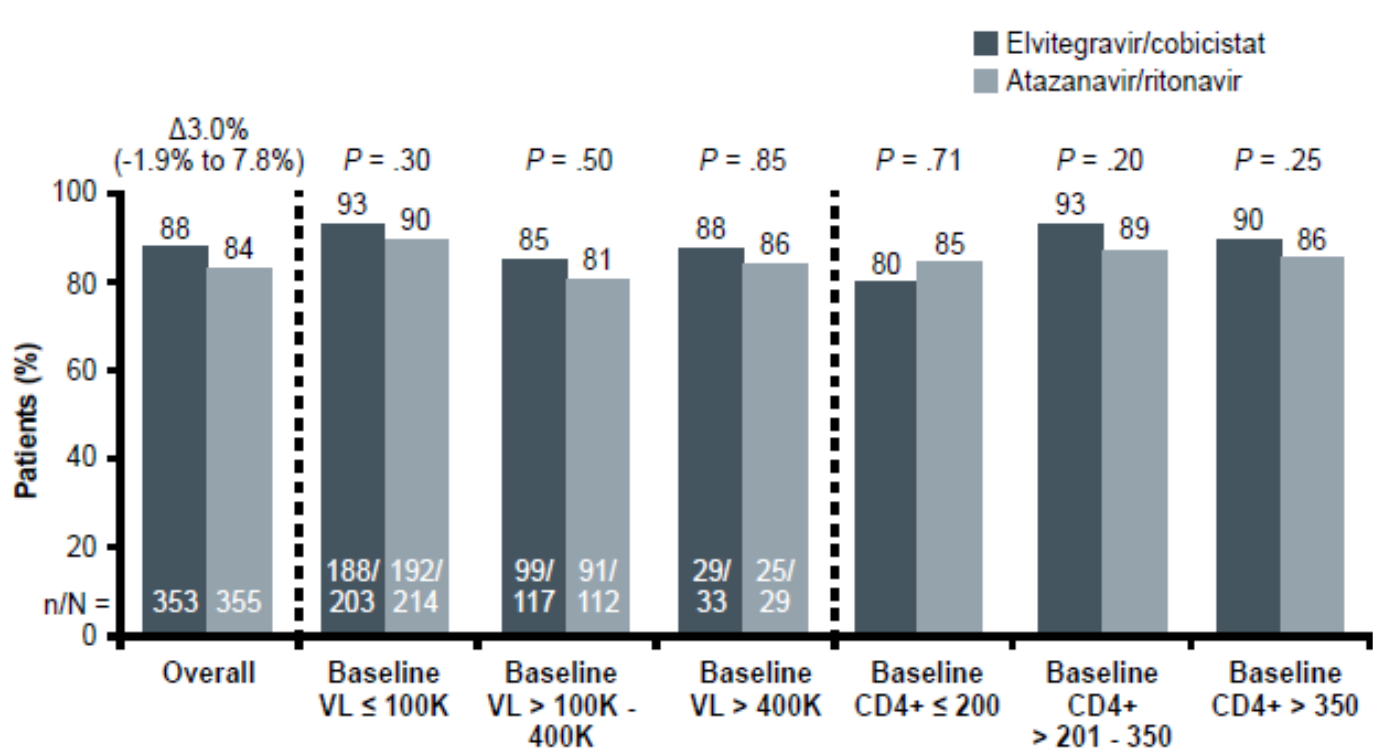


# EVG/COBI/TDF/FTC vs ATV/RTV + TDF/FTC IN TX-NAIVE PTS: WK-96 DATA

- Multicenter, randomized, double-blinded, active-controlled phase III study<sup>[1,2]</sup>
  - 1<sup>o</sup> endpoint: EVG/COBI/TDF/FTC noninferior to ATV/RTV + TDF/FTC at Wk 48<sup>[2]</sup>

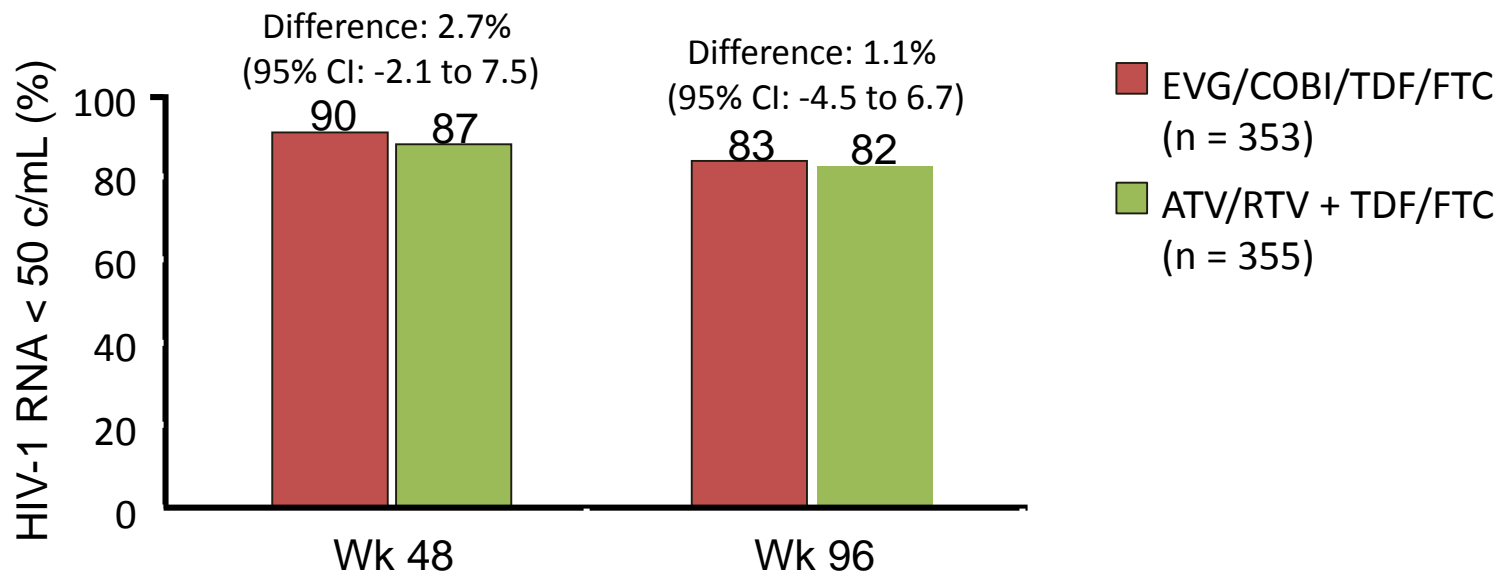


# TDF/FTC/EVG/COBI vs TDF/FTC + ATV/RTV AT WEEK 48



# EVG/COBI REGIMEN STILL NONINFERIOR TO ATV/RTV REGIMEN AT Wk 96

- Efficacy of EVG/COBI maintained within noninferiority margin (-12%) through Wk 96
  - Consistent across subgroups: BL HIV-1 RNA, CD4+ count, adherence, age, sex, race
  - CD4+ count increase at Wk 96: +256 (EVG/COBI) vs +261 (ATV/RTV)



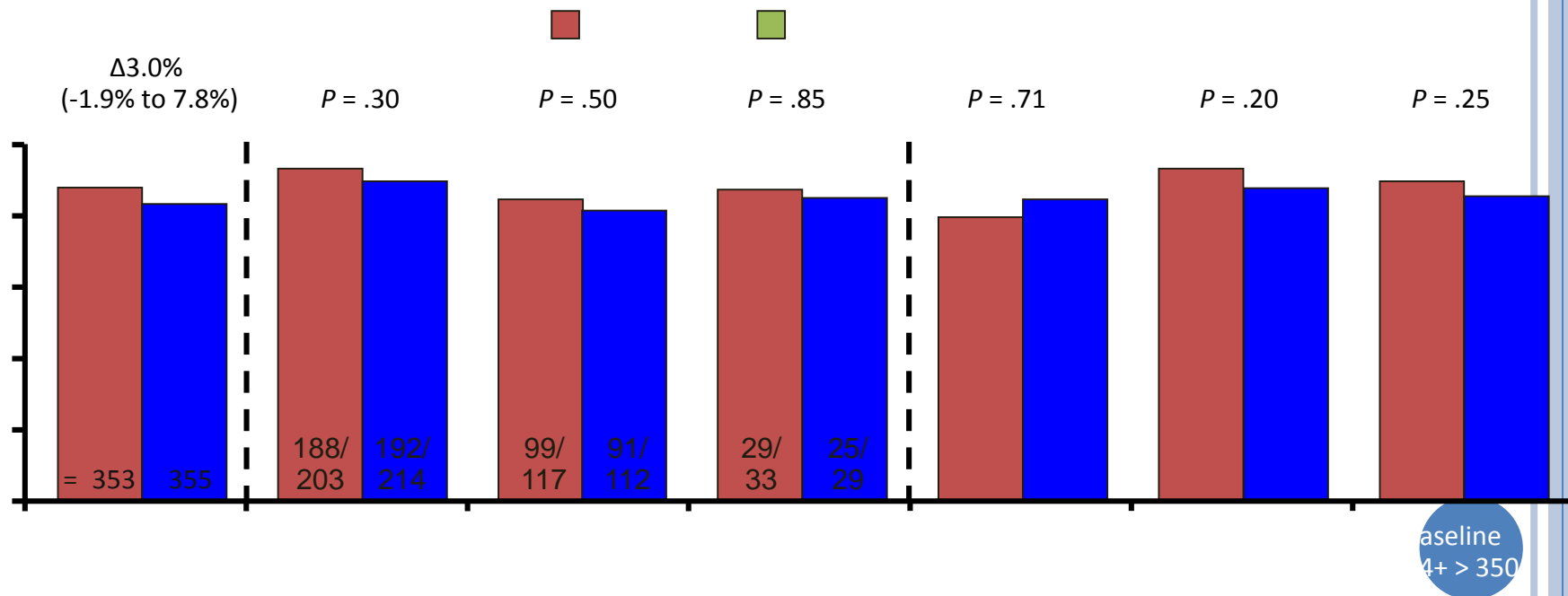
# ELVITEGRAVIR/COBICISTAT REGIMEN VS ATV/ RTV REGIMEN: Wk 96 RESISTANCE/SAFETY

- In EVG/COBI arm, resistance at VF detected in 5 pts through Wk 48, plus 1 additional pt through Wk 96 vs 0 pts in ATV/RTV arm
  - Nearly all pts had primary integrase (5/6) and NRTI (5/6) resistance-associated mutations
- AE rates between Wks 48-96 low and similar between arms
- 0.9% of pts discontinued EVG/COBI regimen by Wk 96 due to renal abnormalities vs 0.6% of pts on ATV/RTV regimen
  - Includes 1 pt in each arm with creatinine elevation between Wks 48 and 96; creatinine improved after DC
  - No renal tubulopathy between Wks 48 and 96 and no further reduction in median eGFR with EVG/COBI from Wk 48 to 96
- Grade 3/4 hyperbilirubinemia in 65% of ATV/RTV arm by Wk 96 vs 0.6% with EVG/COBI
- Significantly greater increases in TC with EVG/COBI, in TG with ATV/RTV



# ELVITEGRAVIR/COBICISTAT/TDF/FTC VS ATV/RTV + TDF/FTC: SUBGROUP RESPONSES

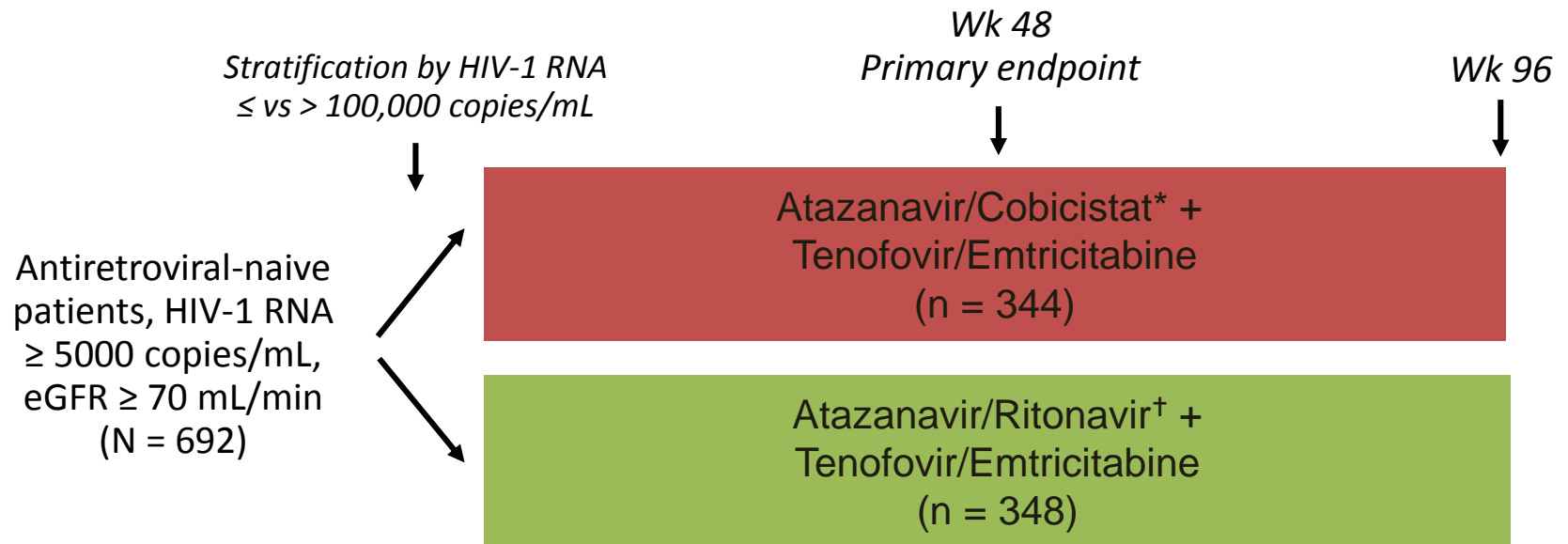
- Randomized, double-blind phase III trial (N = 708)<sup>[1,2]</sup>
  - Primary endpoint results: EVG/COBI/TDF/FTC noninferior to ATV/RTV + TDF/FTC at Wk 48<sup>[2]</sup>



1. DeJesus E, et al. AIDS 2012. Abstract TUPE043. 2. DeJesus E, et al. CROI 2012. Abstract 627.  
Graphic reproduced with permission.

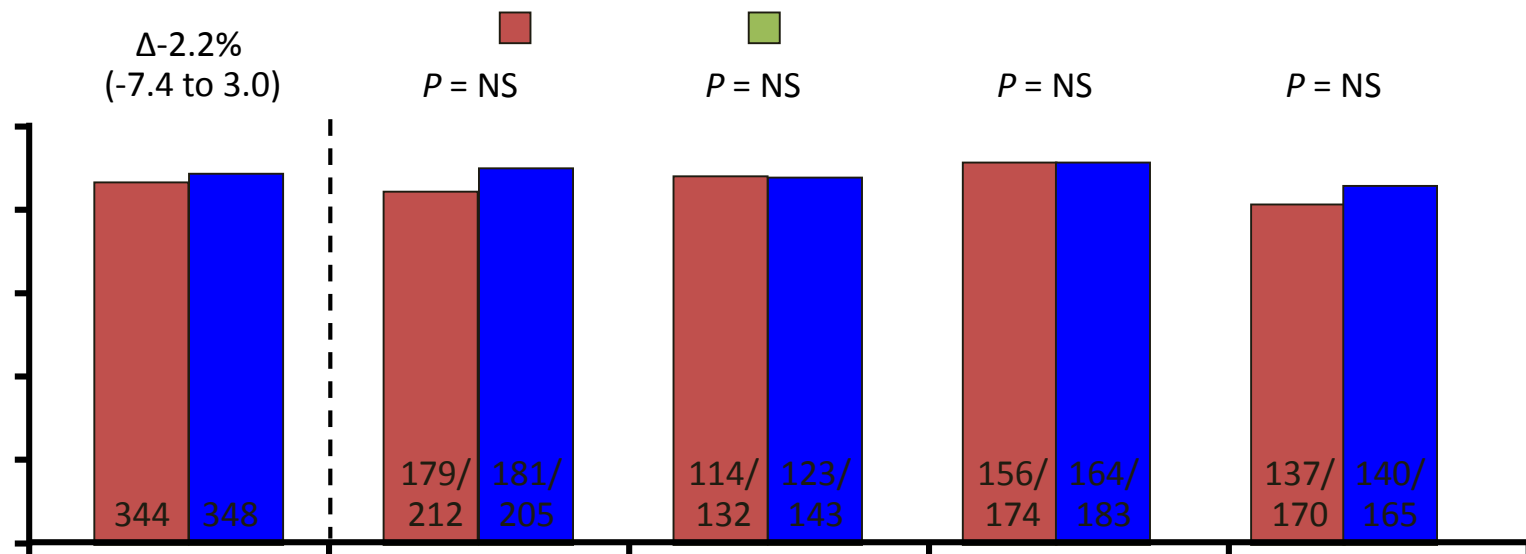
# COBICISTAT-BOOSTED VS RITONAVIR-BOOSTED ATAZANAVIR IN TREATMENT-NAIVE PATIENTS

- Randomized, multicenter, placebo-controlled phase III trial
  - Primary endpoint: VL < 50 c/mL at Wk 48 (FDA snapshot analysis)





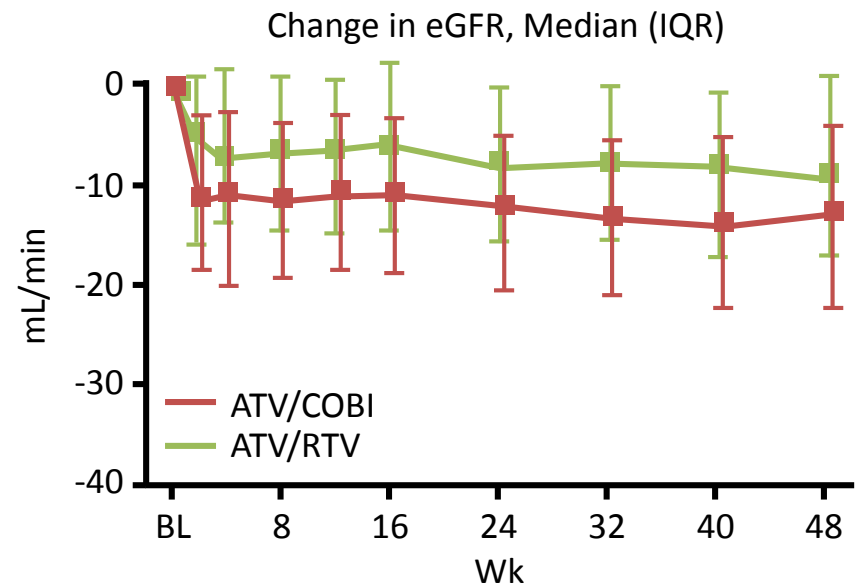
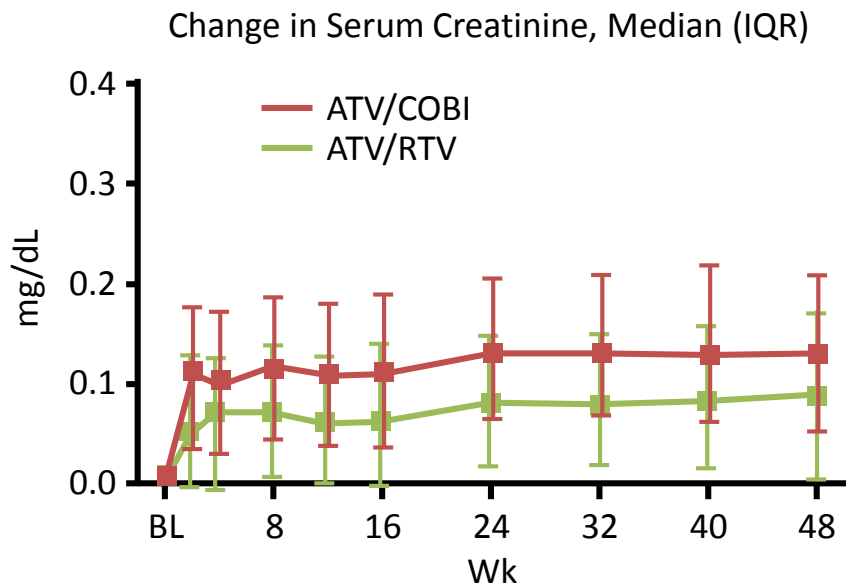
# ATV/COBI vs ATV/RTV: NONINFERIOR VIROLOGIC SUPPRESSION AT WK 48



- CD4+ count gain: +213 with ATV/COBI vs +219 with ATV/RTV
- Among 24 pts with suboptimal virologic response and genotype: no primary PI or TDF resistance; M184V/I in 2 pts in COBI arm, 0 in RTV arm

# ATV/COBI vs ATV/RTV: CHANGES IN SERUM CREATININE AND eGFR

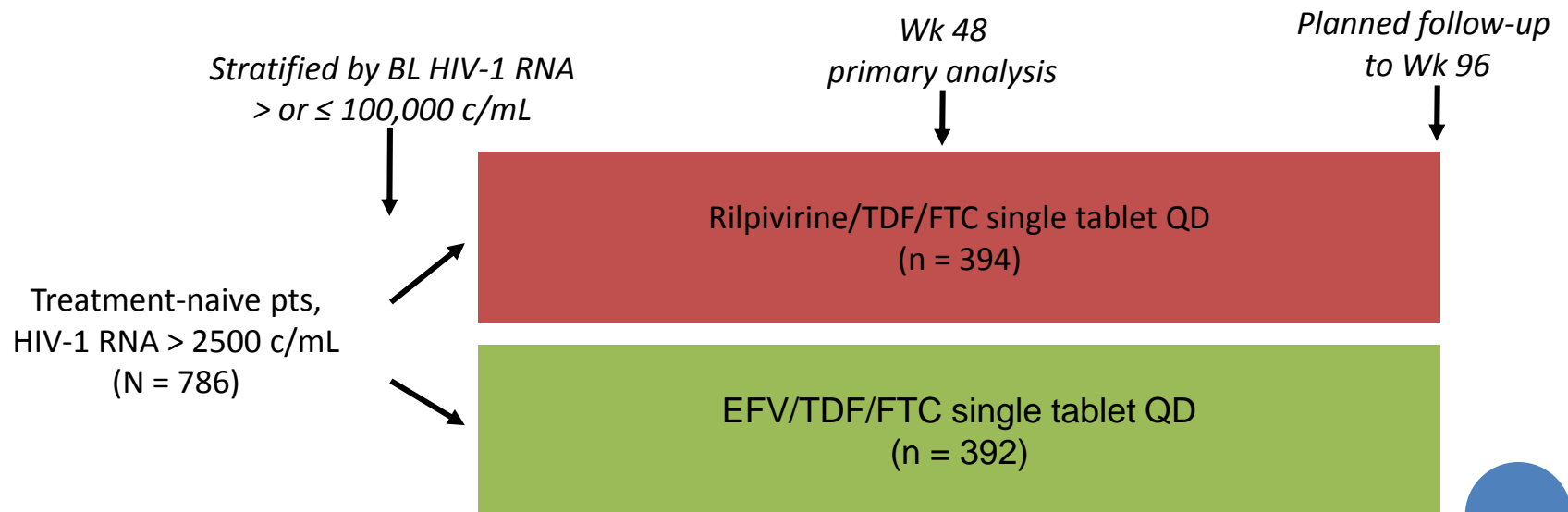
- COBI ↑ serum creatinine and ↓ eGFR by inhibiting renal creatinine secretion<sup>[1]</sup>
- COBI does not affect actual glomerular filtration rate<sup>[2]</sup>



- 6 pts in COBI arm and 5 in RTV arm discontinued therapy due to renal abnormalities<sup>[3]</sup>
- Higher proportion with hyperbilirubinemia with COBI but discontinuations similar by arm
- 5 of 6 in COBI arm vs 2 of 5 in RTV arm with proximal tubulopathy discontinued therapy

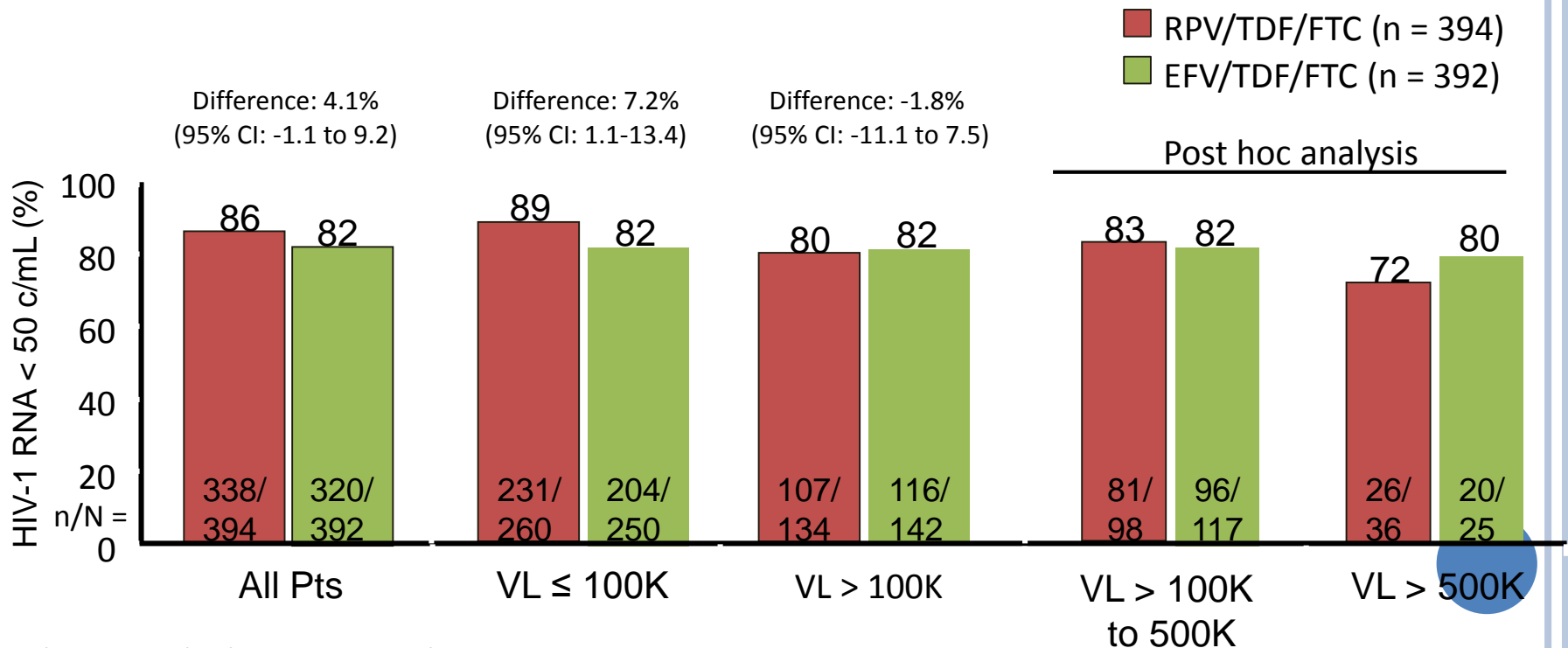
# STAR: FIXED-DOSE RILPIVIRINE/TDF/FTC VS EFV/TDF/FTC IN TX-NAIVE PTS

- Multicenter, international, open-label, randomized phase IIIb study
  - First comparison of regimens as single-tablet regimen
  - 1<sup>o</sup> endpoint

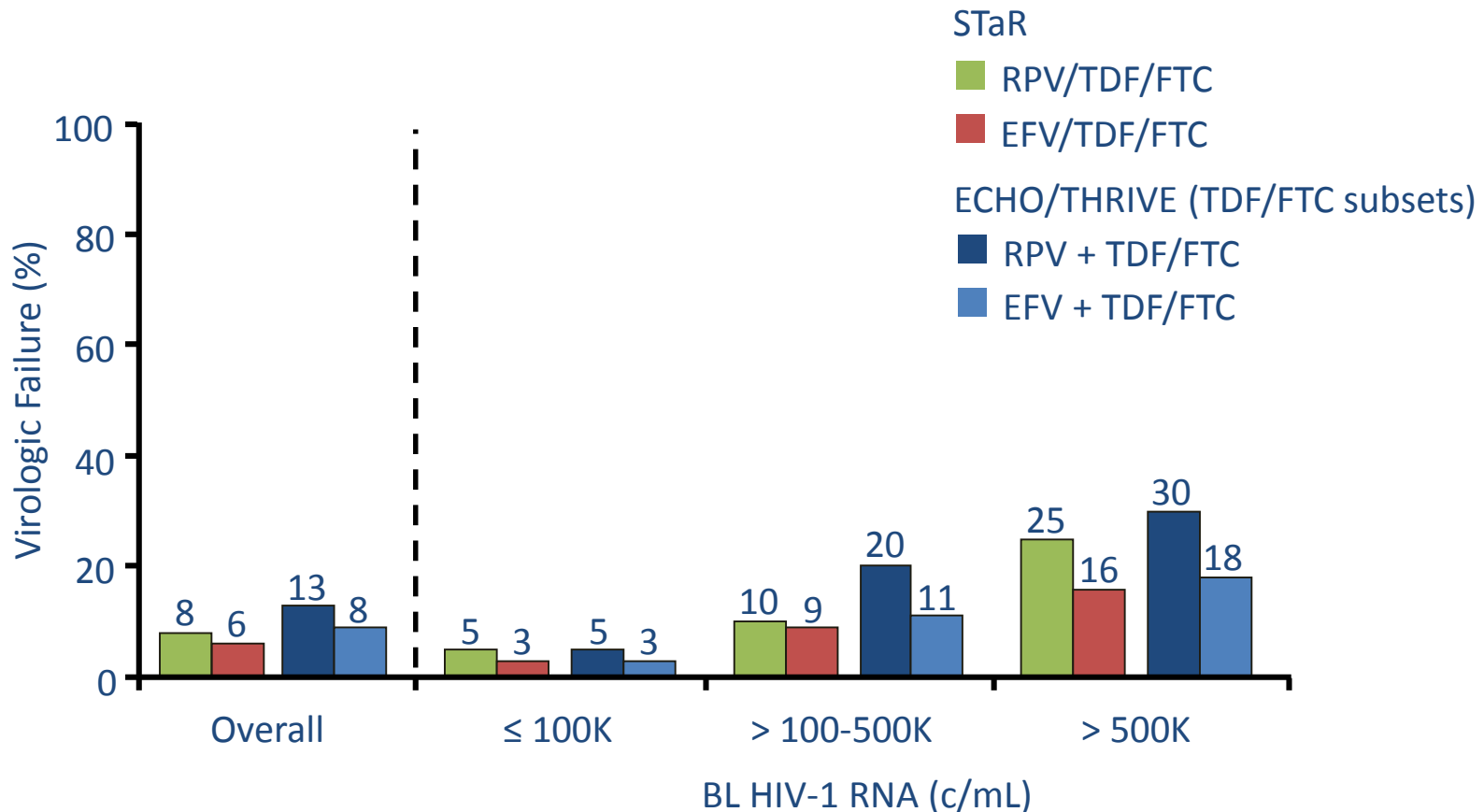


# STAR: EFFICACY OF RILPIVIRINE/TDF/FTC VS EFV/TDF/FTC AT WK 48

- RPV/TDF/FTC noninferior to EFV/TDF/FTC in overall population and in pts with BL HIV-1 RNA > 100,000 c/mL
  - RPV/TDF/FTC superior to EFV/TDF/FTC in pts with BL HIV-1 RNA ≤ 100,000 c/mL



# STAR vs ECHO/THRIVE: VIROLOGIC FAILURE BY WK 48



# STAR: WK-48 RESISTANCE WITH RILPIVIRINE/TDF/FTC VS EFV/TDF/FTC

Pts With Resistance Outcome, %	STaR		ECHO/THRIVE (TDF/FTC Subsets)	
	RPV/TDF/FTC (n = 394)	EFV/TDF/FTC (n = 392)	RPV + TDF/FTC (n = 550)	EFV + TDF/FTC (n = 546)
Resistance analysis data available	5	2	11	3
<b>Detected resistance</b>	<b>4</b>	<b>1</b>	<b>7</b>	<b>2</b>
▪ BL VL ≤ 100,000 c/mL	2	1	2	1
▪ BL VL > 100,000-500,000 c/mL	5	0	9	2
▪ BL VL > 500,000 c/mL	19	4	21	7
<b>Primary NNRTI resistance</b>	<b>4</b>	<b>1</b>	<b>6</b>	<b>2</b>
▪ K101E	1	--	1	
▪ K103N	--	0.3		1
▪ E138K/Q	2	--	4	--
▪ Y181C/I	2	--	1	--
<b>Primary NRTI resistance</b>	<b>4</b>	<b>0.3</b>	<b>7</b>	<b>1</b>
▪ K65R/N	1	--	1	0.4
▪ M184V/I	4	0.3	6	1

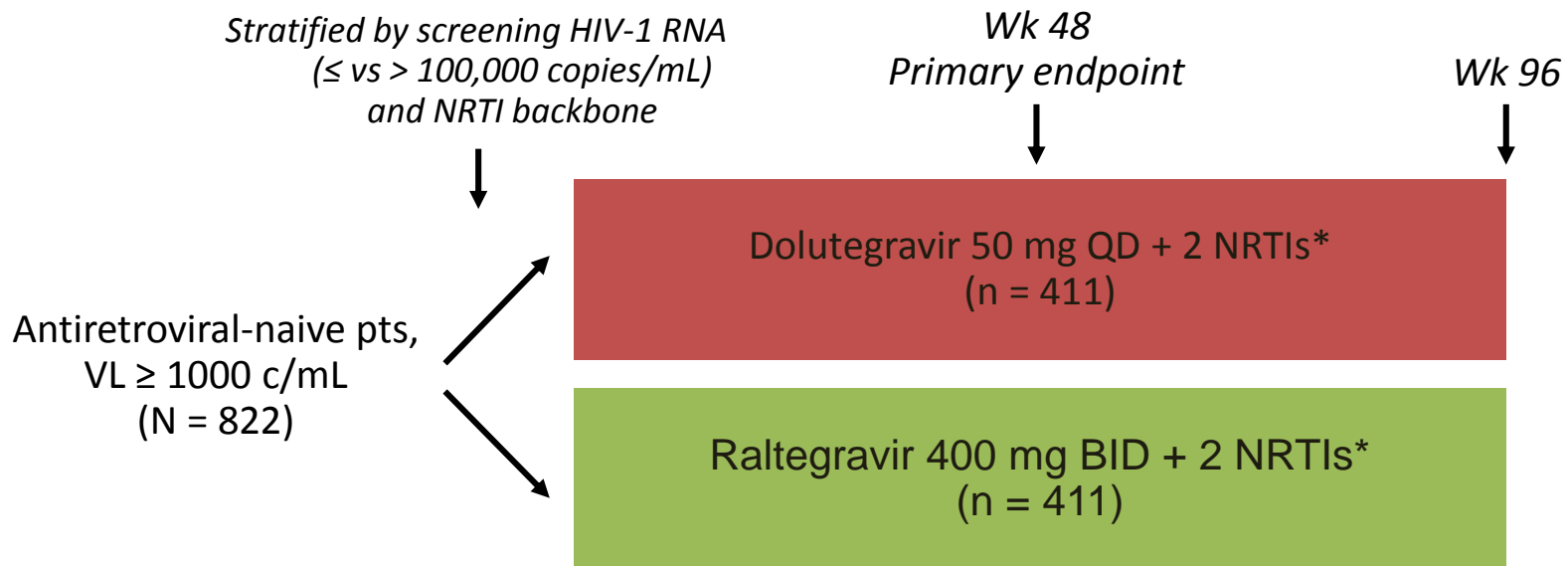
# STAR: SAFETY OF RILPIVIRINE/TDF/FTC VS EFV/TDF/FTC THROUGH WK 48

- RPV/TDF/FTC associated with
  - Fewer discontinuations for AEs: 2.5% vs 8.7% ( $P < .001$ )
  - Lower incidence of CNS AEs: 30% vs 51% ( $P < .001$ )
  - Lower incidence of psychiatric AEs: 16% vs 38% ( $P < .001$ )

CNS, Psychiatric AEs Occurring in > 5% of Pts in Either Arm, %	RPV/TDF/FTC (n = 394)	EFV/TDF/FTC (n = 392)
Dizziness, vertigo, balance disorder	8	26
Insomnia	10	14
Somnolence	3	7
Headache	12	14
Abnormal dreams	6	25
Depression	7	9
Anxiety, nervousness	5	9

# SPRING-2: DOLUTEGRAVIR QD VS RALTEGRAVIR BID IN TREATMENT-NAIVE PTS AT 48 WKS

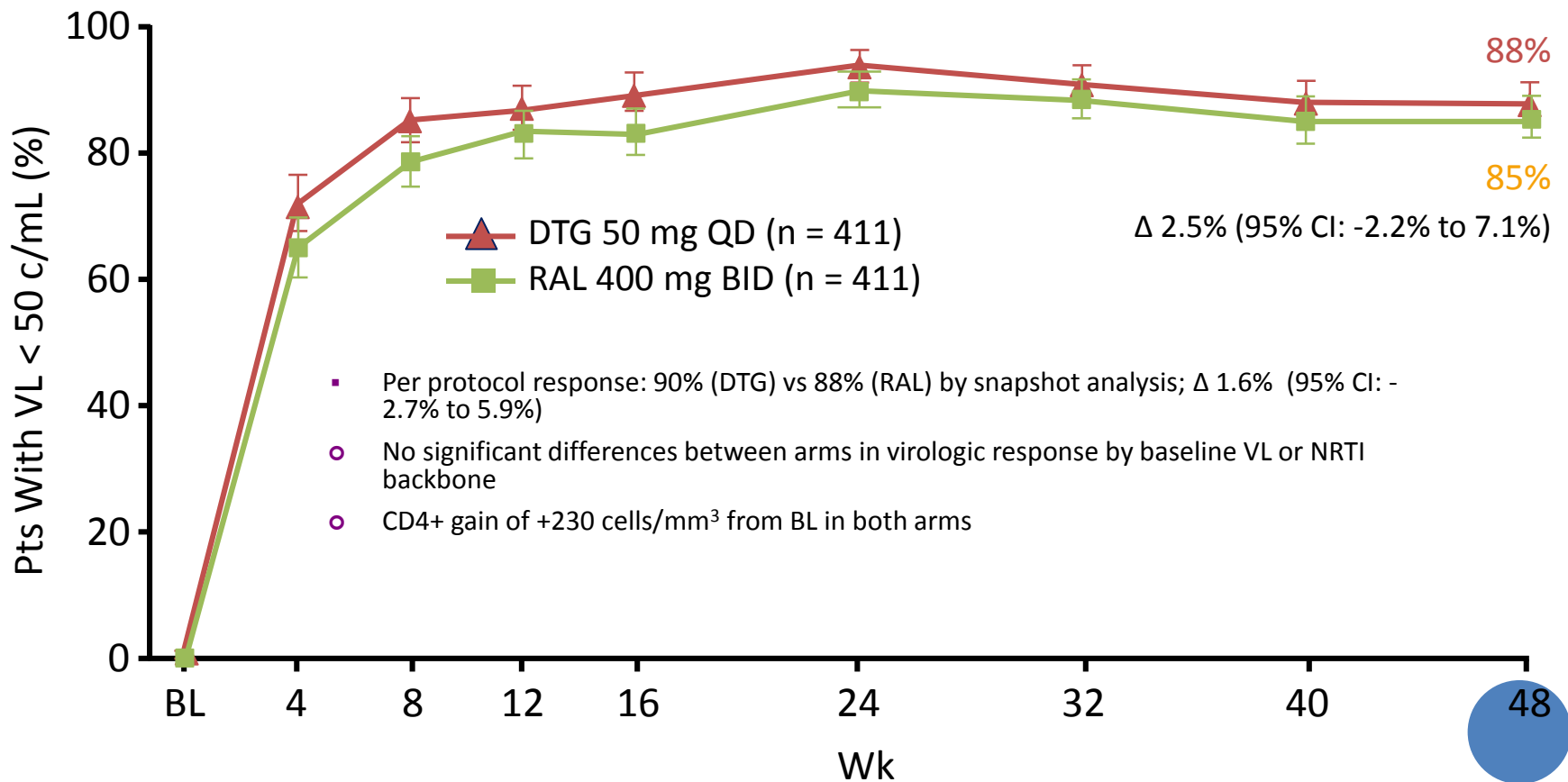
- Randomized, double-blind, placebo-controlled phase III trial
  - Primary endpoint: VL < 50 c/mL at Wk 48 (FDA snapshot analysis)



\*Investigator-selected NRTI backbone: either TDF/FTC or ABC/3TC.



# SPRING-2: DOLUTEGRAVIR NONINFERIOR TO RALTEGRAVIR AT 48 WKS



# SPRING-2: SAFETY AND RESISTANCE

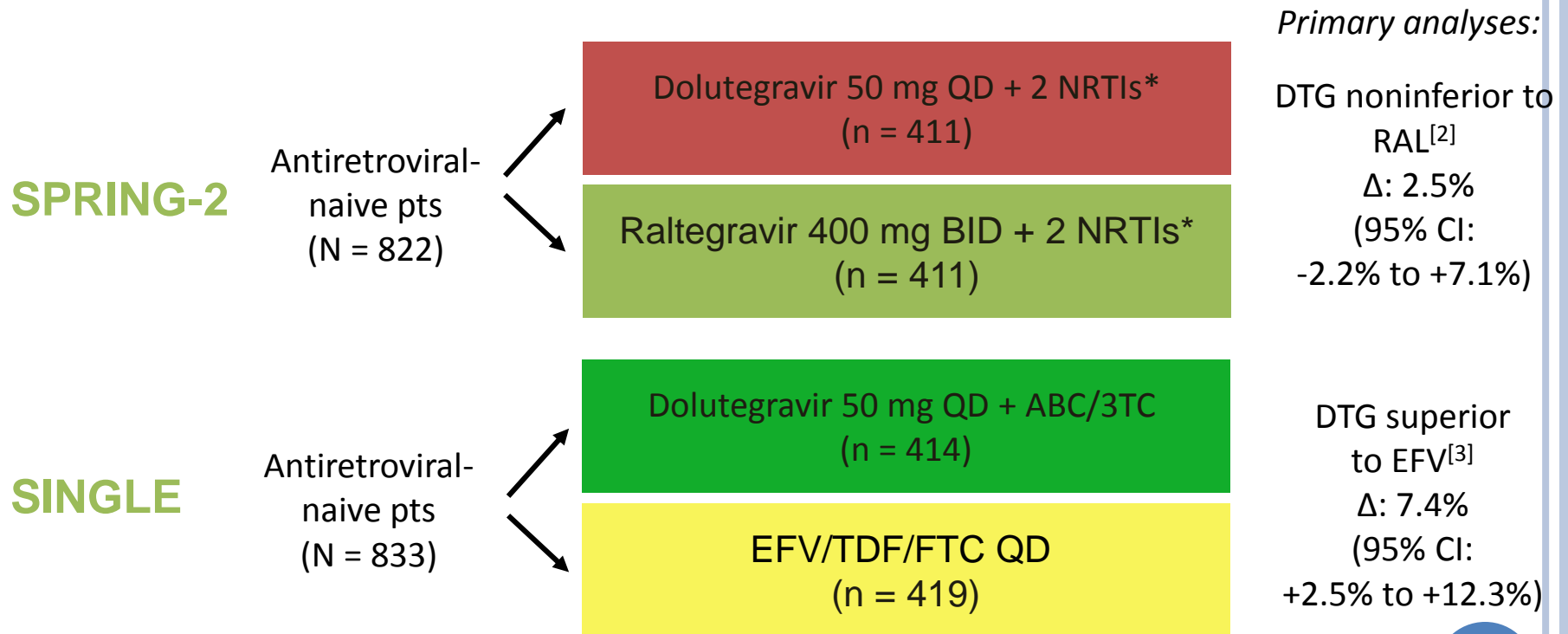
- Lower rate of confirmed virologic failure at or after Wk 24 with DTG vs RAL (5% vs 7%)

Patients	DTG 50 mg QD (n = 411)	RAL 400 mg BID (n = 411)
Subjects with protocol-defined virologic failure, n	20	28
Resistance, n/N		
▪ INSTI resistance mutations	0/8	1/18
▪ NRTI resistance mutations	0/12	4/19

- DTG had favorable safety profile, comparable to RAL
  - Few AEs necessitating treatment discontinuation (2% in each arm)
  - Greater increase in creatinine with DTG vs RAL (+0.139 vs +0.053 mg/dL)
    - DTG increases serum creatinine by inhibiting renal creatinine secretion but does not affect actual glomerular filtration rate<sup>[2]</sup>
  - No premature discontinuation for renal events

# DOLUTEGRAVIR IN TX-NAIVE PTS: EFFICACY BY BASELINE HIV-1 RNA AND NRTI CHOICE

- Pooled analysis of SPRING-2 and SINGLE phase III trials<sup>[1]</sup>



\*Investigator-selected NRTI backbone: either TDF/FTC or ABC/3TC.

1. Eron J, et al. Glasgow 2012. Abstract P204.
2. Raffi F, et al. AIDS 2012. Abstract THLB04.
3. Walmsley S, et al. ICAAC 2012. Abstract H-556b.



# DOLUTEGRAVIR EFFECTIVE WITH ABC/3TC OR TDF/FTC, REGARDLESS OF BL HIV-1 RNA

HIV-1 RNA < 50 c/mL at Wk 48 by Subgroup (FDA Snapshot Analysis), %	SPRING-2		SINGLE	
	DTG + NRTIs	RAL + NRTIs	DTG + ABC/3TC	EFV/TDF/FTC
BL HIV-1 RNA ≤ 100,000 c/mL				
▪ ABC/3TC	87	88	90	--
▪ TDF/FTC	92	91	--	83
BL HIV-1 RNA > 100,000 c/mL				
▪ ABC/3TC	81	82	83	--
▪ TDF/FTC	83	71	--	76

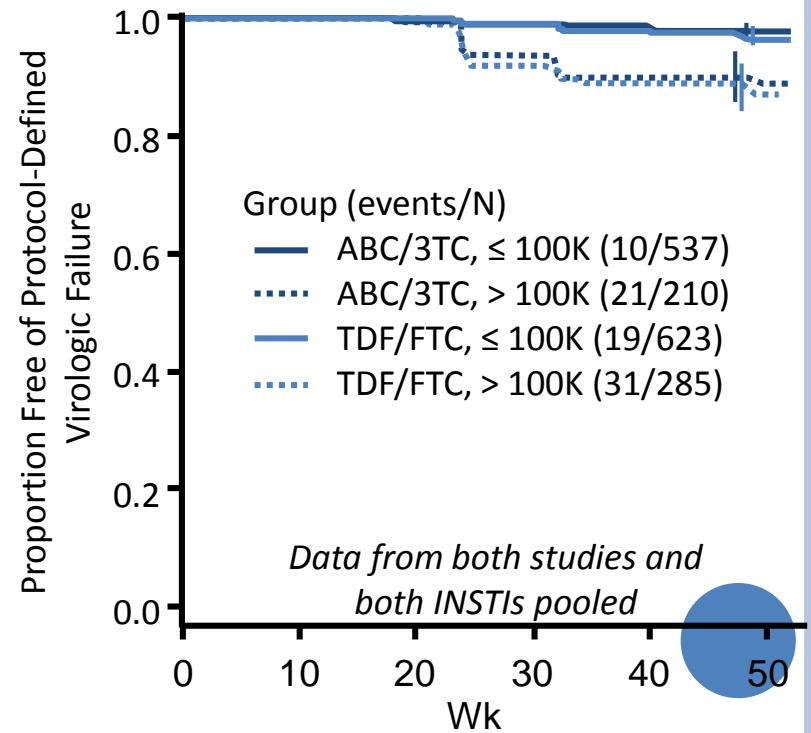
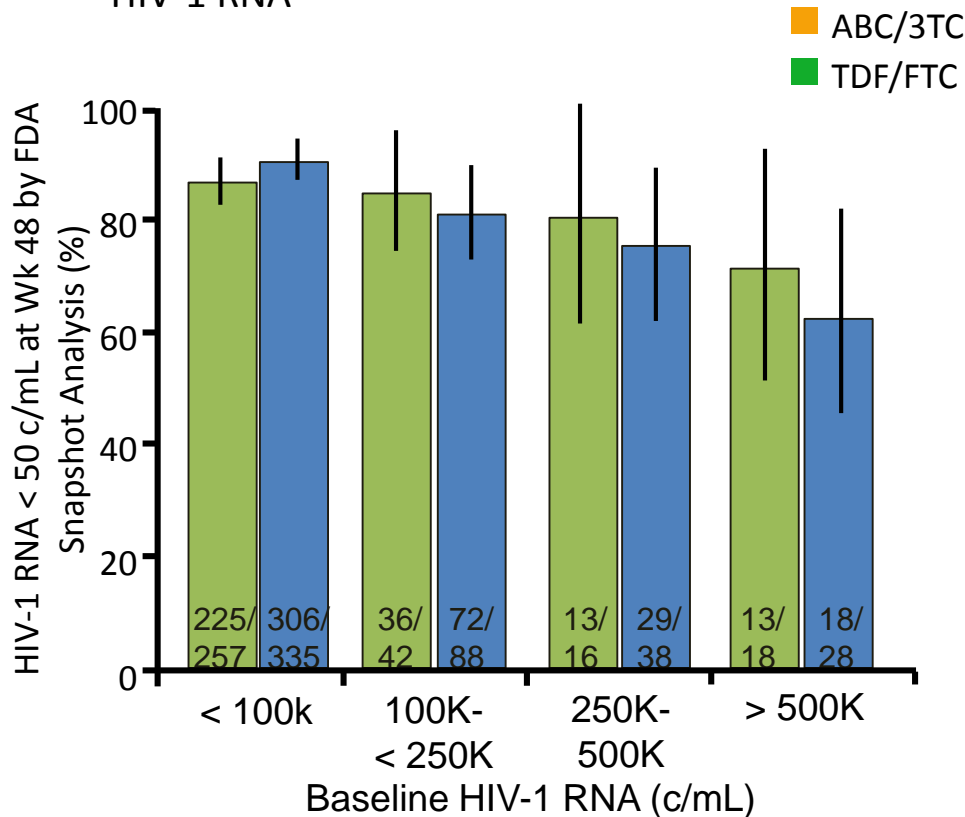
- DTG well tolerated with similar renal safety with either ABC/3TC or TDF/FTC



# SIMILAR EFFICACY OF INSTIs (RAL OR DTG) + ABC/3TC OR TDF/FTC, EVEN FOR HIGH BL VL

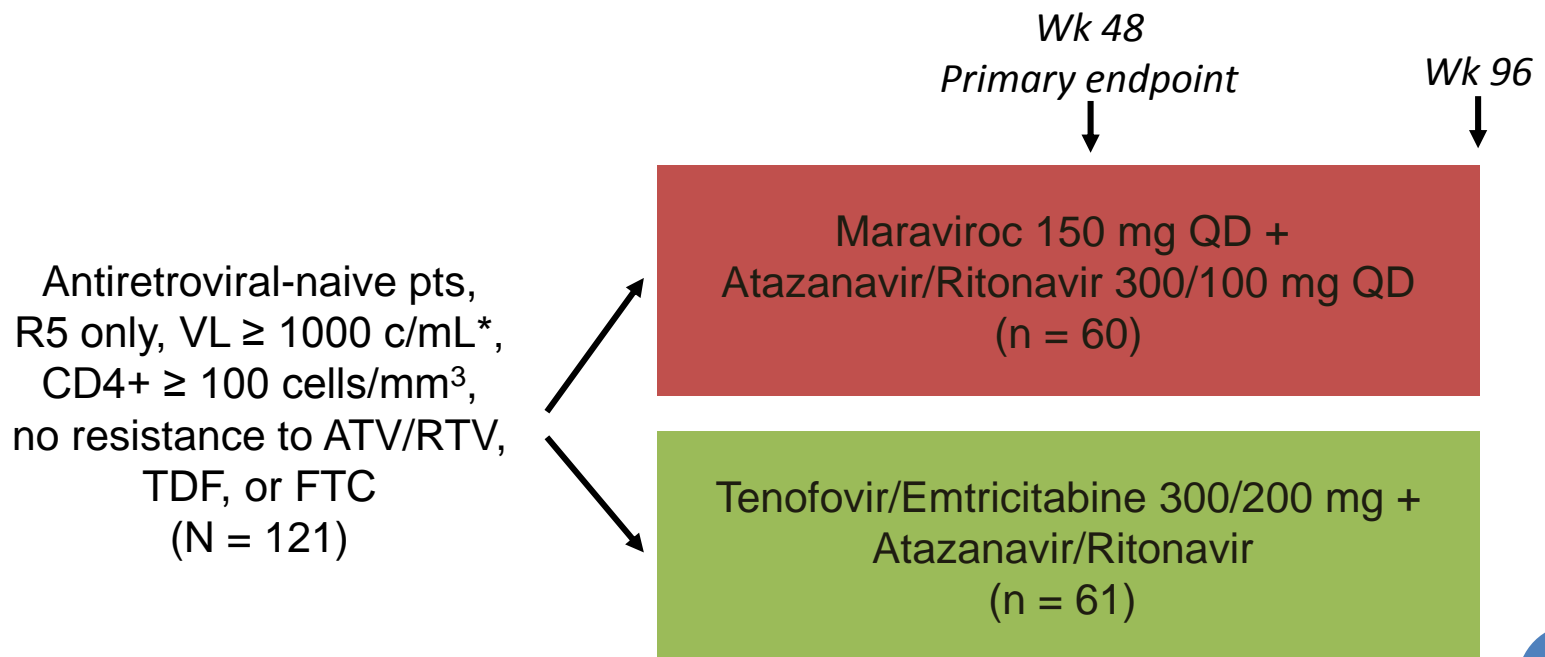
- In SPRING-2, similar efficacy with ABC/3TC or TDF/FTC + RAL or DTG, including with high BL HIV-1 RNA

- In pooled analysis, high response rates with ABC/3TC or TDF/FTC at low and high BL HIV-1 RNA levels



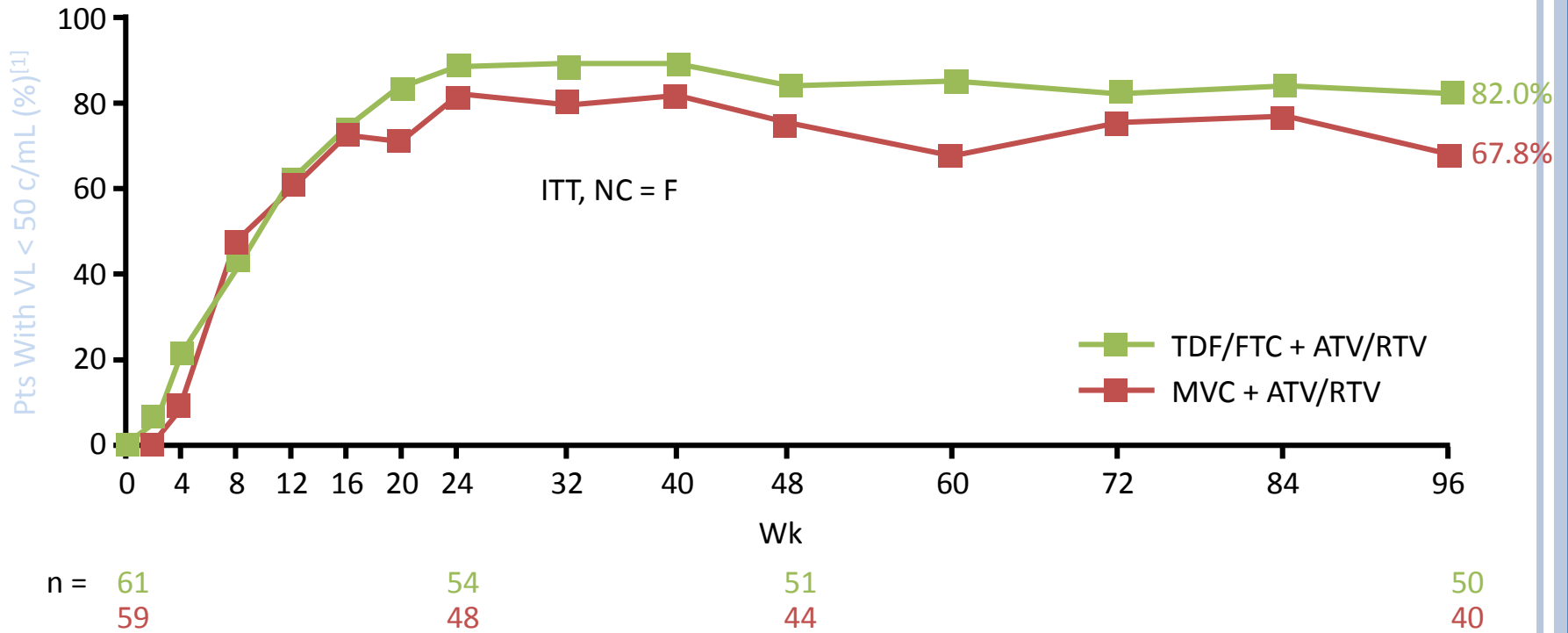
# STUDY A4001078: WK 96 DATA WITH ATV/RTV PLUS MVC OR TDF/FTC

- Open-label phase IIb pilot study
  - Not powered to show treatment difference

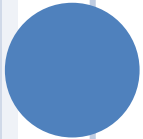
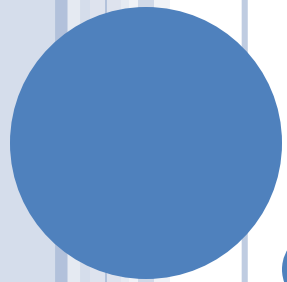


\*16 pts (27%) in NRTI-sparing arm and 22 pts (36%) in TDF/FTC arm had VL > 100,000 c/mL

# A4001078: VIROLOGIC SUPPRESSION AT Wk 96



- All pts with detectable viremia at Wk 96 had intermittent periods of virologic suppression
- Grade 3 or 4 hyperbilirubinemia: 70% in MVC arm vs 56% in TDF/FTC arm

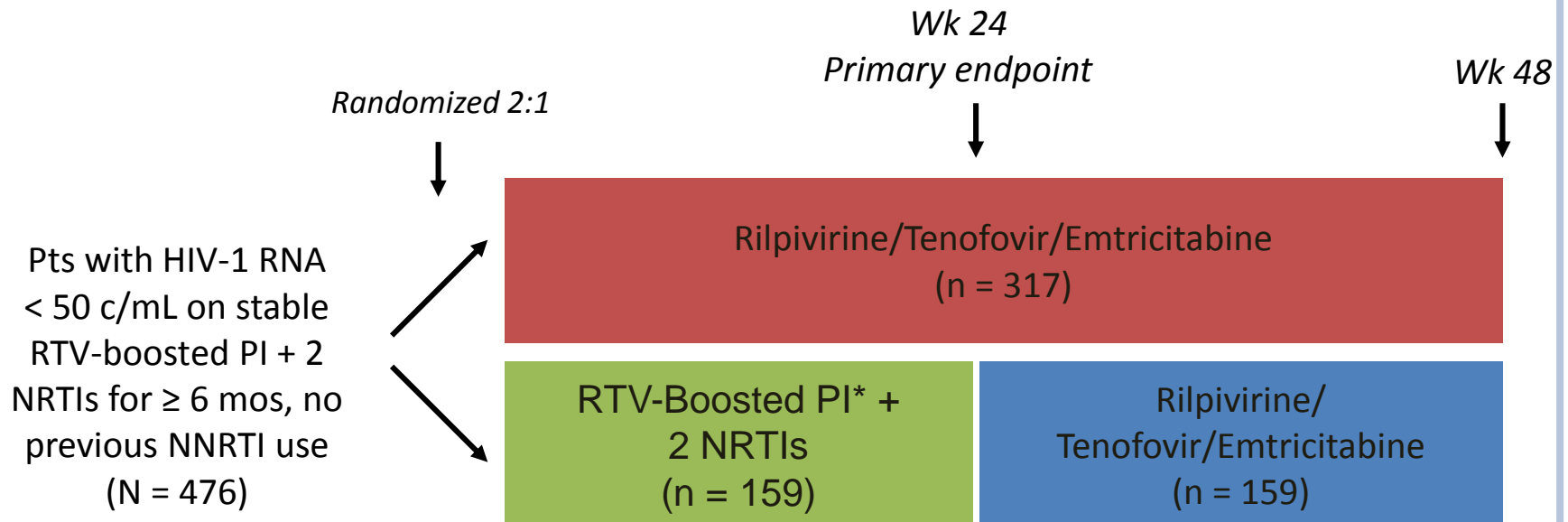


## **CAMBIOS DE TTO**



# SPIRIT: SWITCH TO RPV/TDF/FTC FROM BOOSTED PI REGIMENS IN SUPPRESSED PTS

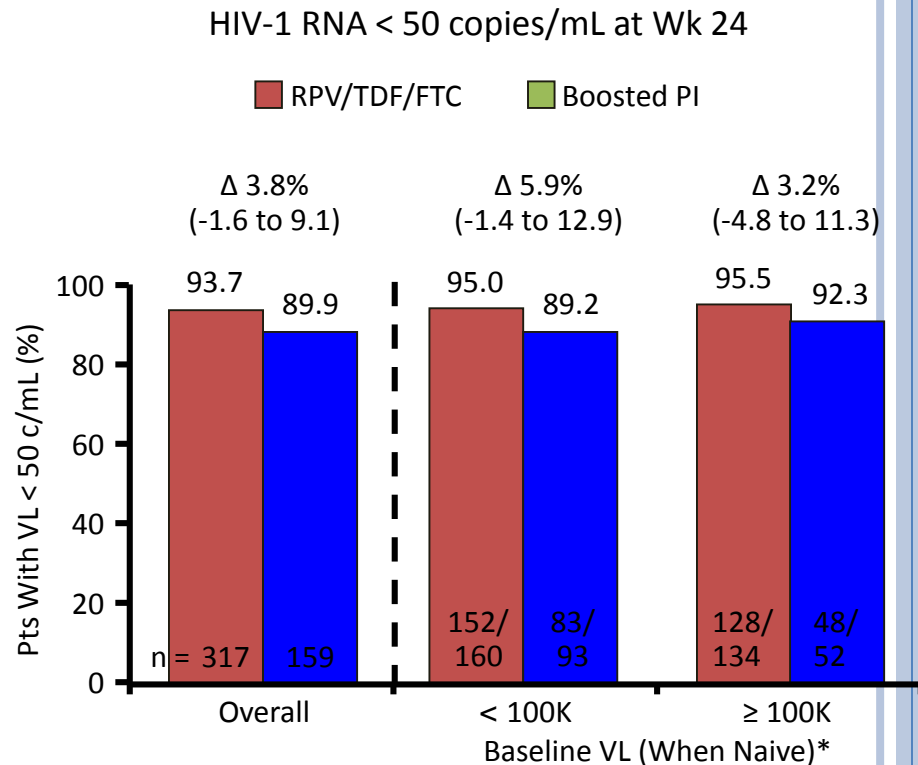
- Multicenter, randomized, open-label switch study
  - 1<sup>o</sup> endpoint: maintenance of HIV-1 RNA < 50 c/mL at Wk 24 (snapshot analysis)



\*Pis: ATV/RTV, 37%; LPV/RTV, 33%; DRV/RTV, 20%; FPV/RTV, 8%; SQV/RTV, 2%.

# SPIRIT: SWITCH TO RPV/TDF/FTC NONINFERIOR TO CONTINUED BOOSTED PI

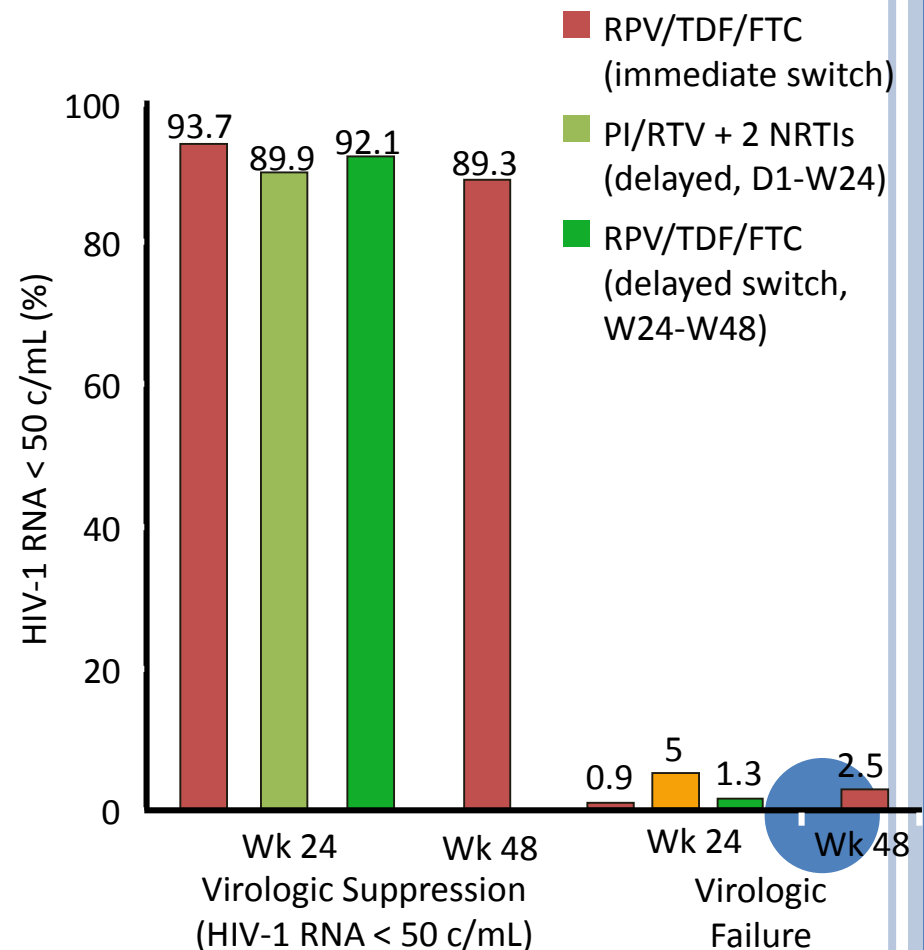
- Switch to RPV/TDF/FTC noninferior to maintaining boosted-PI regimen at Wk 24
  - 93.7% vs 89.9% with VL < 50 c/mL
  - Noninferiority observed regardless of pretreatment (naive) VL stratum
- All 17 pts with baseline K103N who switched to RPV/TDF/FTC maintained virologic suppression
- Significant reductions in TC, LDL, TG, HDL, TC:HDL ratio ( $P < .001$ ) and in 10-yr Framingham score ( $P = .001$ ) at Wk 24 among RPV/TDF/FTC switch pts



\*Excludes 23 RPV and 14 boosted PI pts lacking baseline VL while ARV naive.

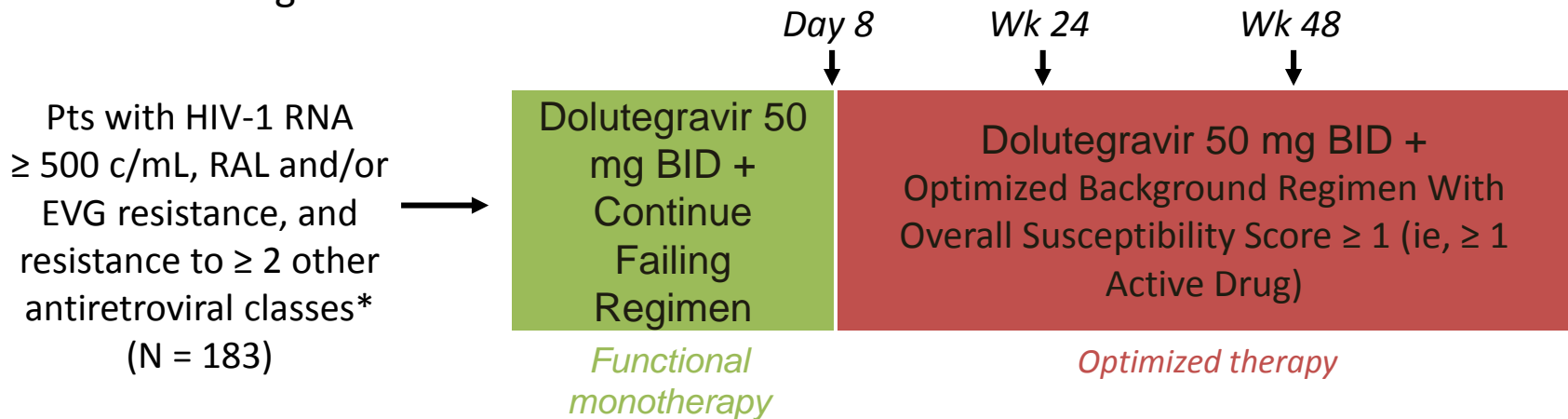
# SPIRIT: SWITCH TO RPV/TDF/FTC NONINFERIOR TO CONTINUED BOOSTED PI

- Switch to RPV/TDF/FTC noninferior to continuing boosted PI regimen at Wk 24
  - 93.7% vs 89.9% with HIV-1 RNA < 50 c/mL
  - Maintained at Wk 48, but 5 additional cases of virologic failure between Wk 24 and 48
  - 17/18 pts with baseline K103N who switched to RPV/TDF/FTC maintained virologic suppression through Wk 48
- Switching associated with reductions in TC, LDL, TG, TC:HDL ratio



# VIKING-3: DOLUTEGRAVIR AFTER FAILURE OF INTEGRASE INHIBITOR–BASED REGIMEN

- Phase III single-arm trial



- Mean HIV-1 RNA change from baseline to Day 8

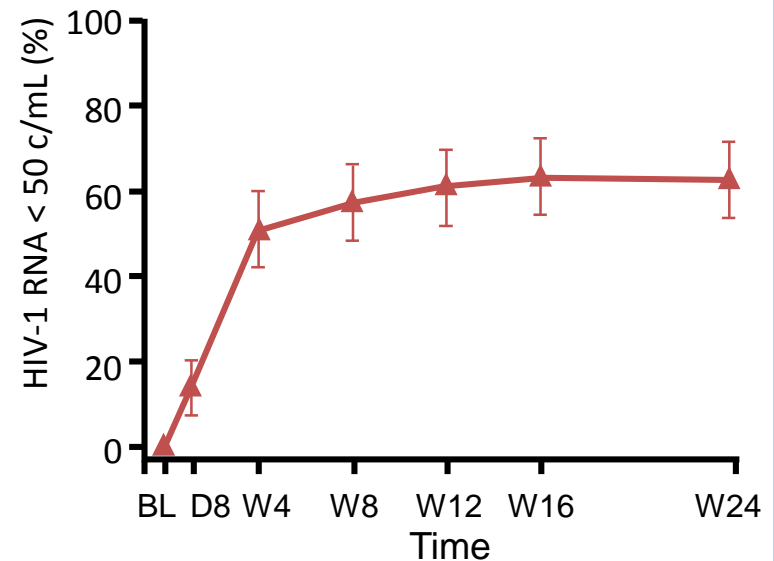
- Overall:  $-1.4 \log_{10}$  copies/mL ( $P < .001$ )
- No primary integrase resistance mutations:  $-1.6 \log_{10}$  copies/mL
- Q148 +  $\leq 1$  secondary integrase resistance mutation:  $-1.1 \log_{10}$  copies/mL
- Q148 +  $\geq 2$  secondary integrase resistance mutations:  $-1.0 \log_{10}$  copies/mL

\*Detected at screening or based on historical evidence.



# VIKING-3: EFFICACY OF DOLUTEGRAVIR IN INSTI-EXPERIENCED PTS AT Wk 24

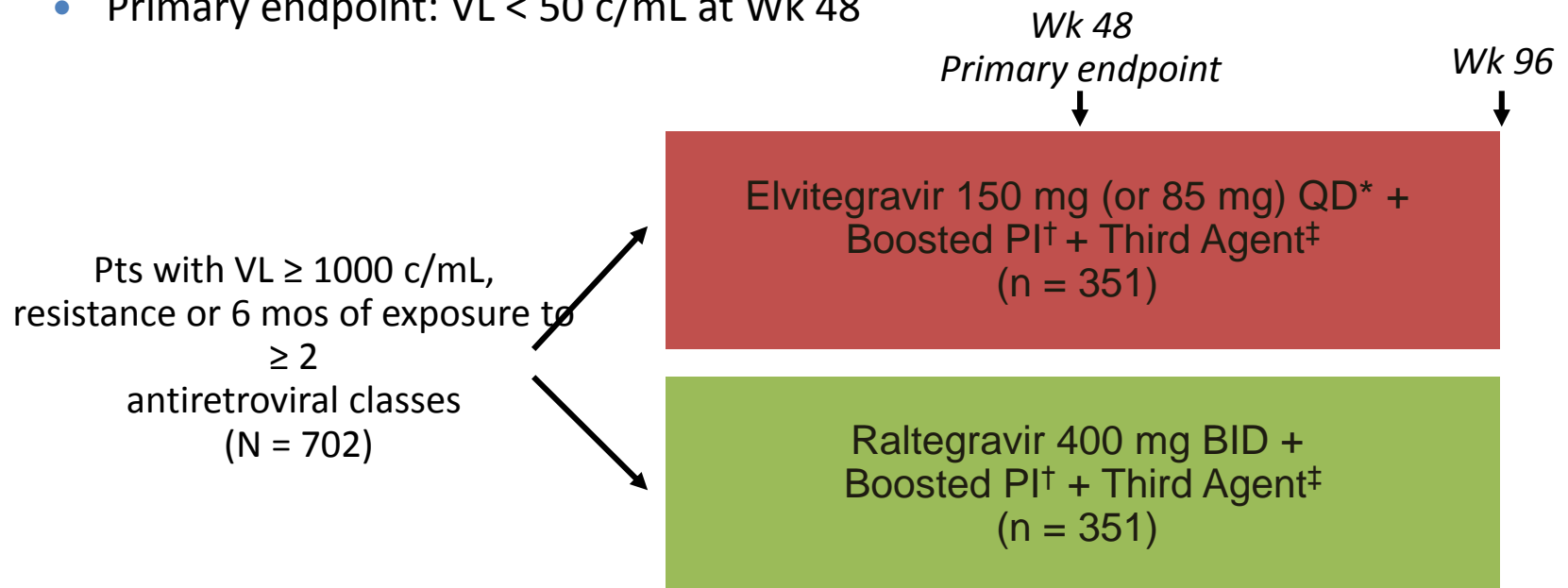
- 63% (72/114) of pts had HIV-1 RNA < 50 c/mL at Wk 24 (snapshot analysis)
  - Virologic nonresponse: 32%
  - Discontinuation for AEs: 4%
- Response rates affected by baseline INSTI resistance but not overall susceptibility score of background regimen



HIV-1 RNA < 50 c/mL at Wk 24 by INSTI Mutation(s), n/N (%)	Overall Susceptibility Score			
	0	1	≥ 2	Total
No Q148	2/2 (100)	24/29 (83)	31/41 (76)	57/72 (79)
Q148 + 1	2/2 (100)	3/7 (43)	4/11 (36)	9/20 (45)
Q148 + ≥ 2	1/2 (50)	0/7 (0)	0	1/9 (11)

# ELVITEGRAVIR QD VS RALTEGRAVIR BID IN ART-EXP PTS: PHASE III RESULTS AT Wk 96

- Randomized, double-blind, placebo-controlled phase III trial
  - Primary endpoint: VL < 50 c/mL at Wk 48

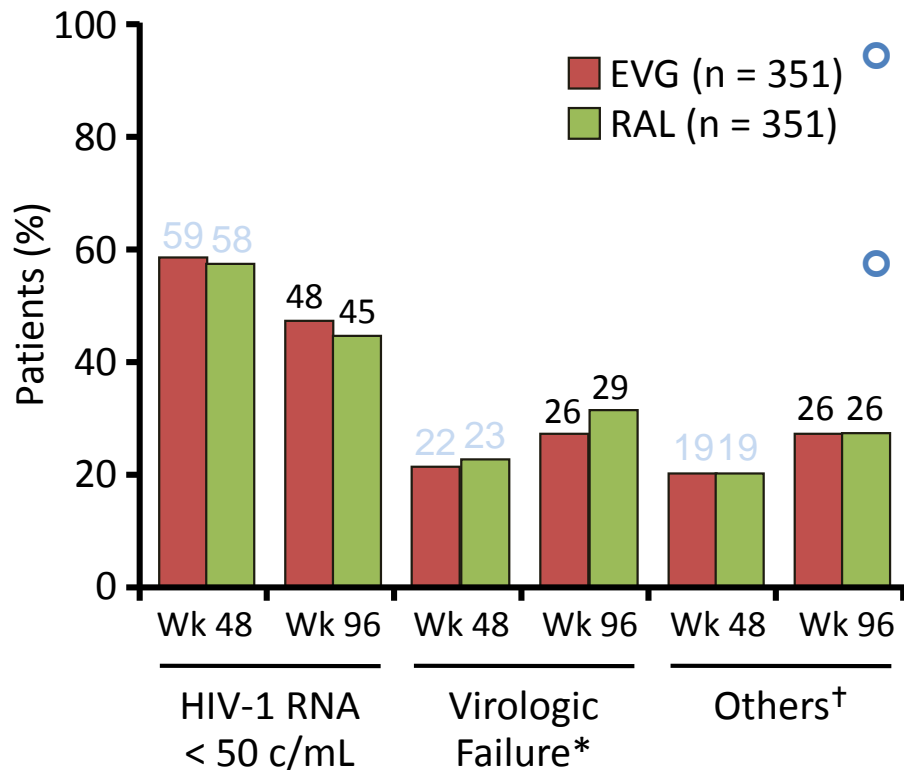


\*EVG dose reduced to 85 mg QD for patients taking ATV/RTV or LPV/RTV as part of background regimen.

<sup>†</sup>Background regimen to include fully active ritonavir-boosted PI, selected using resistance testing.

<sup>‡</sup>Third active agent selected from ENF, ETR, MVC, or NRTI. Option of also adding FTC or 3TC for patients with M184V/I.

# ELVITEGRAVIR COMPARABLE TO RALTEGRAVIR IN TREATMENT-EXPERIENCED PTS AT Wk 96



- CD4+ gain: +205 (EVG) vs +198 (RAL) at Wk 96
- Similar rates of treatment-emergent integrase resistance in each arm (7%)
- Similar rates of AEs overall
  - More diarrhea with EVG vs RAL (13% vs 8%)
  - More liver-related AEs leading to study d/c with RAL (1.7% vs 0.8%)

\*Includes never suppressed, rebound, switch of background regimen, and discontinuation due to lack of efficacy

†Includes death, discontinuation due to AE, investigator's discretion, lost to follow up, pregnancy, protocol violation, noncompliance, withdrawal of consent.

# AGENDA

- Nuevas estrategias



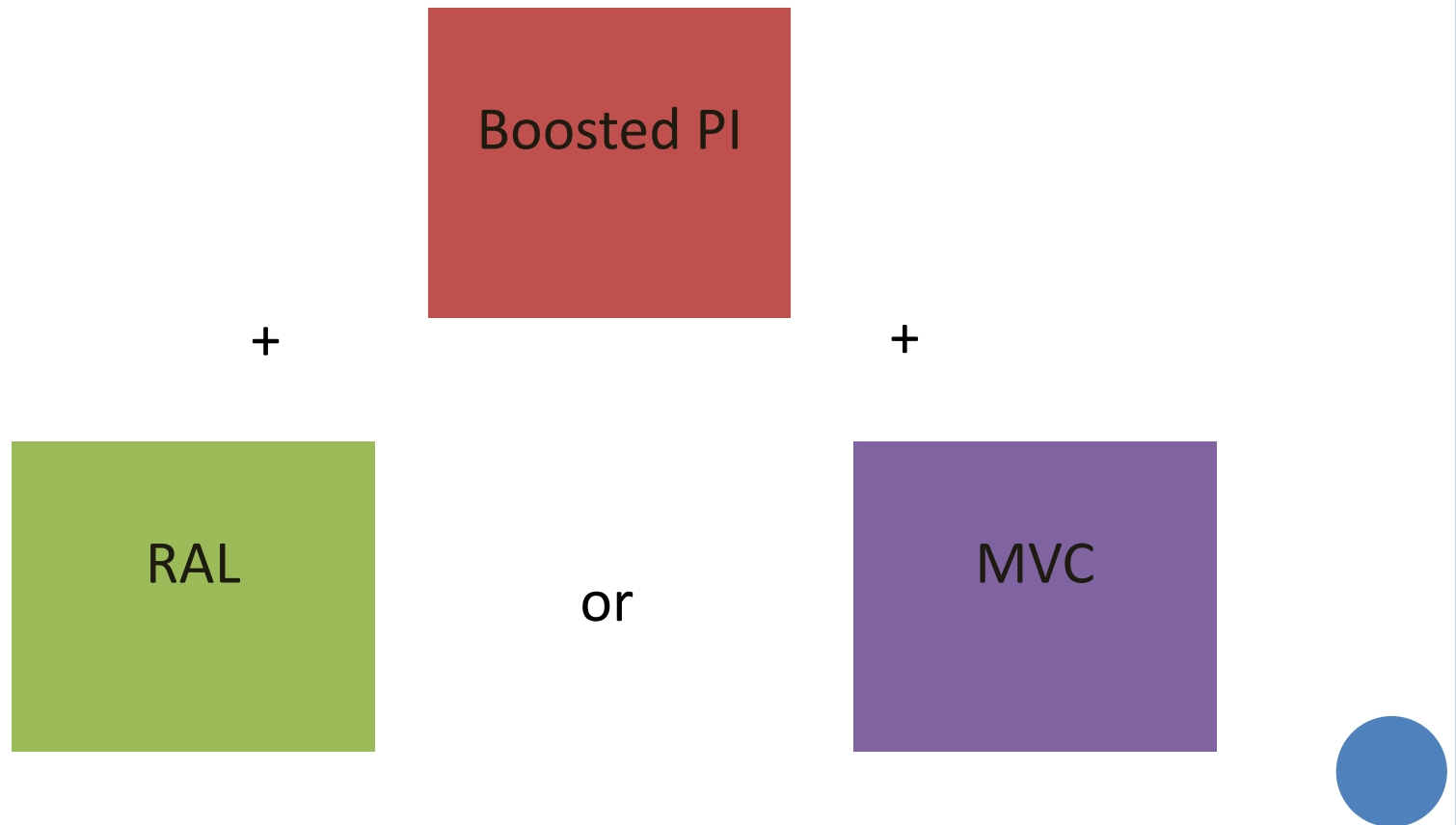


# NRTI-SPARING REGIMENS IN CLINICAL TRIALS

Study	NRTI-Sparing Regimen	Standard of Care Comparator
A5142	Lopinavir/ritonavir + efavirenz	Lopinavir/ritonavir + 2 NRTIs Efavirenz + 2 NRTIs
PROGRESS	Lopinavir/ritonavir + raltegravir	Lopinavir/ritonavir + tenofovir/emtricitabine
CCTG589	Lopinavir/ritonavir + raltegravir	Efavirenz + tenofovir/emtricitabine
SPARTAN	Atazanavir + raltegravir	Atazanavir/ritonavir + tenofovir/emtricitabine
A4001078	Atazanavir/ritonavir + maraviroc	Atazanavir/ritonavir + tenofovir/emtricitabine
ACTG 5262	Darunavir/ritonavir + raltegravir	(single arm)
RADAR	Darunavir/ritonavir + raltegravir	Darunavir/ritonavir + tenofovir/emtricitabine

Riddler SA, et al. N Engl J Med. 2008;358:2095-2106. Reynes J, et al. HIV Clin Trials. 2011;12:255-267. Kozal MJ, et al. HIV Clin Trials. 2012;13:119-130. Portsmouth S, al. IAS 2011 Abstract TUAB0103. Taiwo B, Zheng L, Gallien S, et al. AIDS. 2011;25:2113-2122. Bedimo R, et al. IAS 2011 Abstract MOPE214. ClinicalTrials.gov. NCT01066962.

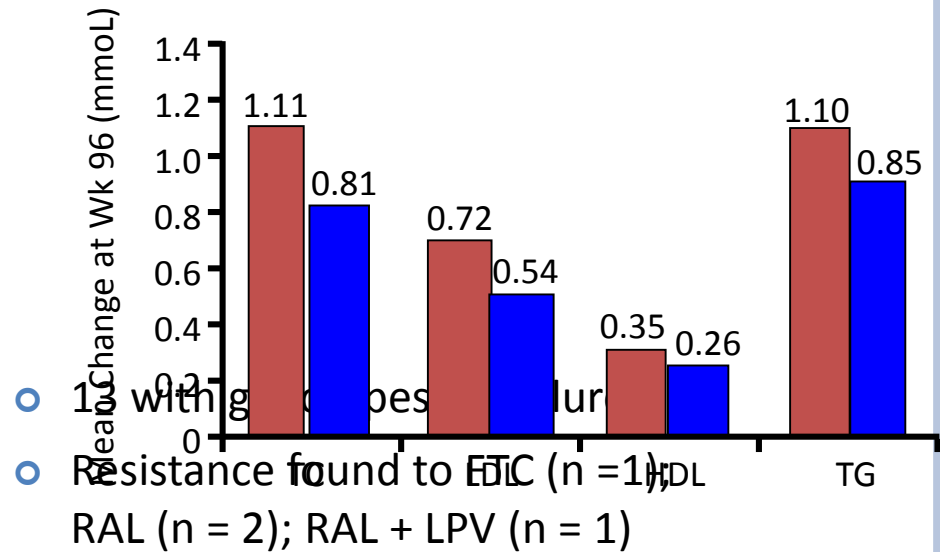
# CLINICAL TRIALS OF NRTI-SPARING REGIMENS IN TREATMENT-NAIVE PATIENTS



# PROGRESS: LPV/RTV + RAL vs LPV/RTV + NRTIs IN TREATMENT-NAIVE PATIENTS

- Randomized, open-label, multicenter phase III trial of LPV/RTV BID + RAL BID (n = 101) or TDF/FTC QD (n = 105)
  - Low mean BL VL: 4.25 log<sub>10</sub> c/mL
- HIV-1 RNA < 40 c/mL at Wk 96
  - LPV/RTV + RAL: 66%
  - LPV/RTV + NRTIs: 69%
- CD4+ cell count gain at Wk 96
  - LPV/RTV + RAL: + 281 cells/mm<sup>3</sup>
  - LPV/RTV + NRTIs: +296 cells/mm<sup>3</sup>

- Mean lipid increases numerically higher in NRTI-sparing arm



# OTHER NRTI-SPARING TRIALS WITH RAL IN TREATMENT-NAIVE PTS

Study	Arms	Virologic Outcomes HIV-1 RNA < 50 copies/mL	Other Outcomes
<b>SPARTAN<sup>[1]</sup></b> (N = 94)	<b>ATV 300 mg BID + RAL 400 mg BID</b> (n = 63)	Wk 24 (CVR, NC = F): <b>74.6%</b>	<ul style="list-style-type: none"> <li>4/11 pts with resistance to RAL at VF of NRTI-sparing arm vs 0/8 with ARV resistance in NRTI arm. Trial ended at Wk 24 due to resistance and grade 4 bilirubin abnormalities in RAL arm (21%)</li> </ul>
	<b>ATV/RTV 300/100 mg QD + TDF/FTC 300/200 mg QD</b> (n = 31)	Wk 24 (CVR, NC = F): <b>63.3%</b>	
<b>ACTG 5262<sup>[2]</sup></b> (N = 112)	<b>DRV/RTV 800/100 mg QD + RAL 400 mg BID</b> (single arm)	VF at Wk 48: 26.0%	<ul style="list-style-type: none"> <li>VF associated with baseline VL &gt; 100,000 c/mL: HR: 3.76 (95% CI: 1.52-9.31; P = .004)</li> <li>5/25 VFs with genotypes had integrase mutations; all had baseline VL &gt; 100,000 c/mL</li> </ul>
<b>RADAR<sup>[3]</sup></b> (N = 80)	<b>DRV/RTV 800/100 mg QD + RAL</b> 400 mg BID (n = 40)	Wk 24 (NC = M): <b>86.2%</b>	<ul style="list-style-type: none"> <li>Lipid changes from BL to Wk 24 numerically greater in the RAL arm than in the TDF/FTC arm</li> <li>Serum creatinine increased 0.06 mg/dL in both groups</li> </ul>
	<b>DRV/RTV 800/100 mg QD + TDF/FTC 300/200 mg QD</b> (n = 40)	Wk 24 (NC = M): <b>87.9%</b>	

1. Kozal MJ, et al. AIDS 2010. Abstract THLBB204.
2. Taiwo B, et al. CROI 2011. Abstract 551.
3. Bedimo R, et al. IAS 2011. Abstract MOPE214.

# NRTI-SPARING TRIAL WITH MVC IN TREATMENT-NAIVE PTS

Study	Arms	Virologic Outcomes HIV-1 RNA < 50 copies/mL	Other Outcomes
<b>A4001078</b> (N = 120)	<b>ATV/RTV 300/100 mg QD + MVC 150 mg QD</b> (n = 60)	Wk 48: <b>74.6%</b> (ITT)	<ul style="list-style-type: none"> <li>▪ No emergent resistance mutations detected among 6 pts with virologic failure</li> <li>▪ No evidence of change in tropism among pts failing MVC</li> <li>▪ Frequency of all-grade adverse events similar between arms</li> <li>▪ Grade 3/4 adverse events, including hyperbilirubinemia, numerically higher in MVC arm</li> </ul>
	<b>ATV/RTV 300/100 mg QD + TDF/FTC 300/200 mg QD</b> (n = 61)	Wk 48: <b>83.6%</b> (ITT)	

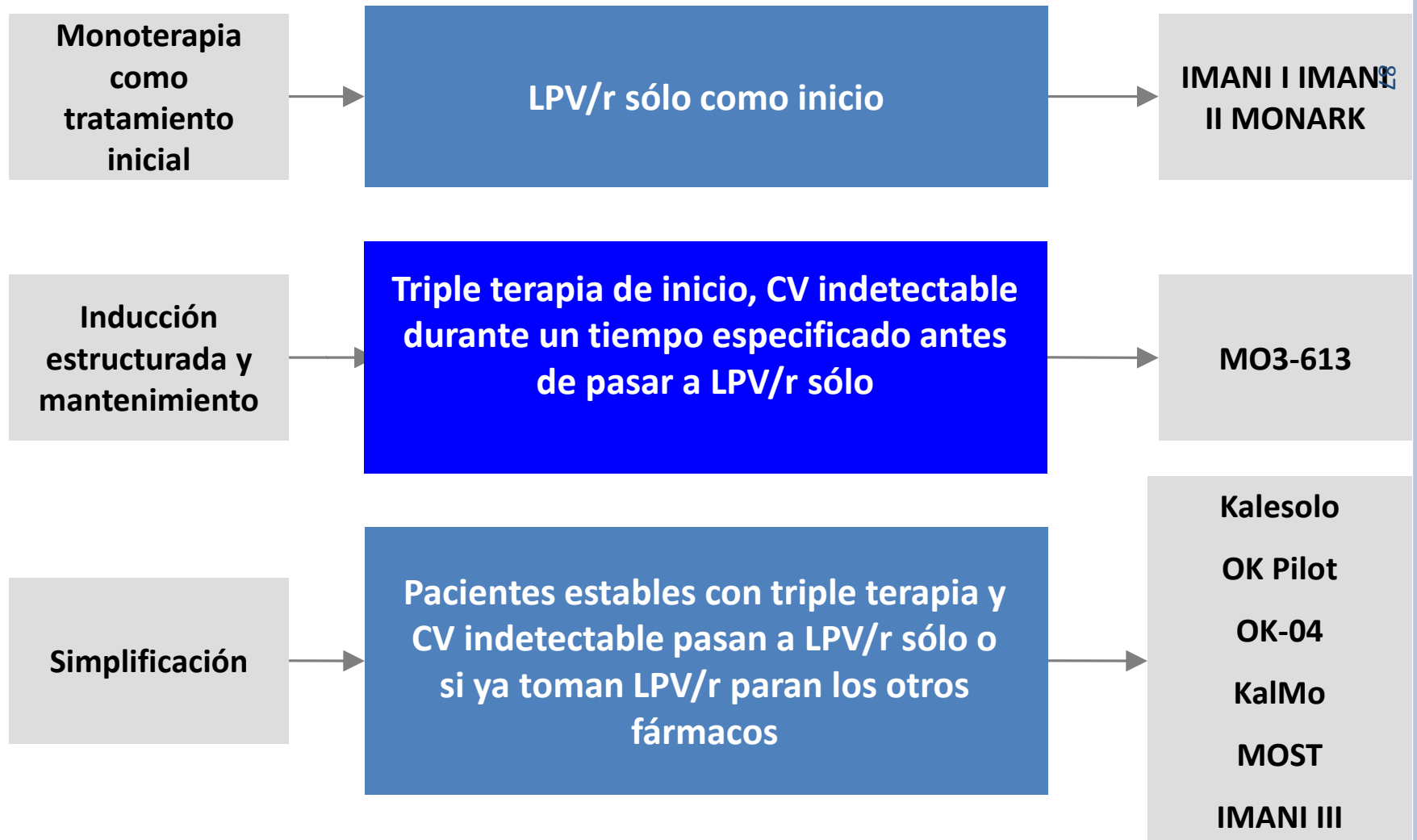


## ¿POR QUÉ PLANTEAR MONOTERAPIA CON IPs?

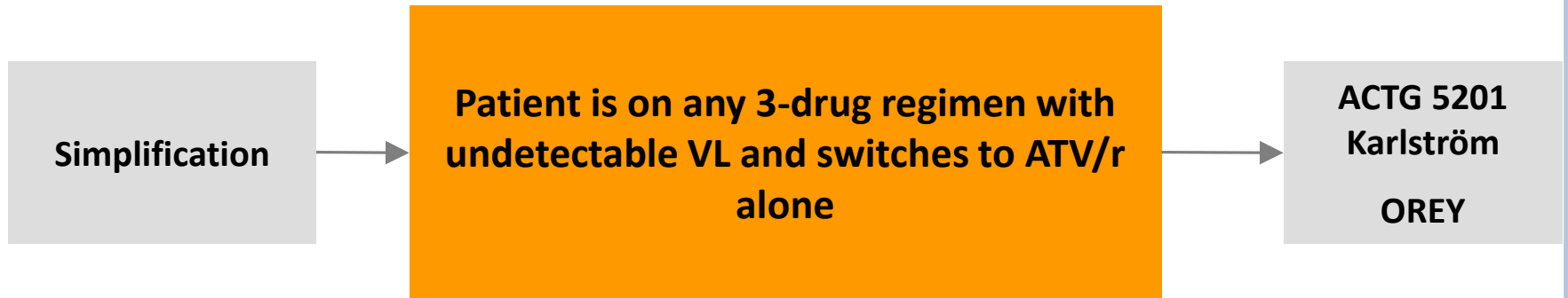
- Preservar futuras opciones de tratamiento
- Mejorar costo-eficacia
- Mejorar y reducir la toxicidad a corto y largo plazo
  
- La monoterapia necesita demostrar eficacia equivalente al tratamiento habitual antes de ser considerada como una opción de tratamiento



# MONOTERAPIA CON LPV/R

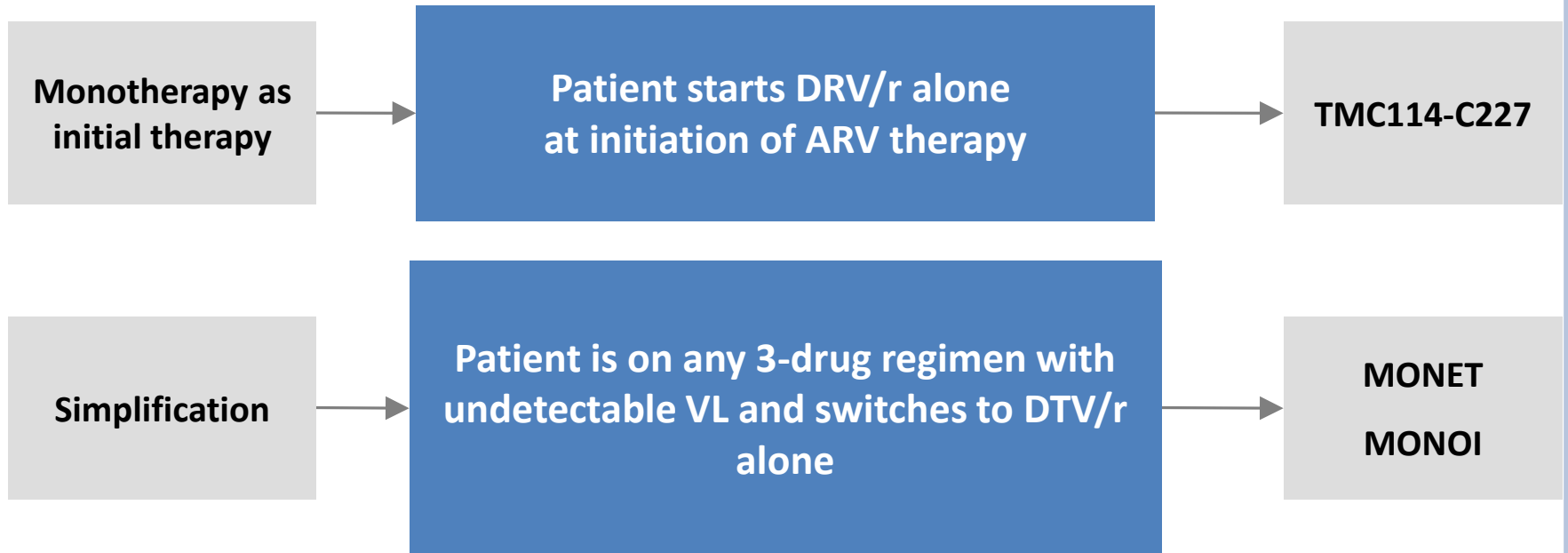


# MONOTHERAPY WITH ATV/R





# MONOTHERAPY WITH DRV/R

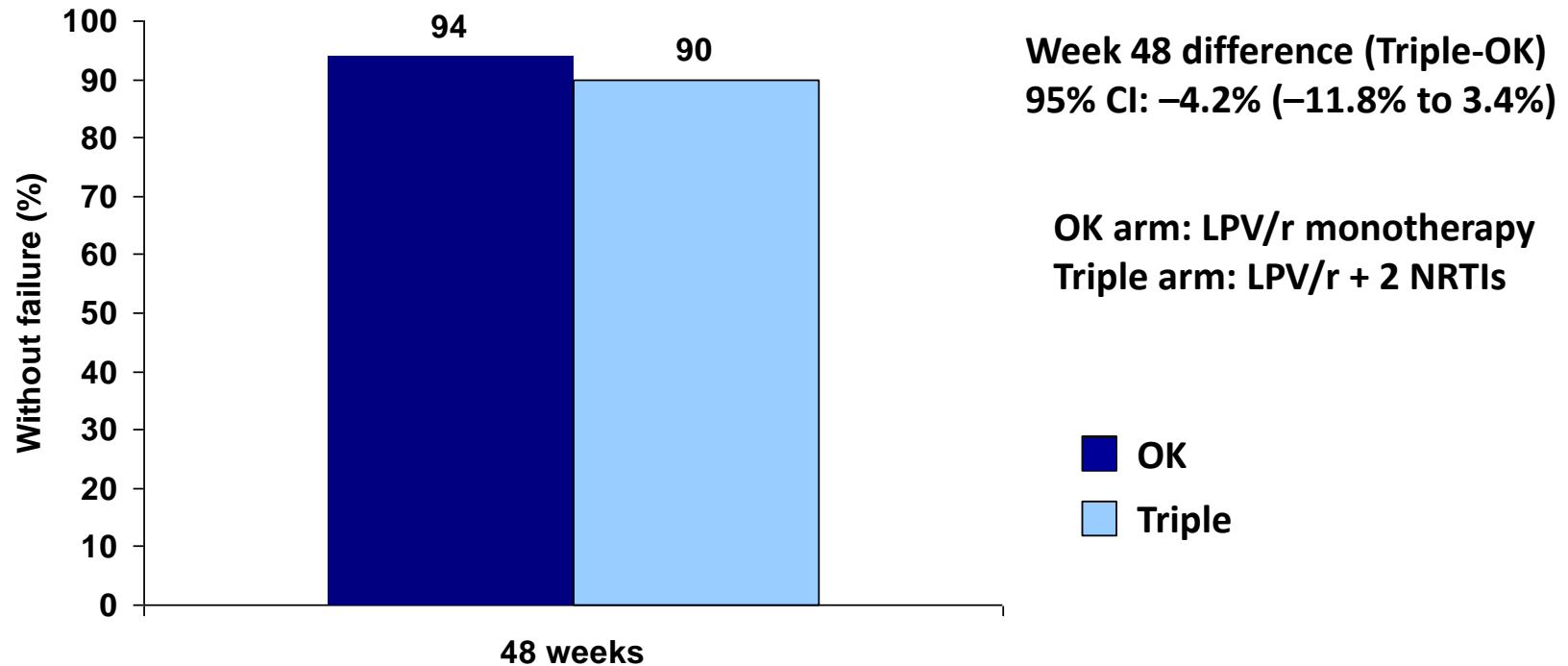


## ENSAYOS CLÍNICOS CON IP EN MONOTERAPIA

fármaco	ensayo	Referencia bibliográfica
<b>LPV/r</b>	IMANI 1 IMANI 2 IMANI 3 MONARK M03-613 OK Pilot OK-04 KalMo MOST Kalesolo	Gathe J, et al. <i>XV IAC</i> , Bangkok 2004, #MoOrB1057 Gathe J, et al. <i>4th IAS</i> , Sydney 2007, #WePEB034 Gathe J, et al. <i>12<sup>th</sup> EACS</i> , Cologne 2009, #PS4/5 Delfraissey JF, et al. <i>AIDS</i> 2008;22:385–393 Cameron W, et al. <i>J Infect Dis</i> 2008;198:234–240 Arribas J, et al. <i>J AIDS</i> 2005;40:280–287 Pulido F, et al. <i>AIDS</i> 2008;22:F1–9 Nunes EP, et al. <i>XVI IAC</i> , Toronto 2006, #TuAB0102 Gutmann LT, et al. <i>16<sup>th</sup> CROI</i> , Montreal 2009, #L-189 Meynard J et al, <i>J Antimicrob Chemother</i> 2010, Sep 15, epub
<b>DRV/r</b>	MONET MONOI TMC114-C227	Arribas J, et al. <i>AIDS</i> 2010;24:223–230 Katlama C, et al. <i>5<sup>th</sup> IAS</i> , Cape Town 2009, #WeLBB102 Patterson P, et al. <i>12<sup>th</sup> EACS</i> , Cologne 2009, #PS4/4
<b>ATV/r</b>	ACTG 5201 Karlstrom OREY ATARITMO	Wilkin T, et al. <i>J Inf Dis</i> 2009;199:866–871 Karlstrom O, et al. <i>J AIDS</i> 2007;44:417–422 Pulido F, et al. <i>12<sup>th</sup> EACS</i> , Cologne 2009, #PS4/6 Vernazza P, et al. <i>AIDS</i> 2007;19:1309–1315

# OK-04 TRIAL: PRIMARY ENDPOINT: PROPORTION WITHOUT THERAPEUTIC FAILURE AT Wk 48\* SWITCH INCLUDED

LPV/r showed non-inferiority to triple therapy in the switch-included analysis

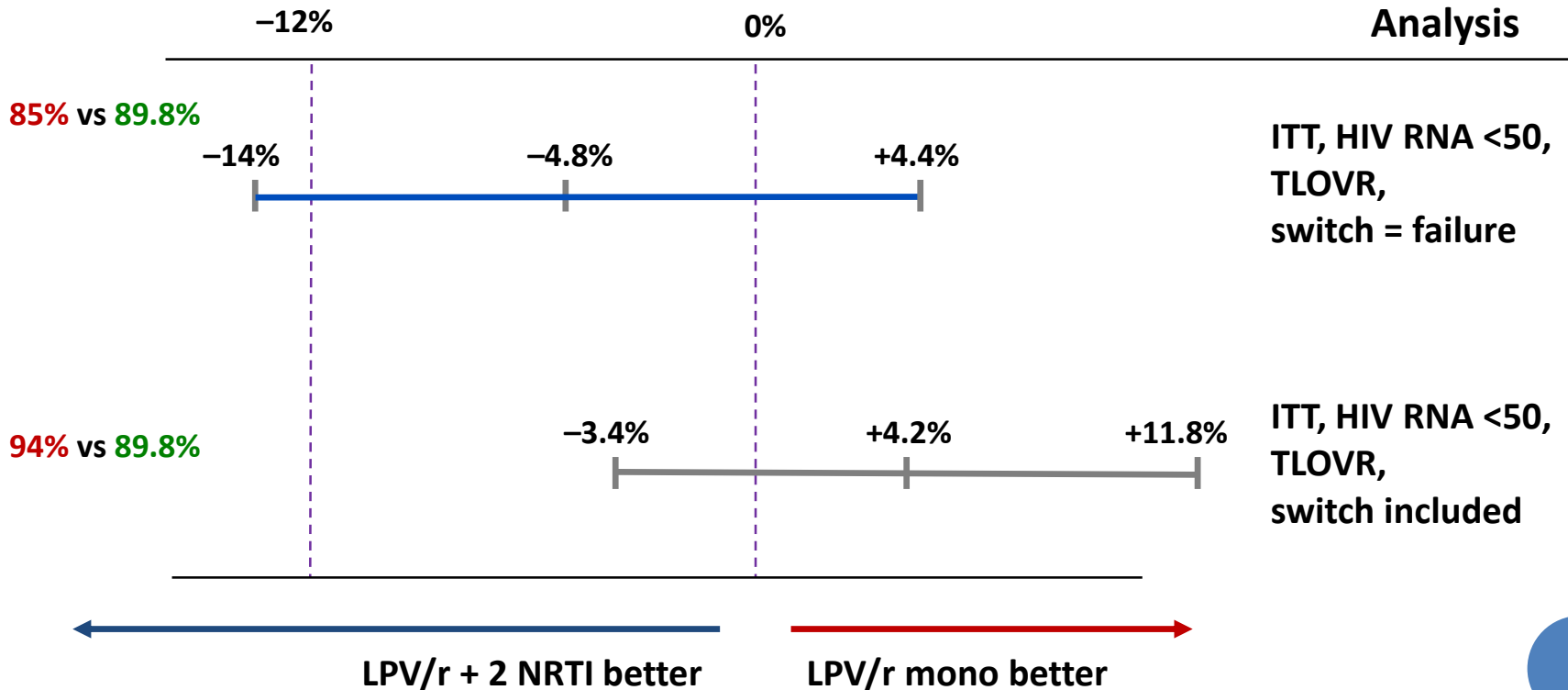


\* Patients in the monotherapy arm who reached and maintained < 50 c/mL after resuming baseline nucleosides are not considered as failures (n = 4)

# OK-04 TRIAL: PRIMARY EFFICACY ANALYSIS AT WEEK 48

Difference in Week 48 HIV RNA response rate between  
**LPV/r mono** and **LPV/r + 2 NRTI** arms  
(difference and 95% CI)

92



# OK-04 TRIAL: GENOTYPIC TESTING THROUGH WEEK 48

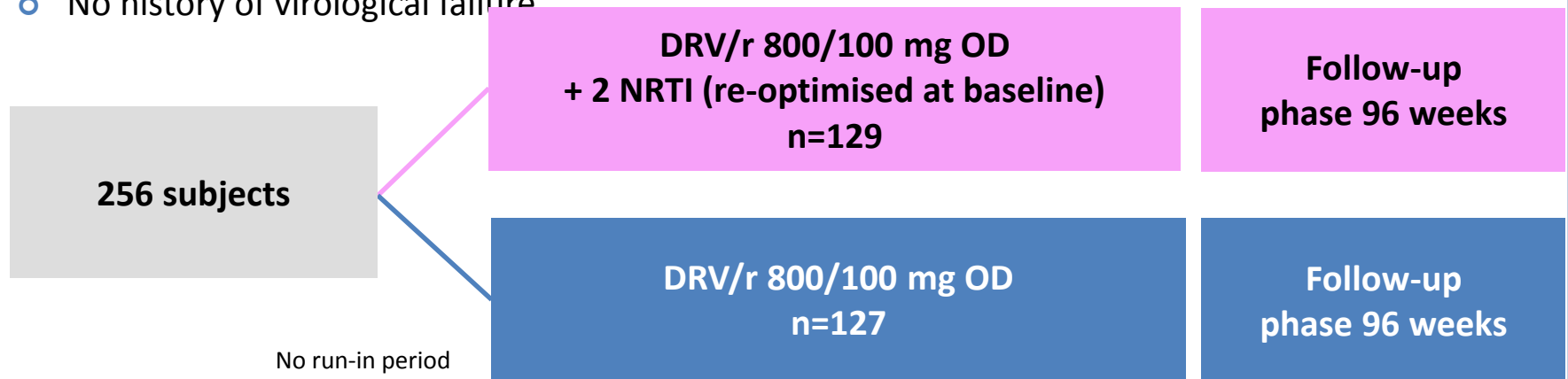
	<b>OK (n=100) LPV/r monotherapy</b>	<b>Triple (n=98) LPV/r + 2 NRTIs</b>
Genotyping population*	11 (11%)	4 (4%) <sup>93</sup>
Isolates with primary PI mutations	2 (2%) [10F, 46I, 82A/V] [54V, 77I, 82A]	1 (1%) [54V, 63P, 71V, 82A]
Isolates without primary PI mutations	9 (9%)	3 (3%)

\* All patients with HIV RNA >500 c/mL analysed (blips > 500 c/mL included).



# MONET: STUDY DESIGN

- Taking 2 NRTIs + either NNRTI or boosted PI at screening (stratified)
- No prior use of darunavir (DRV)
- HIV RNA <50 c/mL for ≥6 months
- No history of virological failure



94

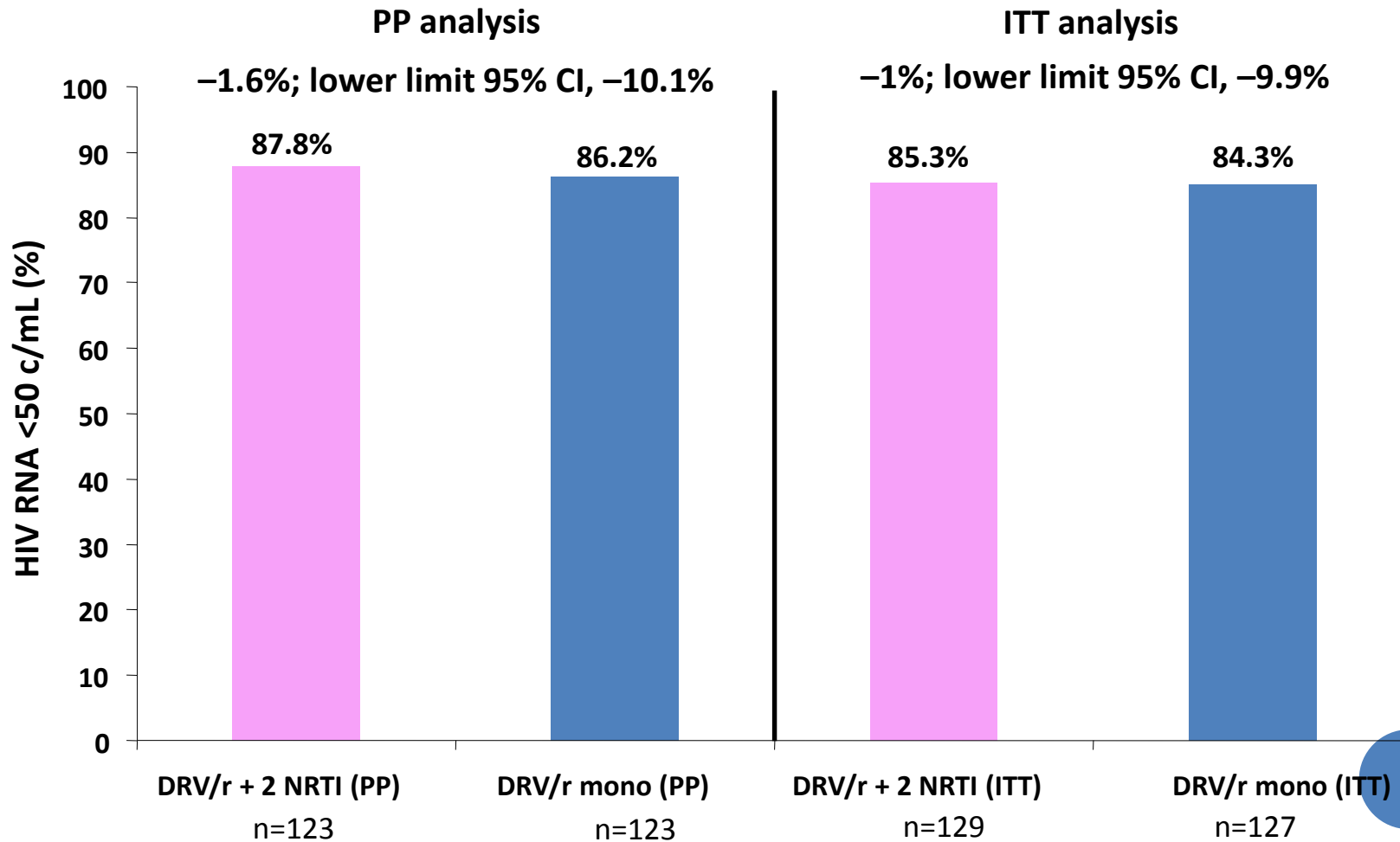
**Primary endpoint: HIV RNA <50 at Week 48 (TLOVR); PP; switch = failure**

- 2 consecutive HIV RNA >50 c/mL (Roche Amplicor HIV-1 Monitor assay 1.5)
- Stopping DRV/r
- Starting NRTIs in the monotherapy arm
- Stopping NRTIs in the triple-therapy arm (switches in NRTIs were permitted at any time)



# MONET: PRIMARY EFFICACY ANALYSIS

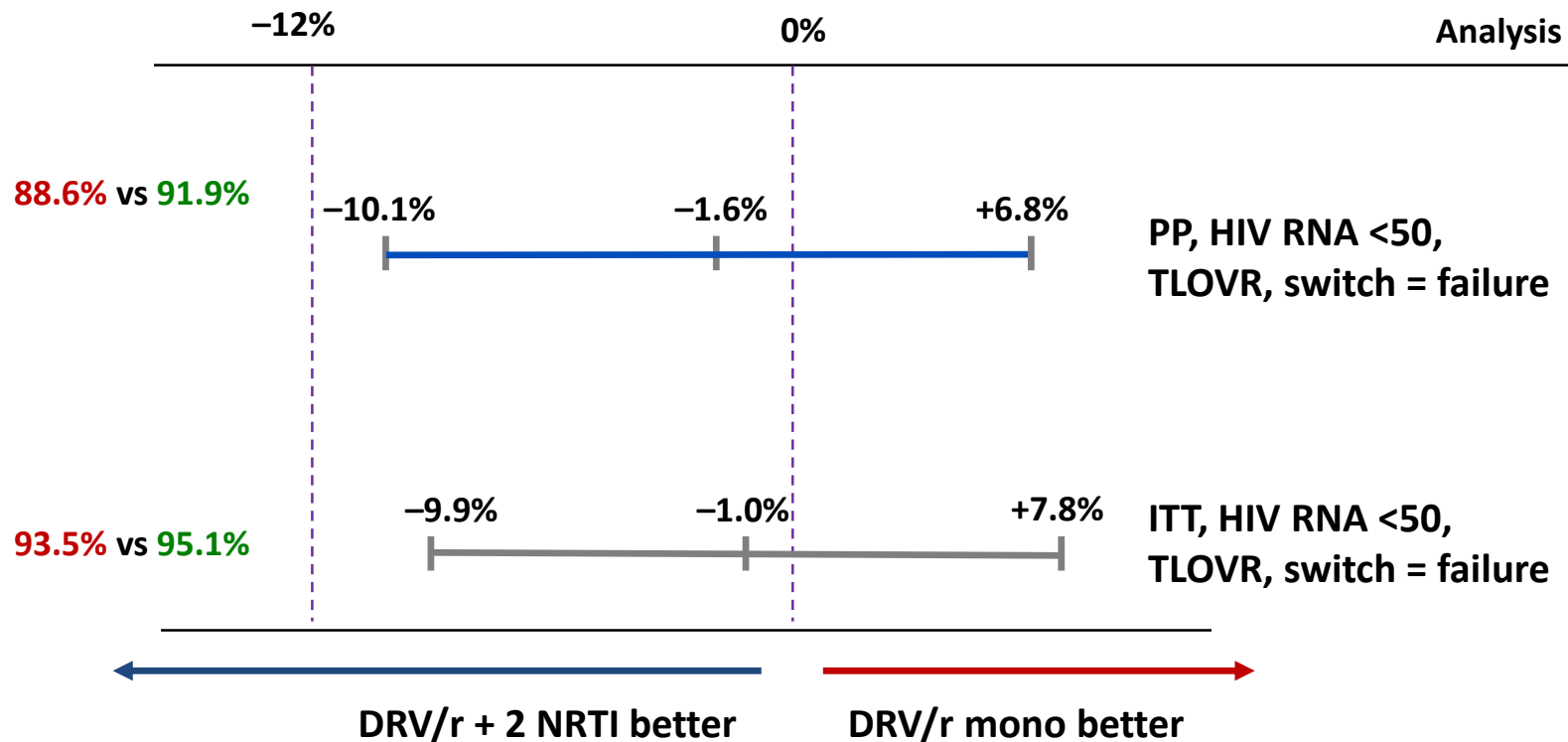
HIV RNA <50 c/mL at Week 48; TLOVR; switch = failure



# MONET: PRIMARY EFFICACY ANALYSIS AT WEEK 48

Difference in Week 48 HIV RNA response rate between  
**DRV/r mono** and **DRV/r + 2NRTI** arms  
(difference and 95% CI; univariate analysis)

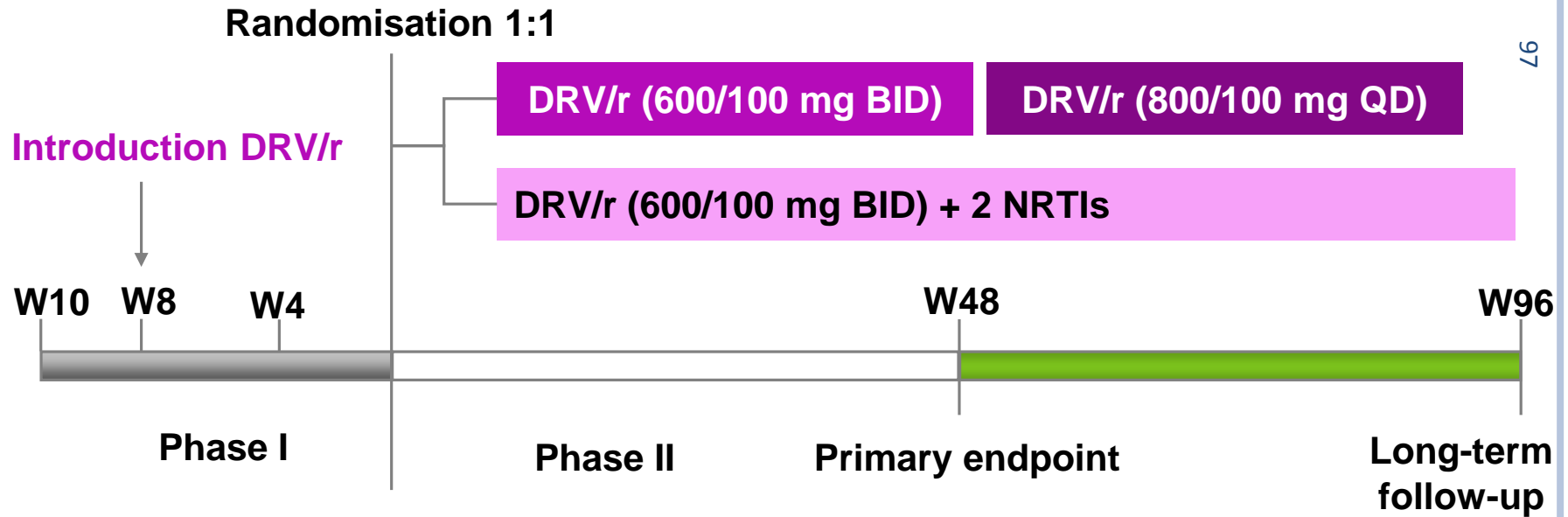
96





# MONOI: STUDY DESIGN

Multicentre, open-label, randomised study



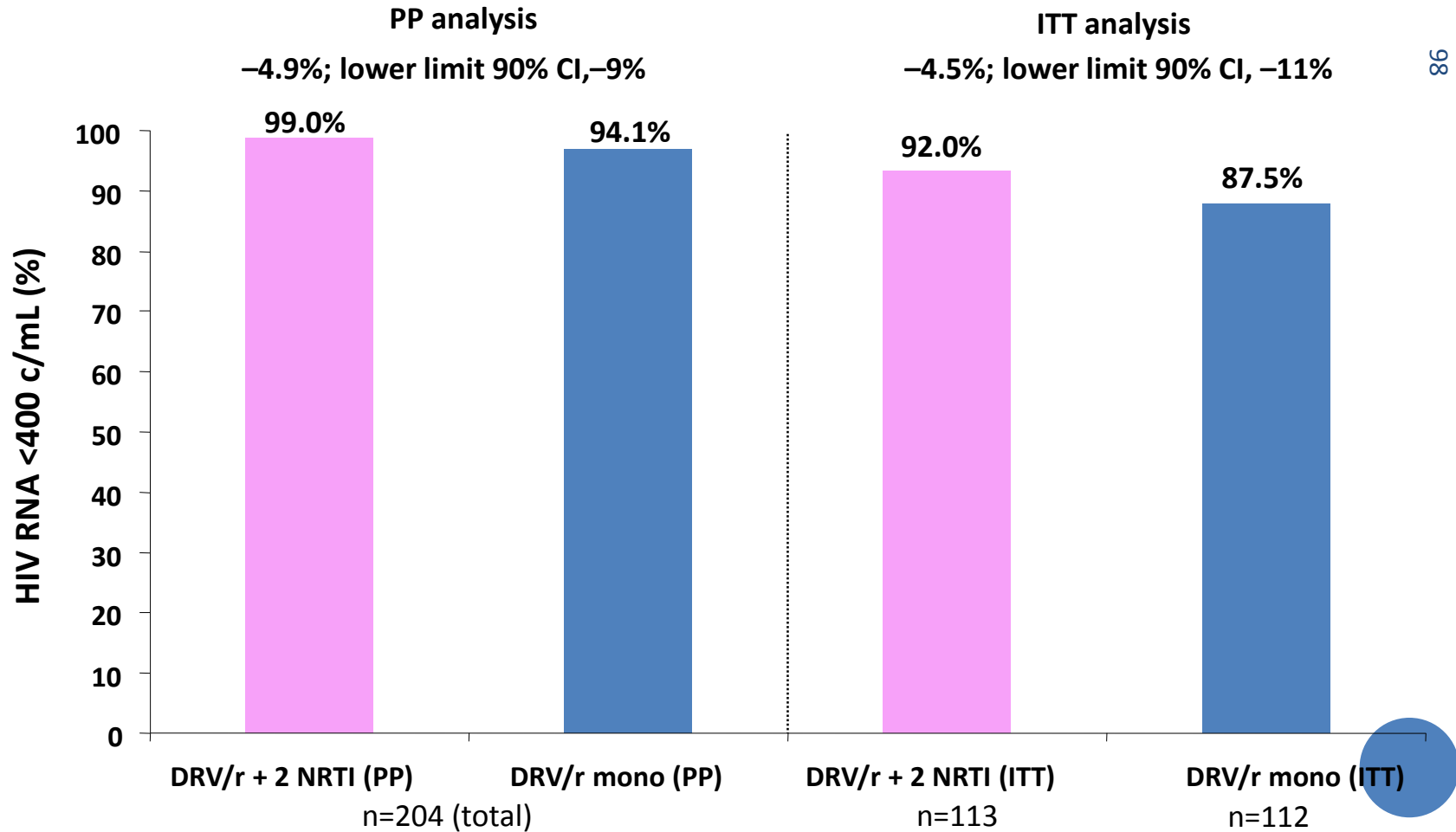
97

## Main inclusion criteria

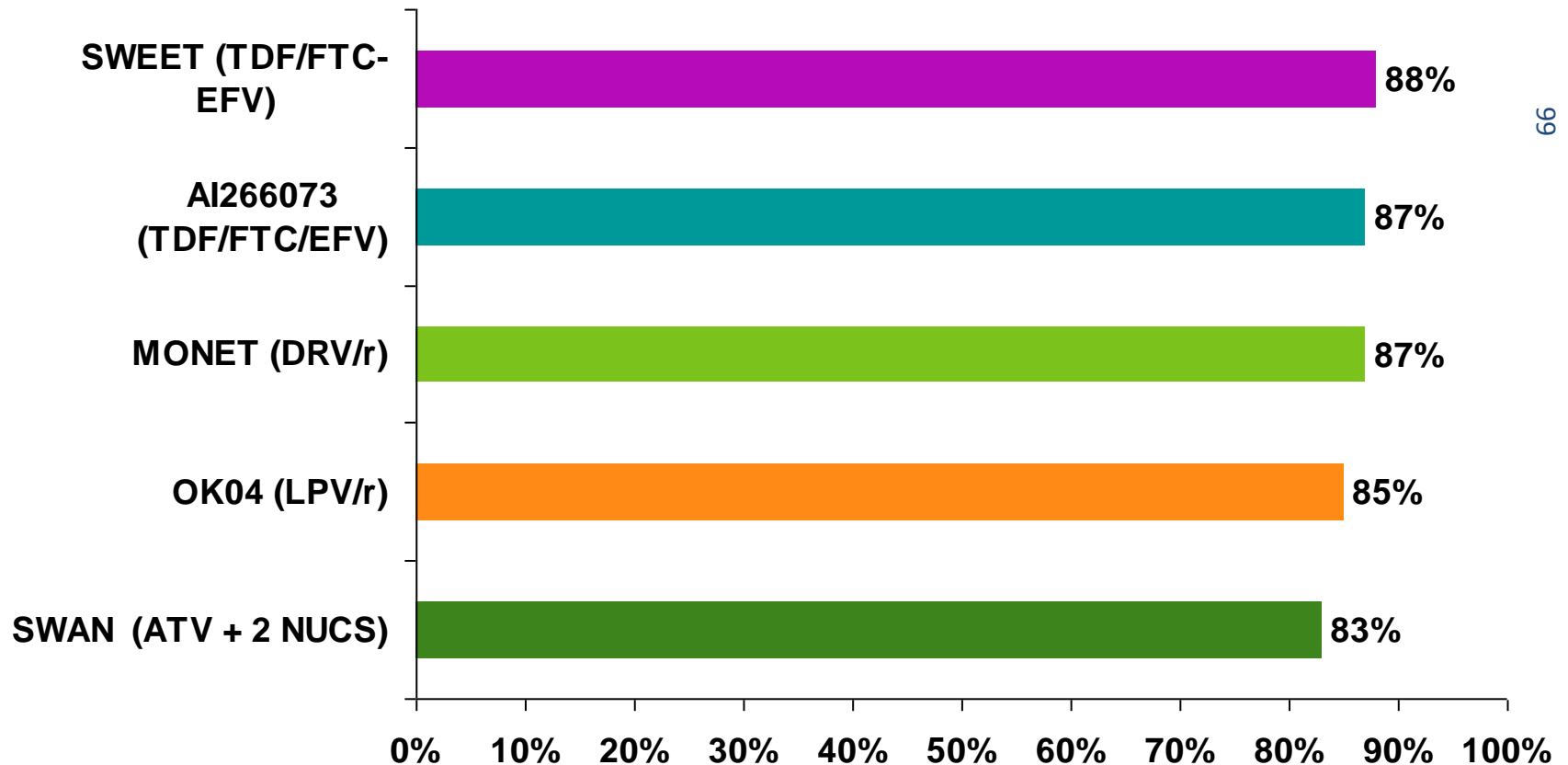
- HAART  $\geq 18$  months
- CD4 count  $\geq 200$  cells/mm<sup>3</sup>
- HIV RNA  $< 400$  c/mL in the last 18 months and  $< 50$  c/mL at entry
- No history of PI failure and naïve to DRV

# MONOI: PRIMARY EFFICACY ANALYSIS

HIV RNA <400 c/mL at Week 48, switch = failure

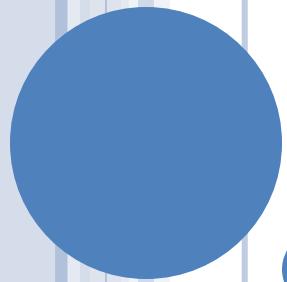


# RECENT SIMPLIFICATION TRIALS: WEEK 48 HIV RNA <50 C/ML BY TREATMENT ARM (ITT, M = F)

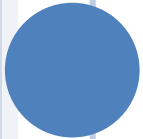


# HIV monotherapy with ritonavir-boosted protease inhibitors: a systematic review

**Conclusion:** The overall efficacy of ritonavir-boosted protease inhibitor monotherapy is inferior to HAART. The efficacy improves in patients started on monotherapy after suppressed HIV-RNA for at least 6 months. Ten percent of patients have viral rebound with HIV-RNA levels between 50 and 500 copies/ml. Possible explanations are lack of HIV suppression in particular cells or compartments, alternative resistance mechanisms, and nonadherence. Once proven that reintroduction of NRTIs, in patients with loss of viral suppression, is safe and effective, a broader use of simplification of HAART to protease inhibitor monotherapy might be justified. This review supports that the majority of patients with prolonged viral suppression on HAART can successfully be treated with protease inhibitor monotherapy. Arguments for this strategy are NRTI/NNRTI side effects, NRTI/NNRTI resistance, and costs.

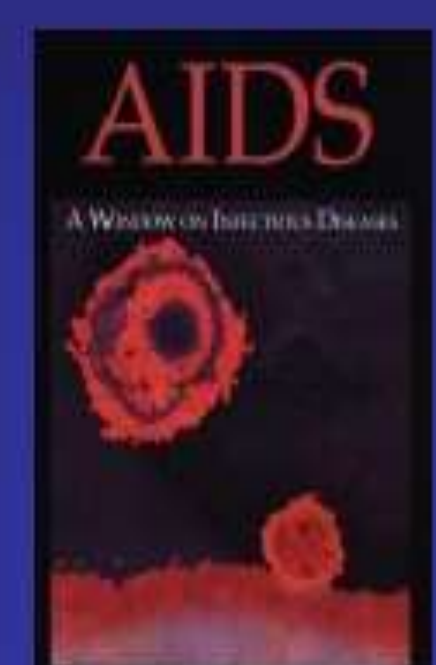


## **CONCLUSIONES**



- Disponemos de tratamientos antirretrovirales muy eficaces y seguros que nos permiten:
  - Distintas combinaciones
  - Distintas estrategias
    - Bi
    - Monoterapia
- Necesitamos continuar con investigación para optimizarlos





# The Economist

**INSIDE THIS WEEK: TECHNOLOGY QUARTERLY**

**The Economist**

JUNE 4TH - 10TH 2011 [economist.com](http://economist.com)

The trap for Turkey  
Wall Street's plumbing problem  
Lady Gaga, Mother Teresa and profits  
Brazil's boiling economy  
The farce that is FIFA

## The end of AIDS?



How 5 million lives have been saved, and a plague could now be defeated





Gracias por la atención

